

Spiritual Nepal Circuit: Kathmandu Temples, Pashupatinath & Lumbini

Prepared by TourGrids

Destination
Nepal

Duration
5 Nights 6 Days

Starting from
Rs. 30,000 / person

ITINERARY ROUTE

↩ Kathmandu · 3N

↩ Lumbini · 2N

<https://tourgrids.com/packages/nepal/nepal-5-nights-6-days-package-1028>

Overview

Spiritual Nepal Circuit: Kathmandu Temples, Pashupatinath & Lumbini is a carefully crafted 5 nights / 6 days Nepal tour package that blends profound pilgrimage experiences with cultural exploration. This Nepal Pilgrimage tour package is ideal for pilgrims, spiritual seekers, and travelers looking for an authentic glimpse into Nepal's sacred heritage. The itinerary covers Kathmandu's ancient temples, the revered Pashupatinath Temple, sacred Boudhanath Stupa, and the birthplace of Lord Buddha – Lumbini.

Highlights:

- Kathmandu Durbar Square, Pashupatinath Temple, Boudhanath Stupa
- Lumbini (Maya Devi Temple, Monastic Zone)
- Guided visits with experienced pilgrimage guides
- Comfortable stays in centrally located hotels and quiet guesthouses in Lumbini
- Domestic transfer by road and optional flights on request

Note: This Nepal Pilgrimage package is designed as a 5 and 6 Nepal Pilgrimage tour package option (5 nights / 6 days) and can be customized for travelers who prefer different pacing or additional holy sites.

✓ **What's Included**

- ✓ Airport arrival and departure transfers in Kathmandu
- ✓ 5 nights accommodation: 3 nights in Kathmandu, 2 nights in Lumbini (standard or similar hotels)
- ✓ Daily breakfast (other meals as specified)
- ✓ Private vehicle for transfers and sightseeing as per itinerary
- ✓ English-speaking guide for Kathmandu and Lumbini visits
- ✓ Entrance fees to monuments listed in the itinerary
- ✓ Domestic flight (Bhairahawa - Kathmandu) if chosen and specified in confirmed package
- ✓ All applicable local taxes
- ✓ Ground handling and emergency assistance

✗ **Not Included**

- ✗ International airfare to/from Nepal
- ✗ Nepal visa fees and processing charges
- ✗ Travel insurance (mandatory)
- ✗ Personal expenses (laundry, phone calls, etc.)
- ✗ Gratuities for drivers/guides (optional but appreciated)
- ✗ Meals not specified in inclusions
- ✗ Any extra sightseeing, activities or flights not mentioned in the itinerary
- ✗ Monument fees where explicitly marked as optional or payable on-site

Day-by-Day Itinerary

Day

1

Arrival in Kathmandu — Welcome & Orientation

Arrive at Tribhuvan International Airport (Kathmandu) where you'll be met by our representative and transferred to your hotel in Thamel / Kathmandu Valley. Enjoy a welcome briefing and short orientation about the spiritual circuit. If time permits, take a gentle evening walk in Thamel or visit the nearby market.

Accommodation: Hotel in Kathmandu. Meals: No meals included unless specified.

Tip: Keep your arrival documents and visa information handy for immigration. Domestic flights (if booked) can be reconfirmed tonight.

Day

2

Kathmandu Valley Pilgrimage — Pashupatinath & Boudhanath

Begin early with a spiritually charged visit to the UNESCO-listed Pashupatinath Temple — one of the most important Hindu shrines dedicated to Lord Shiva. Observe morning rituals and, where permitted, attend the aarti. Continue to the imposing Boudhanath Stupa, one of the largest stupas in South Asia and a vital center for Tibetan Buddhism. Spend time walking the circumambulation (kora) and visiting nearby monasteries.

In the afternoon explore Kathmandu Durbar Square (subject to opening times and restoration status) and other historical temples in the valley.

Special Note: Respect dress codes and silence in sanctified areas. Photography rules vary by shrine.

Day

3

Patan & Bhaktapur — Cultural Heritage and Drive to Lumbini

Visit the ancient cities of Patan (Lalitpur) and Bhaktapur early in the day to see iconic pagoda temples, artisan courtyards, and traditional Newari architecture. Experience Patan Durbar Square's sacred sites and Bhaktapur's Nyatapola Temple.

