

Sikkim Adventure Challenge: Multi-Day Trek & High-Altitude Camps

Prepared by TourGrids



Destination
Sikkim



Duration
6 Nights 7 Days



Starting from
Rs. 29,600 / person

ITINERARY ROUTE

↙ **Gangtok · 2N**

↙ **Lachen · 1N**

↙ **Thangu / Gurudongmar High Camp · 1N**

↙ **Lachung · 1N**

↙ **Yumthang High Camp · 1N**

<https://tourgrids.com/packages/sikkim/sikkim-6-nights-7-days-package-1149>

📌 Overview

Sikkim Adventure Challenge: Multi-Day Trek & High-Altitude Camps is a 6 nights / 7 days Sikkim tour package designed for avid trekkers and adventure seekers. This Sikkim Adventure tour package combines scenic drives, high-altitude lakes, alpine meadows, and multi-day trekking with overnight high-altitude camp experiences. Ideal for travelers looking for a true Himalayan challenge, this Sikkim Adventure package covers Gangtok, Lachen, Thangu / Gurudongmar, Lachung, and Yumthang Valley with expert guides, porters, and acclimatization days built in.

Highlights:

- High-altitude trek & camp at Thangu / Gurudongmar
- Yumthang Valley and optional Zero Point trek
- Gurudongmar Lake excursion (one of the highest lakes in India)
- Scenic drive through Chungthang, Seven Sisters Waterfall, and North Sikkim landscapes
- Overnight high-altitude camping experiences with acclimatization support

Note: This itinerary is high-altitude and physically demanding. Prior fitness training and proper acclimatization are essential.

✓ What's Included

- ✓ Inclusions:
- ✓ Accommodation for 6 nights as per itinerary (hotels/guesthouses & high-altitude camping nights)
- ✓ All transfers and scenic drives in a comfortable vehicle
- ✓ Experienced trek leader, local guides, porters for trek segments
- ✓ Meals as specified (breakfast, some lunches & dinners during trek/camp days)
- ✓ Permits for North Sikkim (Lachen / Lachung / Yumthang) and entry fees
- ✓ Basic high-altitude camping gear (tents, sleeping bags, shared facilities) where camp nights are specified
- ✓ First-aid kit, emergency oxygen, and basic altitude support
- ✓ Necessary taxes and service charges

✗ Not Included

- ✗ Exclusions:
- ✗ Airfare / train fare to Bagdogra/NJP
- ✗ Personal insurance (high-altitude medical & evacuation insurance recommended)
- ✗ Personal clothing or specialized gear (down jackets, trekking boots – can be rented)
- ✗ Meals not specified in itinerary and any alcoholic beverages
- ✗ Tips for guides, porters, drivers (appreciated)
- ✗ Camera fees at certain attractions, telephone calls, and personal expenses
- ✗ Any medical expenses or evacuation charges beyond included basic support

Day-by-Day Itinerary

Day

1

Arrival, Transfer & Acclimatization in Gangtok

Arrive at Bagdogra / NJP railway station / Siliguri and transfer to Gangtok (4–5 hours). Check into the hotel and rest. Short, gentle stroll around MG Marg in the evening. Pre-trip briefing with your trek leader and kit check. Keep hydrated and avoid strenuous activity to aid acclimatization.

Day

2

Drive to Lachen via Chungthang — Scenic Stops & Preparations

Early morning drive to Lachen (approx. 6–7 hours) through beautiful valleys. En route visit Chungthang, Seven Sisters Waterfall, and stop for photo breaks overlooking the Teesta River. Reach Lachen, check-in, and short orientation about high-altitude camping. Rest early to prepare for the next day's early excursion.

Day

3

Gurudongmar Lake Excursion & High-Altitude Camp Experience

Start very early (pre-dawn) for the drive to Gurudongmar Lake (17,800 ft) with stop at Thangu for acclimatization. Spend time at the shimmering Gurudongmar Lake, absorb the surreal high-altitude landscape and take photos. On selected departures enjoy an overnight high-altitude camp near Thangu / Gurudongmar to experience Himalayan night skies (subject to permits and weather). Acute mountain sickness precautions and oxygen support included.

