

Teesta River Adventure Sprint: River Rafting & Zipline Experience

Prepared by TourGrids



Destination
Sikkim



Duration
3 Nights 4 Days



Starting from
Rs. 8,950 / person

ITINERARY ROUTE

📍 **Gangtok · 3N**

<https://tourgrids.com/packages/sikkim/sikkim-3-nights-4-days-package-1101>

Overview

Teesta River Adventure Sprint: River Rafting & Zipline Experience – A high-energy 3 nights / 4 days Sikkim tour package crafted for adventure seekers. Combine white-water thrills on the Teesta River with a canopy-slice zipline experience in scenic East Sikkim, plus relaxed sightseeing in Gangtok. Ideal as a compact Sikkim Adventure tour package or a focused 3 and 4 Sikkim Adventure tour package option for travelers short on time but hungry for adrenaline.

✓ **What's Included**

- ✓ Inclusions:
- ✓ 3 nights accommodation in Gangtok (standard category) with daily breakfast
- ✓ All transfers by private vehicle as per itinerary (Bagdogra/NJP "Gangtok)
- ✓ Professional rafting package on Teesta River (raft, life jackets, helmets, safety briefing, certified guides)
- ✓ Zipline experience (single run) with safety gear and instructors
- ✓ All necessary Sikkim entry permits (subject to ID submission)
- ✓ Local English-speaking guide for activities
- ✓ Applicable GST and service charges
- ✓ Perfect for an action-packed Sikkim Adventure package – tailored for 3 and 4 day stays.

✗ **Not Included**

- ✗ Exclusions:
- ✗ Airfare / Train fare to Bagdogra / NJP
- ✗ Personal expenses, tips, and porter charges
- ✗ Meals not mentioned in the itinerary
- ✗ Any optional sightseeing entrance fees (e.g., Tsomgo Lake yak rides, cable car charges)
- ✗ Travel insurance and emergency evacuation (strongly recommended for adventure activities)
- ✗ Any cost arising from flight/travel delays, route diversions or weather-related cancellations
- ✗ Important: Adventure activities depend on weather and river conditions; operators reserve the right to cancel or downgrade experiences for safety.

Day-by-Day Itinerary

Day

1

Arrival, Transfer to Gangtok & Evening at Leisure

Arrive at Bagdogra Airport / New Jalpaiguri (NJP) Railway Station and transfer to Gangtok (approx. 4–5 hours drive). Check into your hotel and unwind. Evening stroll at MG Road, Gangtok – enjoy local cafes, shops and the lively market atmosphere. Make sure to keep permits/ID handy for Sikkim entry checks.

Day

2

Teesta River White-Water Rafting Adventure

Full-day adrenaline-packed day on the Teesta River with certified rafting operators. After early breakfast, transfer to the rafting launch point near Singtam / Teesta Bazaar. Gear briefing, safety orientation and multiple rapids (grade II–III/IV depending on river conditions and season). Post-raft celebration and return to Gangtok in the evening. River run is seasonal and water levels dictate rapid grades – always follow the guide's safety instructions.

Day

3

Zipline & East Sikkim Short Excursion

Drive east to experience a high-adrenaline zipline (location in East Sikkim – typically near Aritar / Ranka adventure zones). Enjoy panoramic Himalayan valley views as you glide over forests and ravines. Optional short nature walks or visit to a nearby viewpoint/rock garden. Return to Gangtok for an evening cultural walk; optional visit to Rumtek Monastery if time permits. Zipline availability can vary – pre-booking recommended.

Day

4

Local Sightseeing & Departure

Check out after breakfast and enjoy half-day sightseeing in and around Gangtok if time allows: Tsomgo (Changu) Lake or Hanuman Tok / Banjhakri Falls depending on time and permits. Transfer back to Bagdogra / NJP for your onward train/flight. Allow extra time for mountain traffic; departures in the late afternoon are recommended.

Frequently Asked Questions

❓ **What is the best time to visit Sikkim?**

The prime seasons are March–June and October–November. Spring (March–June) offers clear mountain views, blooming rhododendrons, and pleasant weather with temperatures around 15–22°C in Gangtok. This is peak season for trekking and visiting high-altitude lakes. Autumn (October–November) provides crisp, clear skies perfect for photography and mountain views. Winter (December–February) brings snow to high passes like Tsomgo Lake and Nathula, with possible road closures. Monsoon (June–September) sees heavy rainfall and frequent landslides that can disrupt travel on NH-10. For rhododendron blooms, visit Yumthang Valley between late February and mid-June. Each season has its charm, but spring and autumn offer the most reliable weather and accessibility.

❓ **How do I reach Sikkim from major Indian cities?**

The most reliable route is flying to Bagdogra Airport (IXB) in Siliguri, West Bengal, then driving 4–5 hours to Gangtok via NH-10. Major airlines connect Bagdogra to Delhi, Mumbai, Kolkata, and other cities. By train, New Jalpaiguri (NJP) is the nearest major railhead, about 120km from Gangtok. From NJP/Siliguri, take shared jeeps or hire taxis for the scenic mountain drive through Sevoke, Teesta Bazar, Melli, and Rangpo. Pakyong Airport in Sikkim exists but currently has no scheduled commercial flights as of 2025—always verify before planning. The under-construction Sivok–Rangpo railway may bring rail connectivity to Sikkim by 2027. Road travel during monsoon may face landslide delays.

