

Adventure Marathon: Peaks, Sea Kayak & Offshore Islands (7 Nights)

Prepared by TourGrids

Destination
Hong Kong

Duration
7 Nights 8 Days

Starting from
Rs. 1,12,000/ person

ITINERARY ROUTE

↖ Hong Kong Island · 3N

↖ Lantau Island · 2N

↖ Sai Kung & Outlying Islands · 2N

Overview

Embark on a high-energy Hong Kong Adventure tour package that combines rugged peak hikes, coastal sea-kayaking and exploration of scenic offshore islands. This Hong Kong tour package (7 nights / 8 days) is crafted for active travelers who want both scenic vistas and water-based adventure. Expect panoramic summit views, marine geology, traditional fishing villages, and evenings in vibrant Hong Kong neighborhoods.

Highlights:

- Dragon's Back hike and scenic coastal ridgeline
- Victoria Peak sunset city panorama
- Sea kayaking along Lantau & Sai Kung coasts
- Big Buddha (Tian Tan Buddha) & Ngong Ping cultural stop
- Offshore island exploration: Po Toi, Sharp Island, Lamma
- Geopark formations at High Island / Sai Kung

This Hong Kong Adventure package balances challenging day hikes with moderate sea-kayak sessions and cultural stops. Ideal for fit travelers who enjoy mixed-terrain adventure.

✓ What's Included

- ✓ 7 nights accommodation (mixed 3-star/4-star boutique hotels or selected guesthouses) as per itinerary
- ✓ Daily breakfasts (7)
- ✓ Round-trip airport transfer on arrival and departure
- ✓ Local transfers between Hong Kong Island, Lantau and Sai Kung (coach/minivan)
- ✓ Guided hikes with certified local guides
- ✓ Guided sea-kayak sessions with equipment (kayak, PFD, dry bag) and instructor
- ✓ Ngong Ping Cable Car standard ticket (subject to availability) and local attraction fees
- ✓ Sampan boat ride at Tai O (shared)
- ✓ Permits/park fees where required
- ✓ Emergency first-aid kit and local guide support

✗ Not Included

- ✗ International flights to/from Hong Kong
- ✗ Meals not specified (lunches & dinners unless noted)
- ✗ Personal travel insurance (mandatory)
- ✗ Gratuities for guides or drivers (optional but appreciated)
- ✗ Single supplement for solo travelers who require a private room
- ✗ Optional activities (e.g., private boat charters, scuba diving, surf lessons) not mentioned in inclusions
- ✗ Items of personal nature (alcoholic beverages, laundry, phone charges)

Day-by-Day Itinerary

Day

1

Arrival & Sunset at Victoria Peak

Arrive at Hong Kong International Airport and transfer to your hotel on Hong Kong Island (Central/Wan Chai). Settle in and enjoy a relaxed afternoon. Late afternoon, take the historic Peak Tram or a short taxi ride up to Victoria Peak for panoramic city and harbor views. Evening at leisure with an optional dinner in Lan Kwai Fong or SoHo.

Tip: If your flight arrives late, we recommend a restful first night — the Peak is still accessible for a short visit.

Day

2

Dragon's Back Hike & Shek O Beach Recovery

Start the day with the famous Dragon's Back ridge hike — a scenic, undulating trail with sweeping coastal views of Shek O, Tai Tam, and the South China Sea. Descend towards Shek O and enjoy relaxation time at Big Wave Bay; optional surf or paddleboard session. Return to the city for a casual evening and local seafood dinner.

Fitness level: Moderate. Wear sturdy hiking shoes and bring sun protection and water.

Day

3

Transfer to Lantau — Ngong Ping & Big Buddha

Check out and transfer to Lantau Island. Visit Ngong Ping Village and the Tian Tan (Big) Buddha via the Ngong Ping Cable Car for dramatic island vistas. Explore Po Lin Monastery and gentle walking trails around Ngong Ping. Evening: overnight in Lantau — enjoy a quiet coastal dinner.

Note: Cable car bookings recommended during peak season.