After lunch, begin the scenic drive to Lumbini / Rupandehi (approx. 6–7 hours by private vehicle). Stop en route for refreshments and short visits. Arrive in Lumbini in the evening and check in to your guesthouse/hotel.

Tip: The drive offers countryside views; carry light snacks and a jacket for the evening.

Day

4

Lumbini — Maya Devi Temple & Monastic Zone

Full day dedicated to the sacred grounds of Lumbini, the recognized birthplace of Lord Buddha. Begin at the Maya Devi Temple and the exact nativity site, then walk the expansive Monastic Zone to visit monasteries built by Buddhist communities from around the world. Explore the Lumbini Museum and the Ashoka Pillar, and visit the tranquil World Peace Pagoda.

Spend time in peaceful reflection and receive explanations from your guide about the historical and spiritual significance of each site.

Note: Maintain silence in meditation areas and follow monastery visiting protocols when entering monastic compounds.

Day

5

Tilaurakot (Kapilvastu) or Optional Devdaha — Buddhist Heritage Excursion

Today choose between a day excursion to Tilaurakot (ancient Kapilvastu)—site associated with Siddhartha Gautama's early life—or visiting Devdaha, another important Buddhist heritage site linked to the Buddha's family. Both sites offer archaeological ruins, peaceful surroundings, and informative museum displays.

Return to Lumbini in the afternoon. Enjoy an evening stroll in the monastic gardens or attend a meditation session at a monastery (subject to availability).

Tip: Wear comfortable walking shoes; some sites have uneven paths.

Day

6

Return to Kathmandu & Departure

After breakfast, transfer to Bhairahawa / Siddharthanagar Airport for a short domestic flight to Kathmandu (or drive back by road if pre-arranged). On arrival in Kathmandu, connect to your international departure or enjoy an optional late shopping stop in Thamel before transfer to Tribhuvan International Airport.

Important: Domestic flight schedules can change; allow buffer time for international connections. Our representative will assist with the transfer and boarding.

Farewell Note: Carry souvenirs and memories — this Nepal Pilgrimage tour package is designed to leave a lasting spiritual impression.

Frequently Asked Questions

❓ **What is the best time to visit Nepal?**

Nepal's prime seasons are October–November (post-monsoon) and March–April (spring). October–November offers crystal-clear skies, superb mountain views, and major festivals like Dashain and Tihar, making it ideal for trekking and sightseeing. March–April brings blooming rhododendrons, pleasant weather, and fewer crowds. Winter (December–February) is cooler with snow at higher elevations, perfect for budget travelers seeking discounts. Monsoon season (June–September) brings lush landscapes but frequent rains, landslides, and leeches on trails. For snow experiences, visit December–February at hill stations like Kalinchowk or Upper Mustang. Spring and autumn are best for trekking, while winter offers clear mountain views with crisp air.

❓ **How can Indian citizens reach Nepal?**

Indians can reach Nepal by air, road, or rail. By air, fly to Tribhuvan International Airport (Kathmandu), Gautam Buddha Airport (Bhairahawa), or Pokhara International Airport from Delhi, Mumbai, Kolkata, Varanasi, and Bengaluru. By road, major border crossings include Sunauli–Bhairahawa (for Lumbini/Pokhara), Raxaul–Birgunj (fastest to Kathmandu), Panitanki–Kakarbhitta (eastern Nepal), and Banbasa–Mahendranagar (far-west). Good highways connect borders to major cities. By rail, take Indian Railways to Jayanagar–Janakpur–Kurtha line or reach border towns like Gorakhpur, Raxaul, then cross by road. Road travel offers scenic views but expect monsoon delays due to landslides.

❓ **Do Indian citizens need a visa for Nepal?**

No, Indian citizens do not need a visa to visit Nepal. However, you must carry valid identification – either an Indian passport or Voter ID with photograph. Aadhaar cards are generally not accepted for air travel, so check current requirements before departure. Children should carry valid photo ID as required by airlines and immigration authorities. This visa-free access makes Nepal one of the most convenient international destinations for Indians. You can stay for extended periods, but if planning to work or study, additional permits may be required. Always verify the latest entry requirements before travel, as policies can change.