❓ **Do I need special permits to visit Sikkim?**

Indian citizens need permits for certain areas: Nathula Pass, Tsomgo Lake, North Sikkim (Lachen/Lachung), and the Old Silk Route. These can be arranged through registered tour operators 24–48 hours in advance. Bring 2 passport photos and valid ID (Voter ID, Passport, or Driving License—Aadhaar often not accepted). Foreign nationals require a Protected Area Permit to enter Sikkim and can only visit designated areas like Tsomgo Lake, Gangtok, Pelling, and Yuksom. Foreigners cannot visit Gurudongmar Lake, Zuluk, or Nathula Pass. Children under 18 need birth certificates. Permits may be suspended during bad weather or security concerns. Always carry multiple ID copies and extra photos.

❓ **What are the local transportation options within Sikkim?**

Shared jeeps are the backbone of Sikkim transport, connecting all major towns and tourist spots. They're affordable and frequent on popular routes. Local taxis are available for sightseeing and can be hired for full days. Sikkim Nationalised Transport (SNT) runs intercity buses on main routes, though services are limited compared to jeeps. The Gangtok Ropeway offers scenic city views connecting Deorali to Tashiling. Self-driving is possible but challenging due to mountain roads, weather conditions, and permit requirements—hired vehicles with local drivers are more practical. Most hotels can arrange transportation. For North Sikkim trips, tour operators provide vehicles as individual permits and local knowledge are essential. Book transport in advance during peak seasons.

❓ **Where should I stay in Sikkim and what accommodation options are available?**

Gangtok is the main base with options from budget guesthouses to luxury resorts like MAYFAIR Spa Resort & Casino and heritage properties like The Elgin Nor-Khill. MG Marg area offers convenient access to restaurants and shopping. For West Sikkim, stay in Pelling near Pemayangtse Monastery—The Elgin Mount Pandim offers heritage charm with mountain views. North Sikkim requires overnight stays in Lachen (for Gurudongmar Lake) or Lachung (for Yumthang Valley)—try Apple Orchard Resort or Yarlam Resort. Yuksom offers trekking base camps and eco-lodges. Ravangla and Namchi have emerging hotel scenes. Book well in advance for peak season (March–June). Many properties offer package deals including meals and local sightseeing. Homestays in villages like Dzongu provide authentic cultural experiences.

❓ **What are the must-visit attractions in Sikkim?**

Tsomgo Lake, a sacred glacial lake at 3,753m that freezes in winter, is accessible from Gangtok. Nathula Pass on the Indo-China border offers historical significance (Indians only). Yumthang Valley, the 'Valley of Flowers,' showcases alpine meadows and rhododendrons. Pelling features the Chenrezig Skywalk (India's first glass skywalk) and Pemayangtse Monastery. Rumtek Monastery is Sikkim's largest gumpa with stunning architecture. Khecheopalri Lake is considered wish-fulfilling by locals. Buddha Park in Ravangla houses a 130-ft Buddha statue. Gurudongmar Lake at 5,183m is among the world's highest lakes (Indians only). Khangchendzonga National Park, a UNESCO site, offers incredible biodiversity and trekking. Temi Tea Garden provides organic tea experiences. Each destination offers unique cultural and natural experiences.

❓ What local food and cuisine should I try in Sikkim?

Sikkim's cuisine blends Nepali, Tibetan (Bhutia), and Lepcha influences. Must-try dishes include momos (steamed dumplings), thukpa (noodle soup), and sha phaley (Tibetan meat pasties). Try phagshapa (pork with radish and dried chilies), gundruk soup (fermented leafy greens), and kinema curry (fermented soybeans). Ningro with churpi (fiddlehead ferns with local cheese) represents indigenous flavors. Sel roti is a traditional ring-shaped bread. Tongba, a warm millet-based alcoholic beverage, is perfect for cold evenings. Don't miss Temi tea, grown in Sikkim's only tea estate. Visit Taste of Tibet on MG Marg for authentic momos, 9INE Native Cuisine for traditional Sikkimese plates, and local markets for fresh churpi cheese and organic produce.

★ Traveller Reviews



Vivek Tiwari

★★★★★ 5/5

One of the Best Trips Ever

I can say this was one of the best trips ever. The diverse landscape of Sikkim was incredible!



Meenal Joshi

★★★★☆ 4/5

A Colorful Cultural Tour

Sikkim offers a colorful cultural experience. Glad we opted for this tour, our lives are richer for it!



Prakash Oza

★★★★★ 5/5

Discovering Nature's Bounty

This tour was a wonderful discovery of nature's bounty in Sikkim. Unforgettable trips to lakes and mountains!



Kiran Gill

★★★★★ 5/5

A Suitable Escape for Everyone

Whether you seek adventure or relaxation, Sikkim has it all. Our tour was filled with both!



Deepak Agarwal

★★★★☆ 4/5

Amazing Weather & Scenery

The weather was perfect during our visit to Sikkim, enhancing the beautiful scenery. The whole tour was very enjoyable!

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