

Adventure Hong Kong: Dragon's Back Hike, Kayaking & Island Camping (4 Nights)

Prepared by TourGrids

Destination
Hong Kong

Duration
4 Nights 5 Days

Starting from
Rs. 48,500 / person

ITINERARY ROUTE

↙ **Hong Kong · 3N**

↘ **Outlying Island Camping · 1N**

Overview

Adventure Hong Kong: Dragon's Back Hike, Kayaking & Island Camping (4 Nights) – an active, nature-focused Hong Kong Adventure tour package designed for outdoors lovers. This Hong Kong tour package combines one of the world's best urban hikes, sea kayaking, beach time, local island culture and an authentic overnight island camp. Ideal for travelers seeking a blend of scenic views, adrenaline and relaxed island life.

Highlights:

- Dragon's Back panoramic ridge hike with views of Big Wave Bay and the South China Sea
- Guided coastal kayaking around sheltered bays
- Overnight island camping under the stars on a peaceful outlying island
- Day trips to Lamma Island/Cheung Chau and optional Victoria Peak city highlights
- Local seafood tasting and village exploration

This 4-night, 5-day Hong Kong Adventure package includes active excursions and moderate physical activity. Recommended fitness level: moderate. Always bring comfortable hiking shoes, sun protection and a light rain jacket.

✓ What's Included

- ✓ 4 nights accommodation: 3 nights in a city hotel + 1 night managed beach camping
- ✓ Daily breakfast (hotel) + 1 picnic lunch, 1 camp dinner
- ✓ Guided Dragon's Back hike with an English-speaking guide
- ✓ Guided sea-kayaking session with equipment and safety briefing
- ✓ Ferry transfers for island activities and camping
- ✓ Local guide support, permits for campsite where required
- ✓ Basic camping equipment (2-person tents, sleeping pads) – personal sleeping bags not included
- ✓ Local emergency contact and 24/7 support
- ✓ This package is marketed as a Hong Kong Adventure tour package and Hong Kong Adventure package suitable for active travelers.

✗ Not Included

- ✗ International flights to/from Hong Kong
- ✗ Travel insurance (mandatory for adventure activities)
- ✗ Personal camping gear (sleeping bag, personal tent), unless requested
- ✗ Meals not specified in inclusions and personal drinks/alcohol
- ✗ Entrance fees for optional city attractions (e.g., Peak Tram, museums)
- ✗ Optional gear rentals, gratuities and personal expenses
- ✗ Note: A refundable security deposit may be required for shared rental equipment.

Day-by-Day Itinerary

Day

1

Arrival & Welcome – Get Settled in the City

Arrive into Hong Kong and transfer to your centrally located hotel in Central or Tsim Sha Tsui. Meet your guide at an early-evening welcome briefing to go over the next days' activities and gear. Evening at leisure to explore the vibrant Tsim Sha Tsui promenade or the nightlife of SoHo.

Tip: If time allows, take a short sunset walk to the Avenue of Stars or a quick tram ride up to Victoria Peak for a night panorama.

Day

2

Dragon's Back Hike & Beach Afternoon

Start the day with a scenic transfer to the trailhead for the iconic Dragon's Back hike. This internationally acclaimed ridge walk offers sweeping coastal views of Big Wave Bay, Shek O and the South China Sea. The 4–5 hour hike is mostly well-graded with several viewpoints.

After the hike, relax at Big Wave Bay or Shek O beach — swim, sunbathe or try a local seaside snack. Return to the city in the late afternoon. Free evening to explore local markets and enjoy Cantonese seafood.

Important: Trail conditions vary after rain — bring layered clothing and at least 1.5L of water.

Day

3

Guided Sea Kayaking & Coastal Exploration

Today focuses on water adventure: guided sea-kayaking in a sheltered bay (location dependent on conditions; typical sites include Lamma Island or southern Hong Kong coast). Learn paddling technique, coastal navigation and safety briefing, then set out to explore sea caves, hidden beaches and marine scenery.

Lunch is a beach picnic or local island restaurant. Afternoon includes short village walks to experience island life and seafood stalls. Return to the city by ferry and enjoy an evening at leisure.

Note: Kayaking is weather-dependent; a calm sea day is required. Minimum swimming confidence required.

Day

4

Island Camping — Overnight Beach Camp

Transfer by ferry to a selected outlying island for beach camping (popular choices: Cheung Chau or quieter southern coves). Set up a managed camp on the beach with guide support; activities include tide-pool exploration, a short sunset hike, and a communal campfire (where permitted).

Dinner features a simple cooked camp meal or local seafood if available. Overnight in comfortable tents with sleeping pads; bathroom facilities vary by site (some basic local facilities or portable toilets provided).

Important: Camping is in a natural environment. Pack light, waterproof gear and personal items. A small headlamp and insect repellent are recommended.

Day

5

Return to City & Departure — Farewells

Break camp after breakfast and enjoy a relaxed morning swim or coastal walk. Return by ferry to the city. If your flight is later, take advantage of a last stroll through Man Mo Temple or a quick dim sum lunch.

End of package services on hotel check-out or airport transfer as per your selected departure. If you require an extended stay or airport transfer upgrade, let us know when booking.

? Frequently Asked Questions

? What is the best time to visit Hong Kong and what's the weather like?