Day

4

Coastal Kayak & Tai O Fishing Village Experience

This active day focuses on sea-kayaking the calm bays and coastlines of western Lantau. After a safety briefing and skills warm-up, paddle along scenic shores to hidden coves and watch for local marine life. In the afternoon, visit Tai O Fishing Village to see stilt houses, traditional salted-fish stalls and take a short sampan boat ride to view pink dolphins (seasonal / sightings not guaranteed).

Skill level: Beginner-friendly with guided support. Bring quick-dry clothing and reef-safe sunscreen.

Day

5

Transfer to Sai Kung — GeoPark & Coastal Trails

Transfer to the New Territories and base in Sai Kung Town, the gateway to Hong Kong's most scenic eastern coastline. Hike sections of the MacLehose Trail or local coastal paths with views of High Island GeoPark and its hexagonal volcanic columns. Evening free to sample Sai Kung's famous seafood restaurants.

Note: The High Island GeoPark area offers remarkable geology — bring a camera and comfortable shoes.

Day

6

Offshore Islands: Sharp Island & Sea Kayak Adventure

Full-day offshore-island exploration. Paddle or take short ferries to Sharp Island (Kiu Tsui) for snorkeling, secluded beaches and geological formations. Continue with island-hopping to smaller islets or try guided sea-cave paddling if conditions permit. Return to Sai Kung for a relaxed evening.

Safety note: Kayaking routes are chosen daily based on weather and tide conditions.

Day

7

Sunset Peak or Lamma Island Peak Loop & Village Dinner

Option A: For a strong finish, tackle Sunset Peak on Lantau's hiking network for sweeping coastal ridgelines and expansive sea views. Option B: A gentler route is the Lamma Island loop — combine a coastal walk with seafood lunch in Sok Kwu Wan and stroll through local villages. Evening: celebratory seafood dinner and reflections on the week's adventures.

Choice depends on group fitness and weather — guides recommend the best option each morning.

Day

8

Departure — Last Walk & Transfer to Airport

A relaxed morning with optional short walk or final shopping in Central or Sai Kung depending on where you are staying. Check out and transfer to Hong Kong International Airport for departure.

Reminder: Confirm flight time and allow 90–120 minutes for airport transfer depending on traffic.

Frequently Asked Questions

❓ **What is the best time to visit Hong Kong and what's the weather like?**

The best time to visit Hong Kong is October to early December, featuring clear blue skies, comfortable temperatures (19–26°C), low humidity, and perfect conditions for outdoor activities. This prime season is ideal for skyline views, hiking, and harbour cruises. Winter (December–February) offers cool, dry weather (12–20°C) with festive lights and comfortable sightseeing. Summer (April–June) brings humid conditions (24–31°C) with occasional showers. Monsoon season (June–September) is hot and humid (27–33°C) with frequent rain and possible typhoon warnings. Download the Hong Kong Observatory app to monitor weather alerts and typhoon signals during your visit.

❓ **How do I reach Hong Kong from India and what are the transportation options?**

Hong Kong International Airport (HKG) at Chek Lap Kok is the main gateway, with direct flights from major Indian cities including Delhi, Mumbai, Bengaluru, Chennai, and Hyderabad. Flight time is typically 5.5–6.5 hours for non-stops. From the airport, take the Airport Express train for rapid city access, taxis (colour-coded by area), or buses. Within the Greater Bay Area, high-speed rail connects to Mainland China from West Kowloon Station. Cross-boundary buses link to Shenzhen and Macau via the Hong Kong–Zhuhai–Macau Bridge. Regional ferries operate to various islands and Macau for day trips.

❓ **Do Indian citizens need a visa to visit Hong Kong?**

Indian passport holders typically require Pre-Arrival Registration (PAR) for short visits to Hong Kong. This online system allows eligible travelers to visit without a traditional visa. If PAR is not approved, you'll need to apply for a proper visa through the Hong Kong Immigration Department or authorized agents. Requirements and policies can change, so always check the latest entry requirements on the official Hong Kong Immigration Department website before booking your trip. Ensure your passport is valid for at least 6 months from your planned departure date and has blank pages for entry stamps.

