

# Seychelles Complete Island Circuit: Praslin-La Digue-Mahe - 7 Nights

Prepared by TourGrids

Destination  
**Seychelles**

Duration  
**7 Nights 8 Days**

Starting from  
**Rs. 2,20,000 / person**

## ITINERARY ROUTE

↔ Praslin · 3N

↔ La Digue · 2N

↔ Mahe · 2N

<https://tourgrids.com/packages/seychelles/seychelles-7-nights-8-days-package-1090>

## Overview

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Experience the ultimate Seychelles tour package with our carefully curated Seychelles Adventure tour package that covers the highlights of Praslin, La Digue, and Mahé. This 7 nights / 8 days Seychelles Adventure package is perfect for travelers seeking a mix of pristine beaches, unique granite islands, endemic nature reserves, and relaxed island living. Ideal for couples, families, and adventure-seekers.

### Highlights:

- Vallée de Mai (Praslin) – UNESCO World Heritage and home of the Coco de Mer
- Anse Lazio (Praslin) – One of the world's best beaches
- Anse Source d'Argent (La Digue) – Iconic granite boulder beach
- Curieuse Island & Giant Tortoise Sanctuary – Close wildlife encounters
- Victoria & Morne Seychellois National Park (Mahé) – Cultural and nature exploration

Note: This package offers a mix of speedboat/ferry and domestic flight options – subject to availability. Book early for ferry seats during peak season.

### ✓ What's Included

- ✓ 7 nights accommodation across Praslin (3), La Digue (2), Mahé (2) in 3/4 properties (as selected)
- ✓ Daily breakfast
- ✓ Return airport transfers on Mahé
- ✓ Inter-island transfers (domestic flights/ferry) as per itinerary
- ✓ Curieuse Island day trip with boat, guide, and picnic lunch
- ✓ Vallée de Mai park entry and guided walk
- ✓ Bicycle rental on La Digue (standard bikes)
- ✓ Snorkeling equipment for included boat trips
- ✓ Local taxes and service charges
- ✓ Note: Specific hotels can be customized; upgrade options available.

### ✗ Not Included

- ✗ International flights to/from Seychelles
- ✗ Visa fees (if applicable), travel insurance, personal expenses
- ✗ Meals other than breakfast and meals not mentioned as included
- ✗ Optional activities (scuba diving, private charters, spa treatments)
- ✗ Tips, portorage, and items of a personal nature
- ✗ Tip: Book optional excursions (dive trips, private boat charters) in advance to secure availability during peak season.

## Day-by-Day Itinerary

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Day

1

### **Arrival, Transfer to Praslin and Relaxation**

Arrive at Seychelles International Airport (Mahé). Meet and transfer to the domestic terminal for a short scenic flight or a fast ferry to Praslin (timing depends on arrivals). Check-in at your hotel. Spend the afternoon unwinding on Anse Volbert (Cote d'Or) — swim, snorkel or stroll on the white sands. Evening at leisure with dinner at the resort.

Tip: Domestic flight offers spectacular aerial views; ferries are scenic but subject to sea conditions.

Day

2

### **Vallée de Mai & Anse Lazio**

Morning visit to the Vallée de Mai Nature Reserve — walk among endemic coco de mer palms and spot rare birdlife. Enjoy a guided nature trail (park entry included). Afternoon at Anse Lazio, famed for crystal-clear waters and dramatic rock formations — perfect for swimming and photography.

Important: Wear sturdy shoes for the Vallée de Mai walk and carry water. Park has limited facilities.

Day

3

### **Curieuse Island Day Trip & Giant Tortoise Sanctuary**

Full-day island-hopping boat excursion to Curieuse Island. Explore the Giant Tortoise Sanctuary, walk shaded mangrove trails, and enjoy a beach picnic at Anse St. Jose. Snorkeling over the coral gardens near St. Pierre rock is included (equipment provided).

Note: Boat trips are shared; times depend on weather. Bring reef-safe sunscreen and a hat.

