

Active Hong Kong 5-Night: Cycling, Hiking & Night Kayak

Prepared by TourGrids

Destination
Hong Kong

Duration
5 Nights 6 Days

Starting from
Rs. 68,000 / person

ITINERARY ROUTE

↖ Hong Kong Island · 2N

↖ Lantau Island · 1N

↖ Sai Kung / Clearwater Bay · 1N

↖ Kowloon · 1N

Overview

Active Hong Kong 5-Night: Cycling, Hiking & Night Kayak is an action-packed Hong Kong tour package designed for travelers who want more than the city skyline. This Hong Kong Adventure tour package blends scenic coastal cycling, iconic hikes, island exploration and a memorable night kayak – perfect for active travelers seeking outdoor experiences.

Highlights:

- Night kayak in Sai Kung beneath starlit skies
- Dragon's Back coastal ridge hike with panoramic views
- Lantau cycling & Ngong Ping 360 cable car experience
- Lamma Island village walk and seafood lunch
- Tai Mei Tuk reservoir cycling on gentle paths

Ideal for adventure seekers, photographers and active travelers. Book this 5 and 6 Hong Kong Adventure tour package for a balanced mix of exertion and relaxation.

✓ **What's Included**

- ✓ 5 nights accommodation (twin/double rooms)
- ✓ Daily breakfast
- ✓ Airport transfers on arrival and departure
- ✓ Guided activities: cycling, guided hikes, night kayak with local certified guides
- ✓ Bike rental (hybrid/touring) and helmets
- ✓ Kayak, paddles, lifejackets and safety gear
- ✓ Ngong Ping 360 cable car standard tickets
- ✓ All listed entrance fees and local permits
- ✓ Local support and emergency contact
- ✓ Special note: Group sizes limited to ensure quality guiding.

✗ **Not Included**

- ✗ International flights and airport taxes
- ✗ Visa fees and travel insurance (recommended)
- ✗ Meals not listed (lunches & dinners unless specified)
- ✗ Personal expenses, alcoholic drinks, tips/gratuities
- ✗ Single-room supplement (if applicable)
- ✗ Any activities not listed or weather-dependent activities canceled for safety
- ✗ Important: Night kayaking depends on suitable sea/weather conditions and may be rescheduled or replaced.

Day-by-Day Itinerary

Day

1

Arrival, Orientation & Victoria Harbour Sunset

Arrival at Hong Kong International Airport and private transfer to Hong Kong Island (Central/Sheung Wan). Settle into your hotel. Afternoon orientation walk through Central's historic lanes, visit Man Mo Temple, and take the Star Ferry to admire Victoria Harbour.

Evening: Enjoy sunset views at the Avenue of Stars / Tsim Sha Tsui Promenade or choose the Victoria Peak tram for panoramic city lights.

Tip: If you arrive early, explore the street food stalls around Causeway Bay for a quick local bite.

Day

2

Lantau Cycling & Ngong Ping Experience

Transfer to Lantau Island. Begin with a guided cycling route on safe, scenic lanes around Tung Chung and coastal sections – perfect for exploring at a comfortable pace. Ride to Ngong Ping 360 cable car terminal for panoramic views of the island.

Visit Tian Tan Buddha (Big Buddha) and the cultural village of Ngong Ping. Afternoon optional: explore Tai O Fishing Village with its stilt houses and local snacks.

Note: Helmets and bikes (hybrid/touring) provided; route tailored to rider fitness levels.

Day

3

Lamma Island Hike, Beach Time & Seafood

Ferry to Lamma Island for a relaxed island day. Hike the easy coastal trail from Yung Shue Wan to Sok Kwu Wan, passing viewpoints, sculptures and small coves. Lunch at a seaside restaurant in Sok Kwu Wan – fresh seafood is a highlight.

Afternoon: Beach time or cycle rental on flat sections where available. Return to Hong Kong Island in the evening for leisure.

Tip: Lamma has no cars – enjoy the pedestrian pace and local art scenes.

Day

4

Tai Mei Tuk Cycling, Plover Cove & Evening Night Kayak in Sai Kung

Drive to Tai Mei Tuk (Plover Cove Reservoir) for a scenic cycling loop along the reservoir dam and adjacent country lanes — ideal for photography and relaxed mileage.

After sunset, transfer to Sai Kung for a guided night kayak adventure along sheltered bays. Paddle under starlight and (season permitting) witness marine bioluminescence in calm waters.

Safety briefing, lifejackets and headlamps provided. Evening: Choose a waterfront seafood dinner in Sai Kung town.

Important: Night kayak operates in suitable weather only; itinerary may be swapped if sea conditions are unsafe.

Day

5

Dragon's Back Coastal Hike & Shek O Beach Relaxation

Start with the iconic Dragon's Back hike — a ridge walk offering sweeping coastal and island vistas. Suitable for most fitness levels; descend toward Shek O for a well-deserved beach afternoon.

Optional: Surfing or beach relaxation; return to Kowloon in the evening. Explore Temple Street Night Market or the neon-lit streets of Mong Kok for shopping and local eats.

Tip: Carry water, sun protection and comfortable hiking shoes. The hike takes around 2.5–3.5 hours depending on pace.

Day

6

Departure, Optional Morning Markets & Extensions

Morning at leisure. Options: quick visit to Kowloon Walled City Park, last-minute shopping at Mong Kok Ladies' Market, or a short street-food tour.

Private transfer to Hong Kong International Airport for departure. If you have extra time, consider extensions such as a full-day hiking in the New Territories, an additional island-cycling day, or a Macau day trip.

