

Seychelles Family Fun: Praslin & La Digue 4-Night Beach Holiday

Prepared by TourGrids

Destination
Seychelles

Duration
4 Nights 5 Days

Starting from
Rs. 95,000 / person

ITINERARY ROUTE

↙ Praslin · 3N

↘ La Digue · 1N

<https://tourgrids.com/packages/seychelles/seychelles-4-nights-5-days-package-1074>

Overview

A relaxed, family-friendly Seychelles tour package designed for beach lovers and nature enthusiasts. This 4-night, 5-day Seychelles Family package combines the best of Praslin and La Digue with gentle activities suited to families and travelers of all ages. Enjoy white-sand beaches, granite boulder shores, world-famous national parks, and fun, child-friendly excursions.

Highlights:

- Anse Lazio (Praslin) – one of the world’s most beautiful beaches
- Vallée de Mai – UNESCO World Heritage site and Coco de Mer forest
- Anse Source d'Argent (La Digue) – iconic granite beach perfect for photos and shallow swimming
- Curieuse Island – encounter giant tortoises and mangrove trails
- Family-friendly snorkeling & boat trips – safe, shallow reefs and guided experiences

This Seychelles Family tour package is ideal for families seeking a gentle-paced 4-night beach holiday with child-friendly activities.

Tip: Domestic ferry or short inter-island flights connect Mahé, Praslin and La Digue – pre-book inter-island transfers to secure preferred times.

✓ What's Included

- ✓ 4 nights accommodation: 3 nights in Praslin, 1 night in La Digue (family-friendly hotels)
- ✓ Daily breakfasts
- ✓ Inter-island ferry or domestic flight transfers between Mahé-Praslin-La Digue (as specified)
- ✓ All listed island boat excursions (Curieuse & St. Pierre) with picnic lunch
- ✓ Guided entry to Vallée de Mai
- ✓ Bicycle rental on La Digue (standard bikes or child seats on request)
- ✓ Selected snorkeling equipment and life jackets (subject to availability)
- ✓ Local taxes and park entrance fees
- ✓ Meet-and-greet and local transfers as per itinerary

✗ Not Included

- ✗ International flights to/from Seychelles
- ✗ Personal travel insurance (recommended)
- ✗ Meals not specified (lunches/dinners unless stated)
- ✗ Optional activities or private guided tours not listed
- ✗ Visa fees, portorage, gratuities and personal expenses
- ✗ Any costs due to schedule changes beyond provider control (weather, ferry cancellations)
- ✗ Items of a personal nature (souvenirs, laundry, phone charges)

Day-by-Day Itinerary

Day

1

Arrival in Praslin & Beach Time

Arrive at Praslin (via ferry or domestic flight from Mahé). Transfer to your family-friendly hotel and relax after travel. Spend a gentle afternoon at Anse Volbert (Côte d'Or) – calm waters and shallow sand ideal for kids. Enjoy a relaxed beachfront dinner at the hotel.

Important: If arriving on an early ferry, store luggage at the hotel and start exploring. Ferry times vary seasonally.

Day

2

Explore Vallée de Mai & Anse Lazio

Morning visit to Vallée de Mai Nature Reserve, a UNESCO World Heritage site. Take an easy, guided walk through the palm forest to see the rare Coco de Mer and spot endemic birds – a memorable experience for older children. After lunch, head to Anse Lazio for swimming, snorkeling and family beach time. Return to your hotel for sunset and dinner.

Note: Wear comfortable shoes for the Vallée de Mai paths and bring sun protection and water.

Day

3

Curieuse Island & St. Pierre Snorkel Trip

Full-day boat excursion to Curieuse Island. Walk through the island's mangrove boardwalk, meet giant tortoises in the protected reserve, and enjoy a picnic lunch on the beach. In the afternoon, stop at St. Pierre for shallow snorkeling over colorful reefs – ideal for kids and beginners. Return to Praslin in the late afternoon.

Tip: Boats usually include lunch and snorkeling gear; confirm child life-jacket availability when booking.

Day

4

Transfer to La Digue & Island Biking

Morning transfer by ferry to La Digue. Upon arrival, pick up bicycles (common local transport) and explore the island's tranquil lanes. Visit Anse Source d'Argent, famous for its granite boulders and calm tidal pools – perfect for family photos and easy swimming. Enjoy a leisurely beachfront dinner and an island sunset.

Important: Bikes often come with child seats; request these in advance if needed.

Day

5

Morning Relaxation & Departure

Enjoy a relaxed morning — swim at a nearby beach, visit Grand Anse for a final stroll, or shop for local souvenirs in La Digue Village. Midday ferry back to Mahé (or onward connection) for your international departure. If your international flight is later in the day, consider an early domestic flight to Mahé to allow time for connections.

Note: Ferry schedules may affect transfer timing; allow buffer time for inter-island travel and international flights.

? Frequently Asked Questions

? What's the best time to visit Seychelles from India?

The ideal time depends on your priorities. April–May and October–November offer the best overall conditions with light winds, calm seas, and excellent underwater visibility—perfect for snorkeling and diving. June–August brings cooler, drier weather with southeast trade winds, ideal for hiking and surfing. December–March can be wetter with brief tropical showers but features great diving conditions in October–November. For Indian travelers, avoid the monsoon period back home (June–September) by visiting during Seychelles' calmer months. Peak season pricing occurs around Christmas/New Year, so shoulder seasons (April–May, October–November) offer the best value with optimal weather conditions.

? How can I reach Seychelles from India and what are the flight options?