Day

4

### **Transfer to La Digue & Island Orientation by Bike**

Transfer by ferry to La Digue in the morning. Upon arrival, check-in and pick up bicycles (standard on-island transport). Cycle to the Union Estate to see vanilla plantations and the historic colonial house. Afternoon visit to Anse Source d'Argent — iconic granite boulders, shallow waters, and great photo opportunities.

Tip: La Digue is best explored by bike. Lock available at most accommodations.

Day

5

## **La Digue Beach Day & Optional Snorkeling**

Leisure day to explore other La Digue beaches such as Anse Marron (requires short hike) or relax at Grande Anse. Optional half-day snorkeling or guided island trek can be arranged (recommended for adventurers). Return to island village for dinner and local Creole cuisine.

Important: Some trails and beaches are accessible only with a guide during high tide seasons.

Day

6

## **Return to Mahé & Victoria Highlights**

Morning ferry back to Praslin then onward transfer to Mahé (via flight or ferry connection). Check-in at your Mahé hotel. Afternoon short guided tour of Victoria — visit the clock tower, local market, and Seychelles National Botanical Gardens.

Note: Inter-island schedules vary; transfers are coordinated and included in the package.

Day

7

## **Morne Seychellois National Park & Beau Vallon**

Full-day island excursion exploring Morne Seychellois National Park — short treks, viewpoints, and panoramic vistas over inner Mahé. Afternoon at Beau Vallon for water sports, swimming or a sunset cruise option. Farewell dinner with Creole specialties.

Tip: Carry light rain gear—tropical showers are common in upland areas.

Day

8

## **Departure from Mahé**

Breakfast and check-out. Depending on your flight time, enjoy a final stroll or quick souvenir shopping in Victoria. Transfer to Seychelles International Airport (Mahé) for your onward journey.

Important: Ensure you arrive at the airport at least 2.5 hours before international departures. Domestic flight/ferry timing coordinated on Day 1.

## **🔍 Frequently Asked Questions**

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## ❓ **What's the best time to visit Seychelles from India?**

The ideal time depends on your priorities. April–May and October–November offer the best overall conditions with light winds, calm seas, and excellent underwater visibility—perfect for snorkeling and diving. June–August brings cooler, drier weather with southeast trade winds, ideal for hiking and surfing. December–March can be wetter with brief tropical showers but features great diving conditions in October–November. For Indian travelers, avoid the monsoon period back home (June–September) by visiting during Seychelles' calmer months. Peak season pricing occurs around Christmas/New Year, so shoulder seasons (April–May, October–November) offer the best value with optimal weather conditions.

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## ❓ **How can I reach Seychelles from India and what are the flight options?**

Seychelles International Airport (SEZ) on Mahé is the main gateway. From India, you have seasonal nonstop flights (typically 4.5–5 hours from Mumbai/Delhi) or one-stop connections via Middle Eastern hubs like Dubai, Doha, or Abu Dhabi (7–10 hours total). Airlines like Emirates, Qatar Airways, and Etihad offer reliable connections. Air Seychelles sometimes operates direct seasonal routes. Book well in advance for better prices, especially during peak seasons. Once in Seychelles, domestic flights connect Mahé to Praslin (15 minutes), while ferries serve the main islands. Inter-island transfers should be pre-booked, particularly during peak periods.

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## ❓ **Do Indian passport holders need a visa for Seychelles?**

Indian passport holders typically receive visa-free entry to Seychelles with a Visitor's Permit issued on arrival. However, you must meet standard requirements: valid passport (6+ months validity), confirmed return/onward ticket, proof of accommodation, and sufficient funds for your stay. The initial permit is usually valid for 30 days and can be extended. Requirements can change, so always verify current entry conditions with the Seychelles embassy or official tourism website before traveling. Ensure your passport has blank pages for entry stamps and carry printed copies of hotel bookings and return tickets as immigration may request them.

