

Seychelles Family Adventure: Beaches, Wildlife & Water Sports - 7 Nights

Prepared by TourGrids



Destination
Seychelles



Duration
7 Nights 8 Days



Starting from
Rs. 1,85,000 / person

ITINERARY ROUTE

↙ Mahé · 4N

↙ Praslin · 2N

↙ La Digue · 1N

Overview

Seychelles Family Adventure: Beaches, Wildlife & Water Sports - 7 Nights is an immersive Seychelles tour package designed for families who want a balanced mix of relaxation, wildlife encounters, and water-based activities. This Seychelles Adventure tour package covers the highlights of Mahé, Praslin, and La Digue, offering pristine beaches, nature reserves, and safe, family-friendly water sports. Perfect as a 7 and 8 Seychelles Adventure tour package option for families seeking comfort and exploration.

✓ **What's Included**

- ✓ 7 nights accommodation in family-friendly hotels (4 nights on Mahé, 2 nights on Praslin, 1 night on La Digue)
- ✓ Daily breakfast (upgrade options available)
- ✓ Airport pick-up and drop-off on Mahé
- ✓ Inter-island transfers (ferry or domestic flights as specified)
- ✓ Full-day Sainte Anne Marine Park boat excursion with snorkeling, equipment and life jackets
- ✓ Guided Mahé island tour and guided visits to Vallée de Mai
- ✓ Bike rental for La Digue day and ox-cart experience
- ✓ All applicable activity fees and local taxes
- ✓ English-speaking guides where indicated

✗ **Not Included**

- ✗ International flights to/from Seychelles
- ✗ Travel insurance (highly recommended)
- ✗ Lunches and dinners unless specified
- ✗ Personal expenses (tips, laundry, telephone)
- ✗ Optional activities not listed in inclusions (scuba diving, private charters)
- ✗ Visa fees (if applicable)
- ✗ Single room supplements and Christmas/New Year supplements may apply

Day-by-Day Itinerary

Day

1

Arrival, Transfer and Beach Time on Mahé

Arrive at Seychelles International Airport (Mahé). Meet and greet, transfer to your family-friendly beachfront hotel at Beau Vallon. Settle in and enjoy an afternoon at Beau Vallon Beach — perfect for kids with calm waters and soft sand. Evening welcome briefing and dinner at the hotel.

Tip: Flights often arrive late afternoon — schedule a restful first evening to adjust to the time zone.

Day

2

Mahé Island Panorama & Culture Tour

A guided island tour covering the island's cultural and natural highlights. Visit Victoria, the compact capital, see the Seychelles National Botanical Gardens with giant tortoises, and stop at Mission Lodge for panoramic views across the West Coast. Afternoon visit to Anse Major or relaxed beach time.

Note: Short, easy walks — suitable for families with younger children.

Day

3

Sainte Anne Marine National Park Boat & Snorkel Trip

Full-day boat excursion to Sainte Anne Marine National Park. Family-friendly snorkeling at sheltered coves, guided marine life introduction, beach picnic on a deserted cay, and optional beginner snorkeling lessons for kids. Return to Mahé for dinner.

Important: Snorkeling equipment and life jackets for children included.

Day

4

Free Day: Watersports, Leisure or Mountain Walk

Choose a relaxed beach day with optional watersports (kayaking, paddleboarding) or a gentle family hike in Morne Seychellois National Park to spot endemic flora. Afternoon at leisure — consider a local cooking class or market visit in Victoria.

Tip: Pre-book popular watersports to secure family equipment and instruction.

Day

5

Transfer to Praslin via Ferry / Domestic Flight and Vallee de Mai

Morning ferry or short domestic flight to Praslin (family-friendly ferry recommended for scenic travel). Check into your hotel and then visit the UNESCO-listed Vallée de Mai to meet the famous Coco de Mer and learn about endemic wildlife. Sunset at Anse Volbert.

Note: Vallée de Mai has boardwalks and is stroller-friendly in parts; wear comfortable shoes.

Day

6

Praslin Beaches: Anse Lazio & Island Exploration

Explore Anse Lazio, repeatedly listed among the world's best beaches – calm waters, ideal for children. Take a glass-bottom boat or short snorkeling trip to nearby reefs. Afternoon optional visit to Fond Ferdinand for gentle nature trails and viewpoints.

Tip: Anse Lazio can get busy mid-day; arrive early for prime spots and shade.

Day

7

La Digue Day & Overnight – Anse Source d'Argent

Short ferry to La Digue. Explore the island by bike or ox-cart – family-favorite way to get around. Spend time at the iconic Anse Source d'Argent with its granite boulders and shallow, clear waters. Evening at a charming beachfront guesthouse.

Important: La Digue is vehicle-light – bikes are rented on-island. Book bikes in advance during high season.

Day

8

Return to Mahé & Departure

Morning at leisure on La Digue for a final swim or souvenir shopping. Transfer by ferry back to Praslin then onward ferry or flight to Mahé depending on your departure schedule. Private transfer to Seychelles International Airport for your flight home.

Note: Allow ample transit time between island transfers and your international flight – plan departures in the afternoon or evening.

