

# Sarawak Wild: Kuching, Bako National Park & Semenggoh

Prepared by TourGrids



Destination  
**Malaysia**



Duration  
**5 Nights 6 Days**



Starting from  
**Rs. 79,500 / person**

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## ITINERARY ROUTE

↗ Kuching · 4N

↗ Bako National Park · 1N

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## Overview

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Sarawak offers Borneo's most accessible wildlife circuit, with Kuching as a comfortable riverfront base. The trip centres on three protected areas: Bako National Park, where proboscis monkeys, silvered langurs, bearded pigs and long-tailed macaques are seen along coastal trails, reached by a boat ride past sandstone sea stacks; Semenggoh Wildlife Centre, where rehabilitated orangutans arrive at feeding platforms at 9 am and 3 pm; and Matang Wildlife Centre, home to rescued sun bears, crocodiles and hornbills.

One night is spent inside Bako in park-run chalets so you can join a night walk for flying lemurs, tarsiers and pit vipers. The route adds Kubah National Park for its frog pond, Sarawak's famous cave system at Wind Cave with its bat colony, and Kuching city itself with its cat statues, Chinatown and Sarawak laksa. March to September is the drier stretch; expect 27 to 32 degrees and high humidity year round.

### ✓ **What's Included**

- ✓ 5 nights accommodation: 4 nights Kuching hotel, 1 night Bako National Park chalet
- ✓ Daily breakfast, 3 lunches and 2 dinners
- ✓ Kuching airport transfers and all sightseeing in air-conditioned vehicle
- ✓ Bako National Park boat transfers, park permits and guided trail walk
- ✓ Semenggoh Wildlife Centre orangutan feeding session
- ✓ Matang Wildlife Centre and Kubah National Park visits
- ✓ Wind Cave and Fairy Cave excursion
- ✓ Sarawak River evening cruise
- ✓ Guided night walk at Bako
- ✓ English-speaking naturalist guide on all wildlife excursions

### ✗ **Not Included**

- ✗ International and domestic flights to and from Kuching
- ✗ Visa/eNTRI fees and travel insurance
- ✗ Camera permits at parks and wildlife centres
- ✗ Meals not mentioned, beverages, laundry
- ✗ Optional Mulu Caves or Batang Ai extension
- ✗ Personal expenses and tips
- ✗ Anything not listed under inclusions

## Day-by-Day Itinerary

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Day

1

### **Arrive Kuching & Sarawak River Evening**

Arrive at Kuching International Airport and transfer to your hotel on the waterfront. After a rest, walk the Kuching Waterfront promenade, cross the Darul Hana Bridge for views of the Astana and the State Legislative Assembly, and browse Main Bazaar for Iban weaving and pua kumbu. In the evening take a Sarawak River cruise with commentary on Malay kampung houses along the banks. Dinner at a Padungan Road restaurant, where Sarawak laksa and kolo mee are the local staples and Indian options are available nearby.

Day

2

### **Semenggoh Orangutans, Wind Cave & Fairy Cave**

Leave early for Semenggoh Wildlife Centre, 24 km south of Kuching, for the 9 am feeding. Semi-wild orangutans, including large flanged males, come in from the reserve to the platforms, though sightings drop during the wild fruiting season. Continue to Bau district for the Wind Cave Nature Reserve, where boardwalks pass through chambers occupied by bats and swiftlets, and the towering Fairy Cave with its limestone formations. Return to Kuching in the late afternoon and spend the evening at Carpenter Street's Chinese temples and street food stalls.

Day

3

### **Boat to Bako National Park & Night Walk**

Drive 40 minutes to Bako Bazaar and board a small boat to Telok Assam beach, watching for proboscis monkeys in the mangroves on approach. Check in to a park chalet and hike the Telok Paku or Telok Pandan Kecil trail through kerangas heath forest to sandstone cliffs and pitcher plants. Proboscis monkeys, silvered langurs, bearded pigs and monitor lizards are commonly seen near the headquarters. After dinner at the park canteen, join a guided night walk to look for flying lemurs, tarsiers, tree frogs and Wagler's pit vipers.

Day

4

### **Bako Morning Trails, Return to Kuching**

Wake early for the quietest wildlife hours on the Lintang loop trail, where bearded pigs forage near the beach and macaques move through the canopy. After breakfast take the boat back to Bako Bazaar, timed with the tide, and return to Kuching. Afternoon at the Sarawak Cultural Village at the foot of Mount Santubong, with reconstructed Iban longhouses, Bidayuh roundhouses and a Melanau tall house, followed by a cultural performance. Return to your Kuching hotel for the evening.

Day

5

## Matang Wildlife Centre & Kubah National Park

Drive 35 km to Matang Wildlife Centre, part of Kubah National Park, where rescued orangutans, sun bears, sambar deer, crocodiles and hornbills are housed in large enclosures within the rainforest. Walk a short jungle trail towards the waterfall. Continue into Kubah National Park, known for its palm diversity and the Frog Pond trail, one of the best places in Sarawak to see and hear multiple frog species. Return to Kuching by evening, with time for a foot reflexology session and shopping at Plaza Merdeka.