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## ❓ **What are the local transportation options within Seychelles?**

Transportation varies by island. On Mahé and Praslin, public buses (SPTC) run extensive daytime routes at low cost. Rental cars offer the most freedom—driving is on the left with narrow, winding roads requiring caution. Taxis are readily available but more expensive. On La Digue, bicycles are the quintessential transport method, creating a charming, eco-friendly experience. For inter-island travel, fast catamarans connect Mahé–Praslin–La Digue, while domestic flights offer quick hops. Boat charters and water taxis provide access to smaller islands and snorkeling spots. Book inter-island transfers in advance during peak seasons, and always allow buffer time between connections and international flights.

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## ❓ **What accommodation options are available and where should I stay?**

Seychelles offers accommodations across all budgets. Ultra-luxury resorts include Six Senses Zil Pasyon and Anantara Maia with private villas and world-class spas. Mid-range options feature boutique hotels like Coco de Mer Hotel on Praslin and Story Seychelles on Mahé. Budget travelers can choose government-licensed guesthouses offering authentic local experiences. Stay on Mahé for hiking, nightlife, and cultural attractions; Praslin for Vallée de Mai and Anse Lazio beach; La Digue for bicycle culture and Anse Source d'Argent. Many resorts are on private islands for ultimate seclusion. Book early for peak seasons, and note that even luxury resort beaches remain public by law.

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## ❓ **What are the must-visit attractions in Seychelles?**

Don't miss Anse Source d'Argent on La Digue—iconic granite boulders and crystal-clear waters create a photographer's paradise. Vallée de Mai on Praslin is a UNESCO World Heritage site housing the legendary coco-de-mer palms and rare black parrots. Anse Lazio on Praslin consistently ranks among the world's top beaches. Morne Seychellois National Park on Mahé offers hiking trails like Copolia with stunning panoramic views. Visit Curieuse Island to meet giant Aldabra tortoises and explore mangroves. Victoria's Sir Selwyn Selwyn-Clarke Market showcases Creole culture and spices. Beau Vallon beach provides watersports and vibrant evening markets. Each island offers unique experiences, from cultural immersion to pristine nature encounters.

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## ❓ **What local food and cuisine should I try in Seychelles?**

Seychellois cuisine blends Creole, French, Indian, and African influences. Must-try dishes include octopus or fish curry in rich Creole spices, grilled red snapper with Creole sauce, and smoked fish salad with lime and chili. Vegetarians will find dhal, vegetable curries, rice, and roti widely available. Don't miss ladob (sweet plantain dessert in coconut milk), breadfruit chips, and banana fritters. Takamaka rum is the local spirit worth tasting. Fresh tropical fruits like breadfruit, jackfruit, and starfruit are abundant. Many restaurants cater to Indian palates with familiar spices and vegetarian options. Local markets offer the most authentic Creole flavors, while resorts provide international cuisine alongside traditional dishes.

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## ★ **Traveller Reviews**

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**Anil Sharma**

★★★★★ 5/5

### **A Taste of Paradise**

Immersive experiences that celebrated the local culture. The joyful dance and music were memorable highlights.



**Aradhya Tiwari**

★★★★★ 5/5

### **Explore the Unexplored**

The package encouraged us to explore hidden gems in Seychelles. Fantastic experience!



**Seema Kapoor**

★★★★☆ 4/5

### **A Couple of Disappointments**

While the locations were stunning, we were disappointed by the limited activity options in the package. Still, a good getaway overall.



**Siddharth Roy**

★★★★★ 5/5

### **Seychelles Rejuvenation**

This vacation rejuvenated our spirits. The tour guide made sure we explored every beautiful corner!



**Priyanka Chatterjee**

★★★★★ 5/5

### **Eco-Friendly Tour Options**

Appreciate the eco-friendly options offered in the package. Perfect for sustainable travelers!

## **Why Choose TourGrids?**

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Because your dream vacation deserves the best! From expert advice to personalized trips, easy booking, and unbeatable deals — we make travel stress-free and fun!

 **Expert-Guided Planning**

Personalized guidance from verified travel experts who understand your needs.

 **Customizable Packages**

Tailor your trip your way — destinations, experiences, budget. All up to you!

 **Hassle-Free Booking**

Smooth, secure, and simple booking process without any stress or confusion.

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Multiple free quotes and booking at the most competitive rates available.

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