❓ **What are the local transportation options within Nepal?**

Nepal offers various transportation options. In cities, use metered taxis or ride-hailing apps like Pathao and Tootle (available in Kathmandu/Pokhara). City buses and minibuses are the cheapest option, with Sajha Yatayat operating key routes in Kathmandu Valley. For intercity travel, choose tourist buses or private cars for comfort to destinations like Pokhara, Chitwan, and Lumbini. Domestic flights save time to Pokhara, Bharatpur (Chitwan), Lukla, and other destinations. Motorbikes and bicycles are popular in Pokhara and Thamel for short distances. For mountain areas, jeeps and local buses connect remote regions, though roads can be challenging during monsoon season.

❓ **Where should I stay in Nepal and what accommodation options are available?**

Kathmandu's Thamel district is perfect for budget travelers and trekkers, offering guesthouses, hostels, and mid-range hotels. Durbarmarg and Lazimpat provide upscale options. In Pokhara, stay in Lakeside for lake views, restaurants, and easy access to activities. Luxury options include Dwarika's Hotel and Hyatt Regency (Kathmandu), Temple Tree Resort and Fish Tail Lodge (Pokhara). For wildlife, choose jungle lodges in Chitwan like Meghauri Serai or Barahi Jungle Lodge. Hill stations like Nagarkot and Bandipur offer mountain view resorts. Budget travelers can find Zostel hostels, homestays, and guesthouses starting from \$5-15/night. Mid-range hotels cost \$25-60, while luxury resorts range \$100-300+ per night.

❓ **What are the must-visit attractions in Nepal?**

Nepal's top attractions include Kathmandu Valley's UNESCO sites: Pashupatinath Temple, Boudhanath Stupa, Swayambhunath (Monkey Temple), and the Durbar Squares of Kathmandu, Patan, and Bhaktapur. Pokhara offers Phewa Lake, World Peace Pagoda, and Sarangkot for sunrise views. Chitwan National Park provides jungle safaris for rhinos and tigers. Lumbini, Buddha's birthplace, features sacred gardens and international monasteries. For trekking, visit Everest region (fly to Lukla) or Annapurna region for Poon Hill and Annapurna Base Camp treks. Nagarkot and Dhulikhel offer Himalayan sunrise views near Kathmandu. Adventure seekers should try Everest mountain flights, paragliding in Pokhara, and white-water rafting on various rivers.

❓ **What local food and cuisine should I try in Nepal?**

Nepal's staple dish is Dal Bhat - lentils, rice, vegetable curries, and pickles, offering unlimited refills. Try momos (dumplings) with spicy chutney, available in vegetarian, chicken, or buffalo varieties. Thukpa and thenthuk are hearty Tibetan-style noodle soups. Sample Newari cuisine including bara (lentil pancakes), choila (spiced meat), chatamari (Nepali pizza), and yomari (sweet dumplings). Other specialties include sel roti (festival rice doughnut), gundruk (fermented greens curry), aloo tama (bamboo shoot curry), and sekuwa (grilled meat). Drink masala chai, tongba (warm millet brew), or local raksi spirit. Popular restaurants include Bhojan Griha and Thamel House (Kathmandu), and Moondance and Rosemary Kitchen (Pokhara).

★ **Traveller Reviews**



Chetan Khatri

★★★★☆ 4/5

Well-Scheduled Tours

The tours were well-scheduled without feeling rushed. It allowed for plenty of exploration and relaxation time.



Priya Joshi

★★★★★ 5/5

A Spiritual Journey

The spiritual sites visited during the tour were enlightening and peaceful. I highly recommend this tour for anyone seeking spirituality.



Anshul Sinha

★★★★☆ 4/5

Vast Array of Experiences

This tour packed a vast array of experiences into a short period! I was surprised at how much we accomplished!



Garima Sharma

★★★★★ 5/5

Stunning Sunrise Views

Watching the sunrise over the Himalayas was a life-changing experience! Highly recommend it.



Kiran Gupta

★★★★★ 5/5

Endless Adventure Opportunities

There's no shortage of adventures in Nepal! From trekking to paragliding, it's an adventure lover's dream.

Why Choose TourGrids?

Because your dream vacation deserves the best! From expert advice to personalized trips, easy booking, and unbeatable deals — we make travel stress-free and fun!

 **Expert-Guided Planning**

Personalized guidance from verified travel experts who understand your needs.

 **Customizable Packages**

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<https://tourgrids.com/packages/nepal/nepal-5-nights-6-days-package-1028>