

# Family Nature Camp: Eco-Lodges, Nature Walks & Kids Activities

Prepared by TourGrids

Destination  
**Sikkim**

Duration  
**5 Nights 6 Days**

Starting from  
**Rs. 16,750 / person**

## ITINERARY ROUTE

↖ **Gangtok · 3N**

↖ **Lachung · 2N**

<https://tourgrids.com/packages/sikkim/sikkim-5-nights-6-days-package-1143>

## Overview

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Title: Family Nature Camp: Eco-Lodges, Nature Walks & Kids Activities

Discover a thoughtfully crafted Sikkim tour package designed for families who love nature, gentle adventure and educational kids' activities. The "Family Nature Camp" blends comfortable eco-lodges, guided nature walks, and curated children's programs across scenic North and East Sikkim. Ideal as a Sikkim Family tour package (5 nights / 6 days), this itinerary focuses on safe, family-friendly experiences and sustainable stays. This package is an excellent option among 5 and 6 Sikkim Family tour package choices for families seeking eco-conscious travel.

### ✓ What's Included

- ✓ Accommodation for 5 nights in family-friendly eco-lodges (double/twin/triple rooms as per family size)
- ✓ Meals: Daily breakfast, 3 packed lunches/picnics and 4 family dinners (local cuisine and child-friendly menu options)
- ✓ All transfers and sightseeing by private vehicle as per itinerary (NJP/Bagdogra - Gangtok - Lachung - Gangtok - NJP/Bagdogra)
- ✓ Local permits & entry fees for listed attractions (excluding restricted areas requiring special permits)
- ✓ Services of an experienced local guide and naturalist for walks and kids' activities
- ✓ Children's activity packs, guided nature scavenger hunts, and supervised craft sessions
- ✓ Emergency kit and basic first-aid; oxygen cylinder available at lodges for precautionary use only
- ✓ One family photography session during the trip (digital copies)

### ✗ Not Included

- ✗ Airfare / train fare to Bagdogra / NJP
- ✗ Personal expenses, laundry, phone calls and tips/gratuities
- ✗ Optional activities such as pony/yak rides, extra guided excursions, or special workshops (unless pre-booked)
- ✗ Entry permits for restricted areas (e.g., Zero Point, Nathu La) and associated fees
- ✗ Travel insurance (recommended)
- ✗ Any meals not specified in the inclusions
- ✗ Government taxes and GST if applicable

## Day-by-Day Itinerary

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Day

1

### **Arrival, Transfer to Gangtok & Sunset Nature Walk**

Arrive at Bagdogra Airport / NJP Railway Station and transfer to Gangtok (approx. 4–5 hrs). Check in at a family-friendly eco-lodge with child-safe rooms and a garden play area. Spend the evening on a gentle guided nature walk around the lodge and nearby Hanuman Tok / Tashiling viewpoint to acclimatize. Tip: Keep hydrated and avoid strenuous activity on arrival day.

Day

2

### **Gangtok: Cultural Sights & Family Activities**

Explore the highlights of Gangtok with family-friendly pacing. Morning visit to the Rumtek Monastery followed by the vibrant MG Marg for a relaxed lunch. In the afternoon enjoy the Flower Exhibition Centre or a supervised eco-craft workshop at the lodge where kids can learn about local flora and make leaf-art. Evening free for local market strolls. Special Note: Wheelchair-friendly options are available on request.

Day

3

### **Drive to Lachung: Scenic Route & Eco-Lodge Arrival**

After breakfast, drive north into Sikkim's high Himalayan landscapes toward Lachung. En route stop at viewpoints and the Seven Sisters Waterfall (Chopta Falls) for family photo breaks. Arrive at an eco-conscious mountain lodge in Lachung in time for an orientation and a nature-themed kids' storytelling session around a warm common area. Altitude increases; rest well and follow guide instructions.