Seychelles International Airport (SEZ) on Mahé is the main gateway. From India, you have seasonal nonstop flights (typically 4.5–5 hours from Mumbai/Delhi) or one-stop connections via Middle Eastern hubs like Dubai, Doha, or Abu Dhabi (7–10 hours total). Airlines like Emirates, Qatar Airways, and Etihad offer reliable connections. Air Seychelles sometimes operates direct seasonal routes. Book well in advance for better prices, especially during peak seasons. Once in Seychelles, domestic flights connect Mahé to Praslin (15 minutes), while ferries serve the main islands. Inter-island transfers should be pre-booked, particularly during peak periods.

? Do Indian passport holders need a visa for Seychelles?

Indian passport holders typically receive visa-free entry to Seychelles with a Visitor's Permit issued on arrival. However, you must meet standard requirements: valid passport (6+ months validity), confirmed return/onward ticket, proof of accommodation, and sufficient funds for your stay. The initial permit is usually valid for 30 days and can be extended. Requirements can change, so always verify current entry conditions with the Seychelles embassy or official tourism website before traveling. Ensure your passport has blank pages for entry stamps and carry printed copies of hotel bookings and return tickets as immigration may request them.

❓ **What are the local transportation options within Seychelles?**

Transportation varies by island. On Mahé and Praslin, public buses (SPTC) run extensive daytime routes at low cost. Rental cars offer the most freedom—driving is on the left with narrow, winding roads requiring caution. Taxis are readily available but more expensive. On La Digue, bicycles are the quintessential transport method, creating a charming, eco-friendly experience. For inter-island travel, fast catamarans connect Mahé-Praslin-La Digue, while domestic flights offer quick hops. Boat charters and water taxis provide access to smaller islands and snorkeling spots. Book inter-island transfers in advance during peak seasons, and always allow buffer time between connections and international flights.

❓ **What accommodation options are available and where should I stay?**

Seychelles offers accommodations across all budgets. Ultra-luxury resorts include Six Senses Zil Pasyon and Anantara Maia with private villas and world-class spas. Mid-range options feature boutique hotels like Coco de Mer Hotel on Praslin and Story Seychelles on Mahé. Budget travelers can choose government-licensed guesthouses offering authentic local experiences. Stay on Mahé for hiking, nightlife, and cultural attractions; Praslin for Vallée de Mai and Anse Lazio beach; La Digue for bicycle culture and Anse Source d'Argent. Many resorts are on private islands for ultimate seclusion. Book early for peak seasons, and note that even luxury resort beaches remain public by law.

❓ **What are the must-visit attractions in Seychelles?**

Don't miss Anse Source d'Argent on La Digue—iconic granite boulders and crystal-clear waters create a photographer's paradise. Vallée de Mai on Praslin is a UNESCO World Heritage site housing the legendary coco-de-mer palms and rare black parrots. Anse Lazio on Praslin consistently ranks among the world's top beaches. Morne Seychellois National Park on Mahé offers hiking trails like Copolia with stunning panoramic views. Visit Curieuse Island to meet giant Aldabra tortoises and explore mangroves. Victoria's Sir Selwyn Selwyn-Clarke Market showcases Creole culture and spices. Beau Vallon beach provides watersports and vibrant evening markets. Each island offers unique experiences, from cultural immersion to pristine nature encounters.

❓ **What local food and cuisine should I try in Seychelles?**

Seychellois cuisine blends Creole, French, Indian, and African influences. Must-try dishes include octopus or fish curry in rich Creole spices, grilled red snapper with Creole sauce, and smoked fish salad with lime and chili. Vegetarians will find dhal, vegetable curries, rice, and roti widely available. Don't miss ladob (sweet plantain dessert in coconut milk), breadfruit chips, and banana fritters. Takamaka rum is the local spirit worth tasting. Fresh tropical fruits like breadfruit, jackfruit, and starfruit are abundant. Many restaurants cater to Indian palates with familiar spices and vegetarian options. Local markets offer the most authentic Creole flavors, while resorts provide international cuisine alongside traditional dishes.

★ Traveller Reviews



Anil Sharma

★★★★★ 5/5

A Taste of Paradise

Immersive experiences that celebrated the local culture. The joyful dance and music were memorable highlights.



Aradhya Tiwari

★★★★★ 5/5

Explore the Unexplored

The package encouraged us to explore hidden gems in Seychelles. Fantastic experience!



Seema Kapoor

★★★★☆ 4/5

A Couple of Disappointments

While the locations were stunning, we were disappointed by the limited activity options in the package. Still, a good getaway overall.



Siddharth Roy

★★★★★ 5/5

Seychelles Rejuvenation

This vacation rejuvenated our spirits. The tour guide made sure we explored every beautiful corner!



Priyanka Chatterjee

★★★★★ 5/5

Eco-Friendly Tour Options

Appreciate the eco-friendly options offered in the package. Perfect for sustainable travelers!

Because your dream vacation deserves the best! From expert advice to personalized trips, easy booking, and unbeatable deals — we make travel stress-free and fun!

 **Expert-Guided Planning**

Personalized guidance from verified travel experts who understand your needs.

 **Customizable Packages**

Tailor your trip your way — destinations, experiences, budget. All up to you!

 **Hassle-Free Booking**

Smooth, secure, and simple booking process without any stress or confusion.

 **Best Price Guarantee**

Multiple free quotes and booking at the most competitive rates available.

For the latest pricing, availability, and customization options, visit:

<https://tourgrids.com/packages/seychelles/seychelles-4-nights-5-days-package-1074>