The best time to visit Hong Kong is October to early December, featuring clear blue skies, comfortable temperatures (19–26°C), low humidity, and perfect conditions for outdoor activities. This prime season is ideal for skyline views, hiking, and harbour cruises. Winter (December–February) offers cool, dry weather (12–20°C) with festive lights and comfortable sightseeing. Summer (April–June) brings humid conditions (24–31°C) with occasional showers. Monsoon season (June–September) is hot and humid (27–33°C) with frequent rain and possible typhoon warnings. Download the Hong Kong Observatory app to monitor weather alerts and typhoon signals during your visit.

❓ **How do I reach Hong Kong from India and what are the transportation options?**

Hong Kong International Airport (HKG) at Chek Lap Kok is the main gateway, with direct flights from major Indian cities including Delhi, Mumbai, Bengaluru, Chennai, and Hyderabad. Flight time is typically 5.5–6.5 hours for non-stops. From the airport, take the Airport Express train for rapid city access, taxis (colour-coded by area), or buses. Within the Greater Bay Area, high-speed rail connects to Mainland China from West Kowloon Station. Cross-boundary buses link to Shenzhen and Macau via the Hong Kong–Zhuhai–Macau Bridge. Regional ferries operate to various islands and Macau for day trips.

❓ **Do Indian citizens need a visa to visit Hong Kong?**

Indian passport holders typically require Pre-Arrival Registration (PAR) for short visits to Hong Kong. This online system allows eligible travelers to visit without a traditional visa. If PAR is not approved, you'll need to apply for a proper visa through the Hong Kong Immigration Department or authorized agents. Requirements and policies can change, so always check the latest entry requirements on the official Hong Kong Immigration Department website before booking your trip. Ensure your passport is valid for at least 6 months from your planned departure date and has blank pages for entry stamps.

❓ **What are the local transportation options in Hong Kong?**

Hong Kong offers excellent public transport. The MTR (metro) is fast, clean, and comprehensive. Buses and minibuses (green/red) reach all areas including beaches and hiking trails. Iconic trams ('Ding Ding') provide scenic rides on Hong Kong Island. The Star Ferry offers stunning harbour crossings with skyline views. Taxis are colour-coded by region and metered. Ride-hailing services like Uber operate citywide. The Octopus Card is essential – a contactless stored-value card accepted on almost all transport and many shops. Purchase at any MTR station; unused balance and deposit are refundable when you leave.

❓ **Where should I stay in Hong Kong and what accommodation options are available?**

Tsim Sha Tsui (TST) is ideal for first-time visitors, offering harbour views, shopping, dining, and easy access to attractions. Central provides business district convenience and luxury hotels. Wan Chai offers mid-range options with great nightlife. Luxury hotels include The Peninsula, Rosewood, and Four Seasons. Design hotels like The Upper House and K11 ARTUS offer unique experiences. Mid-range options include Cordis, Harbour Grand, and Hyatt Regency. Budget travelers can choose ibis hotels or Holiday Inn Express. Book early during peak seasons (October–December, Chinese New Year) as prices rise significantly during festivals and holidays.

🔍 What are the must-visit attractions in Hong Kong?

Essential attractions include Victoria Peak via the historic Peak Tram for panoramic city views, and Tsim Sha Tsui Promenade for the Symphony of Lights show. Visit Ngong Ping 360 cable car and Tian Tan Buddha on Lantau Island. Family favorites are Hong Kong Disneyland and Ocean Park. Cultural highlights include Man Mo Temple, Wong Tai Sin Temple, and Chi Lin Nunnery with Nan Lian Garden. Explore Tai O fishing village for traditional stilt houses. The M+ museum in West Kowloon showcases contemporary Asian art. Don't miss a Star Ferry harbour crossing and Temple Street Night Market for authentic local atmosphere.

🔍 What local food and cuisine should I try in Hong Kong?

Hong Kong's culinary scene is world-renowned. Must-try dishes include dim sum (siu mai, har gow, char siu bao), roast meats (char siu, roast goose), wonton noodles, and claypot rice. Sample Hong Kong-style milk tea and egg tarts from local cha chaan tengs (tea restaurants). For Indian tourists, excellent options include CHAAT at Rosewood, Bombay Dreams, Gaylord, Kailash Parbat for chaat, and Saravanaa Bhavan for South Indian cuisine. Vegetarian, Jain, and Halal options are abundant in TST, Central, and Wan Chai. Visit local markets for street food and traditional bakeries like Tai Cheong for fresh egg tarts.

★ Traveller Reviews



Rajat Malhotra

★★★★★ 5/5

An Adventure of a Lifetime

This trip to Hong Kong was more than just a holiday; it was an adventure I will cherish forever!



Kavita Iyer

★★★★☆ 4/5

So Much to Explore!

The diverse attractions covered were fantastic. Never a dull moment during the entire tour.



Suresh Choudhury

★★★★★ 5/5

Incredible Value for Money

You get so much for what you pay! I highly recommend this tour for anyone considering Hong Kong.



Ruchi Agarwal

★★★★★ 5/5

Family-Friendly Fun

My kids had a blast in Hong Kong! The tour had something for everyone in the family.



Ashok Mehta

★★★★☆ 4/5

Night Cruise Delight

The evening cruise experience was fantastic! The city lights were stunning from the boat.

Why Choose TourGrids?

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