Day

4

### **Yumthang Valley Excursion: Valley of Flowers & Hot Springs**

Full-day excursion to Yumthang Valley (Valley of Flowers)—a gentle nature walk through alpine meadows, supervised yak/pony rides for kids (optional) and a family picnic. Visit the Yumthang Hot Springs for a warm dip (seasonal) and return to the lodge for a hands-on nature scavenger hunt led by the lodge naturalist. Note: Access to Zero Point is weather- and permit-dependent; children under 5 may be advised to limit exposure to cold at higher altitudes.

Day

5

### **Return to Gangtok: Eco-Park & Cultural Evening**

After breakfast, drive back to Gangtok. En route, enjoy scenic photo stops and a brief village walk to meet local artisans. Afternoon visit to Banjhakri Falls & Energy Park — easy trails, interactive exhibits and play areas for kids. Evening includes a family-focused cultural program or puppet show at the lodge. Tip: Carry light rain gear during monsoon months.

Day

6

## Departure: Morning Transfer & Farewell

After a relaxed breakfast, enjoy a short morning nature walk or birdwatching session around the lodge grounds (time permitting). Transfer to Bagdogra Airport / NJP Railway Station for your onward journey. Important: Allow recommended travel time to the airport/railway (4–5 hrs) and check flight/train schedules in advance.

## ? Frequently Asked Questions

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### ? What is the best time to visit Sikkim?

The prime seasons are March–June and October–November. Spring (March–June) offers clear mountain views, blooming rhododendrons, and pleasant weather with temperatures around 15–22°C in Gangtok. This is peak season for trekking and visiting high-altitude lakes. Autumn (October–November) provides crisp, clear skies perfect for photography and mountain views. Winter (December–February) brings snow to high passes like Tsomgo Lake and Nathula, with possible road closures. Monsoon (June–September) sees heavy rainfall and frequent landslides that can disrupt travel on NH-10. For rhododendron blooms, visit Yumthang Valley between late February and mid-June. Each season has its charm, but spring and autumn offer the most reliable weather and accessibility.

### ? How do I reach Sikkim from major Indian cities?

The most reliable route is flying to Bagdogra Airport (IXB) in Siliguri, West Bengal, then driving 4–5 hours to Gangtok via NH-10. Major airlines connect Bagdogra to Delhi, Mumbai, Kolkata, and other cities. By train, New Jalpaiguri (NJP) is the nearest major railhead, about 120km from Gangtok. From NJP/Siliguri, take shared jeeps or hire taxis for the scenic mountain drive through Sevoke, Teesta Bazar, Melli, and Rangpo. Pakyong Airport in Sikkim exists but currently has no scheduled commercial flights as of 2025—always verify before planning. The under-construction Sivok–Rangpo railway may bring rail connectivity to Sikkim by 2027. Road travel during monsoon may face landslide delays.

### ? Do I need special permits to visit Sikkim?

Indian citizens need permits for certain areas: Nathula Pass, Tsomgo Lake, North Sikkim (Lachen/Lachung), and the Old Silk Route. These can be arranged through registered tour operators 24–48 hours in advance. Bring 2 passport photos and valid ID (Voter ID, Passport, or Driving License—Aadhaar often not accepted). Foreign nationals require a Protected Area Permit to enter Sikkim and can only visit designated areas like Tsomgo Lake, Gangtok, Pelling, and Yuksom. Foreigners cannot visit Gurudongmar Lake, Zuluk, or Nathula Pass. Children under 18 need birth certificates. Permits may be suspended during bad weather or security concerns. Always carry multiple ID copies and extra photos.

## ❓ **What are the local transportation options within Sikkim?**

Shared jeeps are the backbone of Sikkim transport, connecting all major towns and tourist spots. They're affordable and frequent on popular routes. Local taxis are available for sightseeing and can be hired for full days. Sikkim Nationalised Transport (SNT) runs intercity buses on main routes, though services are limited compared to jeeps. The Gangtok Ropeway offers scenic city views connecting Deorali to Tashiling. Self-driving is possible but challenging due to mountain roads, weather conditions, and permit requirements—hired vehicles with local drivers are more practical. Most hotels can arrange transportation. For North Sikkim trips, tour operators provide vehicles as individual permits and local knowledge are essential. Book transport in advance during peak seasons.