❓ **What are the local transportation options in Hong Kong?**

Hong Kong offers excellent public transport. The MTR (metro) is fast, clean, and comprehensive. Buses and minibuses (green/red) reach all areas including beaches and hiking trails. Iconic trams ('Ding Ding') provide scenic rides on Hong Kong Island. The Star Ferry offers stunning harbour crossings with skyline views. Taxis are colour-coded by region and metered. Ride-hailing services like Uber operate citywide. The Octopus Card is essential – a contactless stored-value card accepted on almost all transport and many shops. Purchase at any MTR station; unused balance and deposit are refundable when you leave.

❓ **Where should I stay in Hong Kong and what accommodation options are available?**

Tsim Sha Tsui (TST) is ideal for first-time visitors, offering harbour views, shopping, dining, and easy access to attractions. Central provides business district convenience and luxury hotels. Wan Chai offers mid-range options with great nightlife. Luxury hotels include The Peninsula, Rosewood, and Four Seasons. Design hotels like The Upper House and K11 ARTUS offer unique experiences. Mid-range options include Cordis, Harbour Grand, and Hyatt Regency. Budget travelers can choose ibis hotels or Holiday Inn Express. Book early during peak seasons (October–December, Chinese New Year) as prices rise significantly during festivals and holidays.

❓ **What are the must-visit attractions in Hong Kong?**

Essential attractions include Victoria Peak via the historic Peak Tram for panoramic city views, and Tsim Sha Tsui Promenade for the Symphony of Lights show. Visit Ngong Ping 360 cable car and Tian Tan Buddha on Lantau Island. Family favorites are Hong Kong Disneyland and Ocean Park. Cultural highlights include Man Mo Temple, Wong Tai Sin Temple, and Chi Lin Nunnery with Nan Lian Garden. Explore Tai O fishing village for traditional stilt houses. The M+ museum in West Kowloon showcases contemporary Asian art. Don't miss a Star Ferry harbour crossing and Temple Street Night Market for authentic local atmosphere.

❓ **What local food and cuisine should I try in Hong Kong?**

Hong Kong's culinary scene is world-renowned. Must-try dishes include dim sum (siu mai, har gow, char siu bao), roast meats (char siu, roast goose), wonton noodles, and claypot rice. Sample Hong Kong-style milk tea and egg tarts from local cha chaan tengs (tea restaurants). For Indian tourists, excellent options include CHAAT at Rosewood, Bombay Dreams, Gaylord, Kailash Parbat for chaat, and Saravanaa Bhavan for South Indian cuisine. Vegetarian, Jain, and Halal options are abundant in TST, Central, and Wan Chai. Visit local markets for street food and traditional bakeries like Tai Cheong for fresh egg tarts.

★ **Traveller Reviews**



Rajat Malhotra

★★★★★ 5/5

An Adventure of a Lifetime

This trip to Hong Kong was more than just a holiday; it was an adventure I will cherish forever!



Kavita Iyer

★★★★☆ 4/5

So Much to Explore!

The diverse attractions covered were fantastic. Never a dull moment during the entire tour.



Suresh Choudhury

★★★★★ 5/5

Incredible Value for Money

You get so much for what you pay! I highly recommend this tour for anyone considering Hong Kong.



Ruchi Agarwal

★★★★★ 5/5

Family-Friendly Fun

My kids had a blast in Hong Kong! The tour had something for everyone in the family.



Ashok Mehta

★★★★☆ 4/5

Night Cruise Delight

The evening cruise experience was fantastic! The city lights were stunning from the boat.

⚡ Why Choose TourGrids?

Because your dream vacation deserves the best! From expert advice to personalized trips, easy booking, and unbeatable deals — we make travel stress-free and fun!

⚡ Expert-Guided Planning

Personalized guidance from verified travel experts who understand your needs.

⚙️ Customizable Packages

Tailor your trip your way — destinations, experiences, budget. All up to you!

🛡️ Hassle-Free Booking

🔒 Best Price Guarantee

Smooth, secure, and simple booking process without any stress or confusion.

Multiple free quotes and booking at the most competitive rates available.

For the latest pricing, availability, and customization options, visit:

<https://tourgrids.com/packages/hong-kong/hong-kong-7-nights-8-days-package-1067>