🔍 Frequently Asked Questions

❓ **What is the best time to visit Hong Kong and what's the weather like?**

The best time to visit Hong Kong is October to early December, featuring clear blue skies, comfortable temperatures (19–26°C), low humidity, and perfect conditions for outdoor activities. This prime season is ideal for skyline views, hiking, and harbour cruises. Winter (December–February) offers cool, dry weather (12–20°C) with festive lights and comfortable sightseeing. Summer (April–June) brings humid conditions (24–31°C) with occasional showers. Monsoon season (June–September) is hot and humid (27–33°C) with frequent rain and possible typhoon warnings. Download the Hong Kong Observatory app to monitor weather alerts and typhoon signals during your visit.

❓ **How do I reach Hong Kong from India and what are the transportation options?**

Hong Kong International Airport (HKG) at Chek Lap Kok is the main gateway, with direct flights from major Indian cities including Delhi, Mumbai, Bengaluru, Chennai, and Hyderabad. Flight time is typically 5.5–6.5 hours for non-stops. From the airport, take the Airport Express train for rapid city access, taxis (colour-coded by area), or buses. Within the Greater Bay Area, high-speed rail connects to Mainland China from West Kowloon Station. Cross-boundary buses link to Shenzhen and Macau via the Hong Kong–Zhuhai–Macau Bridge. Regional ferries operate to various islands and Macau for day trips.

❓ **Do Indian citizens need a visa to visit Hong Kong?**

Indian passport holders typically require Pre-Arrival Registration (PAR) for short visits to Hong Kong. This online system allows eligible travelers to visit without a traditional visa. If PAR is not approved, you'll need to apply for a proper visa through the Hong Kong Immigration Department or authorized agents. Requirements and policies can change, so always check the latest entry requirements on the official Hong Kong Immigration Department website before booking your trip. Ensure your passport is valid for at least 6 months from your planned departure date and has blank pages for entry stamps.

❓ **What are the local transportation options in Hong Kong?**

Hong Kong offers excellent public transport. The MTR (metro) is fast, clean, and comprehensive. Buses and minibuses (green/red) reach all areas including beaches and hiking trails. Iconic trams ('Ding Ding') provide scenic rides on Hong Kong Island. The Star Ferry offers stunning harbour crossings with skyline views. Taxis are colour-coded by region and metered. Ride-hailing services like Uber operate citywide. The Octopus Card is essential – a contactless stored-value card accepted on almost all transport and many shops. Purchase at any MTR station; unused balance and deposit are refundable when you leave.

❓ **Where should I stay in Hong Kong and what accommodation options are available?**

Tsim Sha Tsui (TST) is ideal for first-time visitors, offering harbour views, shopping, dining, and easy access to attractions. Central provides business district convenience and luxury hotels. Wan Chai offers mid-range options with great nightlife. Luxury hotels include The Peninsula, Rosewood, and Four Seasons. Design hotels like The Upper House and K11 ARTUS offer unique experiences. Mid-range options include Cordis, Harbour Grand, and Hyatt Regency. Budget travelers can choose ibis hotels or Holiday Inn Express. Book early during peak seasons (October–December, Chinese New Year) as prices rise significantly during festivals and holidays.

❓ **What are the must-visit attractions in Hong Kong?**

Essential attractions include Victoria Peak via the historic Peak Tram for panoramic city views, and Tsim Sha Tsui Promenade for the Symphony of Lights show. Visit Ngong Ping 360 cable car and Tian Tan Buddha on Lantau Island. Family favorites are Hong Kong Disneyland and Ocean Park. Cultural highlights include Man Mo Temple, Wong Tai Sin Temple, and Chi Lin Nunnery with Nan Lian Garden. Explore Tai O fishing village for traditional stilt houses. The M+ museum in West Kowloon showcases contemporary Asian art. Don't miss a Star Ferry harbour crossing and Temple Street Night Market for authentic local atmosphere.

❓ **What local food and cuisine should I try in Hong Kong?**

Hong Kong's culinary scene is world-renowned. Must-try dishes include dim sum (siu mai, har gow, char siu bao), roast meats (char siu, roast goose), wonton noodles, and claypot rice. Sample Hong Kong-style milk tea and egg tarts from local cha chaan tengs (tea restaurants). For Indian tourists, excellent options include CHAAT at Rosewood, Bombay Dreams, Gaylord, Kailash Parbat for chaat, and Saravanaa Bhavan for South Indian cuisine. Vegetarian, Jain, and Halal options are abundant in TST, Central, and Wan Chai. Visit local markets for street food and traditional bakeries like Tai Cheong for fresh egg tarts.

★ **Traveller Reviews**



Rajat Malhotra

★★★★★ 5/5

An Adventure of a Lifetime

This trip to Hong Kong was more than just a holiday; it was an adventure I will cherish forever!



Kavita Iyer

★★★★☆ 4/5

So Much to Explore!

The diverse attractions covered were fantastic. Never a dull moment during the entire tour.



Suresh Choudhury

★★★★★ 5/5

Incredible Value for Money

You get so much for what you pay! I highly recommend this tour for anyone considering Hong Kong.



Ruchi Agarwal

★★★★★ 5/5

Family-Friendly Fun

My kids had a blast in Hong Kong! The tour had something for everyone in the family.



Ashok Mehta

★★★★☆ 4/5

Night Cruise Delight

The evening cruise experience was fantastic! The city lights were stunning from the boat.

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