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## ❓ **Where should I stay in Sikkim and what accommodation options are available?**

Gangtok is the main base with options from budget guesthouses to luxury resorts like MAYFAIR Spa Resort & Casino and heritage properties like The Elgin Nor-Khill. MG Marg area offers convenient access to restaurants and shopping. For West Sikkim, stay in Pelling near Pemayangtse Monastery—The Elgin Mount Pandim offers heritage charm with mountain views. North Sikkim requires overnight stays in Lachen (for Gurudongmar Lake) or Lachung (for Yumthang Valley)—try Apple Orchard Resort or Yarlam Resort. Yuksom offers trekking base camps and eco-lodges. Ravangla and Namchi have emerging hotel scenes. Book well in advance for peak season (March–June). Many properties offer package deals including meals and local sightseeing. Homestays in villages like Dzongu provide authentic cultural experiences.

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## ❓ **What are the must-visit attractions in Sikkim?**

Tsomgo Lake, a sacred glacial lake at 3,753m that freezes in winter, is accessible from Gangtok. Nathula Pass on the Indo-China border offers historical significance (Indians only). Yumthang Valley, the 'Valley of Flowers,' showcases alpine meadows and rhododendrons. Pelling features the Chenrezig Skywalk (India's first glass skywalk) and Pemayangtse Monastery. Rumtek Monastery is Sikkim's largest gumpa with stunning architecture. Khecheopalri Lake is considered wish-fulfilling by locals. Buddha Park in Ravangla houses a 130-ft Buddha statue. Gurudongmar Lake at 5,183m is among the world's highest lakes (Indians only). Khangchendzonga National Park, a UNESCO site, offers incredible biodiversity and trekking. Temi Tea Garden provides organic tea experiences. Each destination offers unique cultural and natural experiences.

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## 🔗 What local food and cuisine should I try in Sikkim?

Sikkim's cuisine blends Nepali, Tibetan (Bhutia), and Lepcha influences. Must-try dishes include momos (steamed dumplings), thukpa (noodle soup), and sha phaley (Tibetan meat pasties). Try phagshapa (pork with radish and dried chilies), gundruk soup (fermented leafy greens), and kinema curry (fermented soybeans). Ningro with churpi (fiddlehead ferns with local cheese) represents indigenous flavors. Sel roti is a traditional ring-shaped bread. Tongba, a warm millet-based alcoholic beverage, is perfect for cold evenings. Don't miss Temi tea, grown in Sikkim's only tea estate. Visit Taste of Tibet on MG Marg for authentic momos, 9INE Native Cuisine for traditional Sikkimese plates, and local markets for fresh churpi cheese and organic produce.

## ★ Traveller Reviews



**Vivek Tiwari**

★★★★★ 5/5

### One of the Best Trips Ever

I can say this was one of the best trips ever. The diverse landscape of Sikkim was incredible!



**Meenal Joshi**

★★★★☆ 4/5

### A Colorful Cultural Tour

Sikkim offers a colorful cultural experience. Glad we opted for this tour, our lives are richer for it!



**Prakash Oza**

★★★★★ 5/5

### Discovering Nature's Bounty

This tour was a wonderful discovery of nature's bounty in Sikkim. Unforgettable trips to lakes and mountains!



**Kiran Gill**

★★★★★ 5/5

### **A Suitable Escape for Everyone**

Whether you seek adventure or relaxation, Sikkim has it all. Our tour was filled with both!



**Deepak Agarwal**

★★★★☆ 4/5

### **Amazing Weather & Scenery**

The weather was perfect during our visit to Sikkim, enhancing the beautiful scenery. The whole tour was very enjoyable!

## **⚡ Why Choose TourGrids?**

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