Day

4

Transfer to Lachung — Village Walk & Cultural Interaction

Descend and drive to Lachung after breakfast. En route admire waterfalls and pine-clad slopes. Check into the guesthouse in Lachung and take a leisurely village walk to interact with local communities. Evening briefing for the Yumthang trek/Zero Point. Carry warm layers and rain protection — mountain weather is unpredictable.

Day

5

Yumthang Valley & Optional Zero Point Trek with Overnight Camp

Explore Yumthang Valley (the 'Valley of Flowers') — walk among rhododendron forests (seasonal), hot springs, and alpine meadows. For adventure seekers, undertake the trek to Zero Point (additional permit & guide required) for snowfields and vast panoramas; return to Yumthang for an overnight camping experience or a comfortable guesthouse stay depending on conditions. Zero Point is at higher altitude; proceed only if well-acclimatized.

Day

6

Return to Gangtok — Relaxation & Optional Local Sightseeing

Drive back to Gangtok with scenic stops en route. Check into the hotel and relax. Optional short visits to Enchey Monastery or local markets depending on time. Final group dinner with your trekking crew to celebrate the challenge completed. Hydrate well and rest — travel day can be long.

Day

7

Departure from Gangtok

After breakfast, transfer to Bagdogra / NJP / Siliguri for your onward journey. End of the Sikkim Adventure Challenge. Check your belongings and ensure all permits and certificates (if any) are collected.

? Frequently Asked Questions

? What is the best time to visit Sikkim?

The prime seasons are March–June and October–November. Spring (March–June) offers clear mountain views, blooming rhododendrons, and pleasant weather with temperatures around 15–22°C in Gangtok. This is peak season for trekking and visiting high-altitude lakes. Autumn (October–November) provides crisp, clear skies perfect for photography and mountain views. Winter (December–February) brings snow to high passes like Tsomgo Lake and Nathula, with possible road closures. Monsoon (June–September) sees heavy rainfall and frequent landslides that can disrupt travel on NH-10. For rhododendron blooms, visit Yumthang Valley between late February and mid-June. Each season has its charm, but spring and autumn offer the most reliable weather and accessibility.

? How do I reach Sikkim from major Indian cities?

The most reliable route is flying to Bagdogra Airport (IXB) in Siliguri, West Bengal, then driving 4–5 hours to Gangtok via NH-10. Major airlines connect Bagdogra to Delhi, Mumbai, Kolkata, and other cities. By train, New Jalpaiguri (NJP) is the nearest major railhead, about 120km from Gangtok. From NJP/Siliguri, take shared jeeps or hire taxis for the scenic mountain drive through Sevoke, Teesta Bazar, Melli, and Rangpo. Pakyong Airport in Sikkim exists but currently has no scheduled commercial flights as of 2025—always verify before planning. The under-construction Sivok–Rangpo railway may bring rail connectivity to Sikkim by 2027. Road travel during monsoon may face landslide delays.

? Do I need special permits to visit Sikkim?

Indian citizens need permits for certain areas: Nathula Pass, Tsomgo Lake, North Sikkim (Lachen/Lachung), and the Old Silk Route. These can be arranged through registered tour operators 24–48 hours in advance. Bring 2 passport photos and valid ID (Voter ID, Passport, or Driving License—Aadhaar often not accepted). Foreign nationals require a Protected Area Permit to enter Sikkim and can only visit designated areas like Tsomgo Lake, Gangtok, Pelling, and Yuksom. Foreigners cannot visit Gurudongmar Lake, Zuluk, or Nathula Pass. Children under 18 need birth certificates. Permits may be suspended during bad weather or security concerns. Always carry multiple ID copies and extra photos.