🔍 Frequently Asked Questions

❓ **What's the best time to visit Seychelles from India?**

The ideal time depends on your priorities. April–May and October–November offer the best overall conditions with light winds, calm seas, and excellent underwater visibility—perfect for snorkeling and diving. June–August brings cooler, drier weather with southeast trade winds, ideal for hiking and surfing. December–March can be wetter with brief tropical showers but features great diving conditions in October–November. For Indian travelers, avoid the monsoon period back home (June–September) by visiting during Seychelles' calmer months. Peak season pricing occurs around Christmas/New Year, so shoulder seasons (April–May, October–November) offer the best value with optimal weather conditions.

❓ **How can I reach Seychelles from India and what are the flight options?**

Seychelles International Airport (SEZ) on Mahé is the main gateway. From India, you have seasonal nonstop flights (typically 4.5–5 hours from Mumbai/Delhi) or one-stop connections via Middle Eastern hubs like Dubai, Doha, or Abu Dhabi (7–10 hours total). Airlines like Emirates, Qatar Airways, and Etihad offer reliable connections. Air Seychelles sometimes operates direct seasonal routes. Book well in advance for better prices, especially during peak seasons. Once in Seychelles, domestic flights connect Mahé to Praslin (15 minutes), while ferries serve the main islands. Inter-island transfers should be pre-booked, particularly during peak periods.

❓ **Do Indian passport holders need a visa for Seychelles?**

Indian passport holders typically receive visa-free entry to Seychelles with a Visitor's Permit issued on arrival. However, you must meet standard requirements: valid passport (6+ months validity), confirmed return/onward ticket, proof of accommodation, and sufficient funds for your stay. The initial permit is usually valid for 30 days and can be extended. Requirements can change, so always verify current entry conditions with the Seychelles embassy or official tourism website before traveling. Ensure your passport has blank pages for entry stamps and carry printed copies of hotel bookings and return tickets as immigration may request them.

❓ **What are the local transportation options within Seychelles?**

Transportation varies by island. On Mahé and Praslin, public buses (SPTC) run extensive daytime routes at low cost. Rental cars offer the most freedom—driving is on the left with narrow, winding roads requiring caution. Taxis are readily available but more expensive. On La Digue, bicycles are the quintessential transport method, creating a charming, eco-friendly experience. For inter-island travel, fast catamarans connect Mahé–Praslin–La Digue, while domestic flights offer quick hops. Boat charters and water taxis provide access to smaller islands and snorkeling spots. Book inter-island transfers in advance during peak seasons, and always allow buffer time between connections and international flights.

🔍 **What accommodation options are available and where should I stay?**

Seychelles offers accommodations across all budgets. Ultra-luxury resorts include Six Senses Zil Pasyon and Anantara Maia with private villas and world-class spas. Mid-range options feature boutique hotels like Coco de Mer Hotel on Praslin and Story Seychelles on Mahé. Budget travelers can choose government-licensed guesthouses offering authentic local experiences. Stay on Mahé for hiking, nightlife, and cultural attractions; Praslin for Vallée de Mai and Anse Lazio beach; La Digue for bicycle culture and Anse Source d'Argent. Many resorts are on private islands for ultimate seclusion. Book early for peak seasons, and note that even luxury resort beaches remain public by law.

🔍 **What are the must-visit attractions in Seychelles?**

Don't miss Anse Source d'Argent on La Digue—iconic granite boulders and crystal-clear waters create a photographer's paradise. Vallée de Mai on Praslin is a UNESCO World Heritage site housing the legendary coco-de-mer palms and rare black parrots. Anse Lazio on Praslin consistently ranks among the world's top beaches. Morne Seychellois National Park on Mahé offers hiking trails like Copolia with stunning panoramic views. Visit Curieuse Island to meet giant Aldabra tortoises and explore mangroves. Victoria's Sir Selwyn Selwyn-Clarke Market showcases Creole culture and spices. Beau Vallon beach provides watersports and vibrant evening markets. Each island offers unique experiences, from cultural immersion to pristine nature encounters.

🔍 **What local food and cuisine should I try in Seychelles?**

Seychellois cuisine blends Creole, French, Indian, and African influences. Must-try dishes include octopus or fish curry in rich Creole spices, grilled red snapper with Creole sauce, and smoked fish salad with lime and chili. Vegetarians will find dhal, vegetable curries, rice, and roti widely available. Don't miss ladob (sweet plantain dessert in coconut milk), breadfruit chips, and banana fritters. Takamaka rum is the local spirit worth tasting. Fresh tropical fruits like breadfruit, jackfruit, and starfruit are abundant. Many restaurants cater to Indian palates with familiar spices and vegetarian options. Local markets offer the most authentic Creole flavors, while resorts provide international cuisine alongside traditional dishes.

★ **Traveller Reviews**



Anil Sharma

★★★★★ 5/5

A Taste of Paradise

Immersive experiences that celebrated the local culture. The joyful dance and music were memorable highlights.



Aradhya Tiwari

★★★★★ 5/5

Explore the Unexplored

The package encouraged us to explore hidden gems in Seychelles. Fantastic experience!



Seema Kapoor

★★★★☆ 4/5

A Couple of Disappointments

While the locations were stunning, we were disappointed by the limited activity options in the package. Still, a good getaway overall.



Siddharth Roy

★★★★★ 5/5

Seychelles Rejuvenation

This vacation rejuvenated our spirits. The tour guide made sure we explored every beautiful corner!



Priyanka Chatterjee

★★★★★ 5/5

Eco-Friendly Tour Options

Appreciate the eco-friendly options offered in the package. Perfect for sustainable travelers!

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