❓ **What are the local transportation options within Sikkim?**

Shared jeeps are the backbone of Sikkim transport, connecting all major towns and tourist spots. They're affordable and frequent on popular routes. Local taxis are available for sightseeing and can be hired for full days. Sikkim Nationalised Transport (SNT) runs intercity buses on main routes, though services are limited compared to jeeps. The Gangtok Ropeway offers scenic city views connecting Deorali to Tashiling. Self-driving is possible but challenging due to mountain roads, weather conditions, and permit requirements—hired vehicles with local drivers are more practical. Most hotels can arrange transportation. For North Sikkim trips, tour operators provide vehicles as individual permits and local knowledge are essential. Book transport in advance during peak seasons.

❓ **Where should I stay in Sikkim and what accommodation options are available?**

Gangtok is the main base with options from budget guesthouses to luxury resorts like MAYFAIR Spa Resort & Casino and heritage properties like The Elgin Nor-Khill. MG Marg area offers convenient access to restaurants and shopping. For West Sikkim, stay in Pelling near Pemayangtse Monastery—The Elgin Mount Pandim offers heritage charm with mountain views. North Sikkim requires overnight stays in Lachen (for Gurudongmar Lake) or Lachung (for Yumthang Valley)—try Apple Orchard Resort or Yarlam Resort. Yuksom offers trekking base camps and eco-lodges. Ravangla and Namchi have emerging hotel scenes. Book well in advance for peak season (March–June). Many properties offer package deals including meals and local sightseeing. Homestays in villages like Dzongu provide authentic cultural experiences.

❓ **What are the must-visit attractions in Sikkim?**

Tsomgo Lake, a sacred glacial lake at 3,753m that freezes in winter, is accessible from Gangtok. Nathula Pass on the Indo–China border offers historical significance (Indians only). Yumthang Valley, the 'Valley of Flowers,' showcases alpine meadows and rhododendrons. Pelling features the Chenrezig Skywalk (India's first glass skywalk) and Pemayangtse Monastery. Rumtek Monastery is Sikkim's largest gumpa with stunning architecture. Khecheopalri Lake is considered wish-fulfilling by locals. Buddha Park in Ravangla houses a 130-ft Buddha statue. Gurudongmar Lake at 5,183m is among the world's highest lakes (Indians only). Khangchendzonga National Park, a UNESCO site, offers incredible biodiversity and trekking. Temi Tea Garden provides organic tea experiences. Each destination offers unique cultural and natural experiences.

🔗 What local food and cuisine should I try in Sikkim?

Sikkim's cuisine blends Nepali, Tibetan (Bhutia), and Lepcha influences. Must-try dishes include momos (steamed dumplings), thukpa (noodle soup), and sha phaley (Tibetan meat pasties). Try phagshapa (pork with radish and dried chilies), gundruk soup (fermented leafy greens), and kinema curry (fermented soybeans). Ningro with churpi (fiddlehead ferns with local cheese) represents indigenous flavors. Sel roti is a traditional ring-shaped bread. Tongba, a warm millet-based alcoholic beverage, is perfect for cold evenings. Don't miss Temi tea, grown in Sikkim's only tea estate. Visit Taste of Tibet on MG Marg for authentic momos, 9INE Native Cuisine for traditional Sikkimese plates, and local markets for fresh churpi cheese and organic produce.

★ Traveller Reviews



Vivek Tiwari

★★★★★ 5/5

One of the Best Trips Ever

I can say this was one of the best trips ever. The diverse landscape of Sikkim was incredible!



Meenal Joshi

★★★★☆ 4/5

A Colorful Cultural Tour

Sikkim offers a colorful cultural experience. Glad we opted for this tour, our lives are richer for it!



Prakash Oza

★★★★★ 5/5

Discovering Nature's Bounty

This tour was a wonderful discovery of nature's bounty in Sikkim. Unforgettable trips to lakes and mountains!



Kiran Gill

★★★★★ 5/5

A Suitable Escape for Everyone

Whether you seek adventure or relaxation, Sikkim has it all. Our tour was filled with both!



Deepak Agarwal

★★★★☆ 4/5

Amazing Weather & Scenery

The weather was perfect during our visit to Sikkim, enhancing the beautiful scenery. The whole tour was very enjoyable!

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