Day

6

## Kuching Departure

After breakfast, visit the Borneo Cultures Museum for its natural history and Sarawak's ethnographic collections, or pick up layered kek lapis Sarawak cakes and Sarawak black pepper as gifts. Transfer to Kuching International Airport for the onward flight. Travellers extending can add a flight to Mulu for the caves and the evening bat exodus at Deer Cave.

## ? Frequently Asked Questions

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### ? What is the best time to visit Malaysia from India?

December to February is the most reliable window, with drier weather in Kuala Lumpur, Penang and Langkawi and daytime temperatures around 31–33°C. March to May stays warm and works well if you want lower crowds. The west coast (Langkawi, Penang) gets heavy rain from September to early November, while the east coast islands like Perhentian and Redang shut down roughly from November to February during the northeast monsoon. If you are heading to Borneo for Sabah's diving or Mount Kinabalu, aim for March to September. Chinese New Year (January or February) and Hari Raya bring festive energy but also higher hotel rates and packed transport.

### ? How much does a Malaysia trip cost from India per person?

A 6-night Malaysia package from India typically costs Rs 65,000 to Rs 95,000 per person on twin sharing, covering return flights, 3–4 star hotels, airport transfers, breakfast and key sightseeing. Budget travellers doing it independently can manage Rs 45,000 to Rs 55,000 by booking AirAsia or Batik Air fares early and staying in Bukit Bintang budget hotels. Mid-range daily spend runs about Rs 3,500–5,000 covering meals, Grab rides and entry tickets. Genting cable car, Petronas Twin Towers observation deck and Langkawi Sky Bridge each cost roughly Rs 700–1,900. Luxury island resorts in Langkawi push the total past Rs 1.5 lakh per person.

## **? Do Indians need a visa for Malaysia?**

Indian passport holders currently enjoy visa-free entry to Malaysia for stays up to 30 days, a facility Malaysia extended for Indian and Chinese nationals from December 2023. You must complete the Malaysia Digital Arrival Card (MDAC) online within three days before arrival, which is free. Carry proof of return or onward ticket, confirmed hotel bookings and sufficient funds, as immigration officers do check these. Your passport should have at least six months validity. Policy extensions are announced periodically, so verify the current status on the Immigration Department of Malaysia website or with your tour operator before booking non-refundable flights.

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## **? How do I reach Malaysia from India?**

Direct flights to Kuala Lumpur International Airport operate from Delhi, Mumbai, Chennai, Bengaluru, Hyderabad, Kochi, Thiruvananthapuram, Kolkata and Ahmedabad on Malaysia Airlines, AirAsia X, Batik Air Malaysia, IndiGo and Air India Express. Flying time is around 4 hours 30 minutes from Chennai and Bengaluru, and about 5 hours 30 minutes from Delhi. Return fares usually sit between Rs 18,000 and Rs 32,000 depending on season. Penang has direct connections from Chennai on some carriers. For Langkawi, Kota Kinabalu or Kuching, take a domestic hop from KLIA, which takes an hour or so and costs Rs 3,000–6,000 when booked in advance.

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## **? How many days are enough for a Malaysia trip?**

Six to seven nights suits most first-time Indian travellers. A practical split is three nights in Kuala Lumpur covering Petronas Twin Towers, Batu Caves, Merdeka Square and a day trip to Genting Highlands or Putrajaya, followed by three nights in Langkawi for the cable car, island hopping and beaches. If you prefer heritage and food, swap Langkawi for Penang and spend two nights exploring George Town, Kek Lok Si and Penang Hill. Adding Malacca needs one extra night. Sabah or Sarawak for orangutans and diving deserves a separate four-night extension. Anything under five nights leaves you rushing between airports rather than enjoying the destinations.

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## **? Is Malaysia safe for Indian tourists and solo travellers?**

Malaysia is among the safer Southeast Asian destinations for Indian travellers, including women and solo visitors. Violent crime against tourists is uncommon; the practical risks are pickpocketing and bag snatching in crowded areas like Petaling Street, Bukit Bintang and Chow Kit, and occasional taxi overcharging, which you avoid by using the Grab app. Malaysia has strict drug laws with severe penalties, so never carry parcels for anyone. Dress modestly when visiting mosques and in conservative states like Kelantan and Terengganu. Tap water is treated but stick to bottled water. Save the tourist police number 03-2149 6590 and keep digital copies of your passport and MDAC confirmation.

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## ❓ Is vegetarian and Indian food easily available in Malaysia?

Yes, easily. Malaysia has a large Indian-origin population, and Kuala Lumpur's Brickfields (Little India) is packed with South Indian vegetarian restaurants serving banana leaf meals, dosa and thali for Rs 250–500. Jalan Masjid India and Bangsar have more options, including Gujarati and North Indian places. Penang's Little India in George Town and Ipoh also serve familiar food. Halal certification is widespread, so Muslim travellers from India have no difficulty. Do try local vegetarian-friendly dishes like roti canai with dal, nasi lemak (ask without anchovies), cendol and Nyonya kuih. In Langkawi and island resorts, Indian food is limited, so inform your hotel about dietary needs at booking.

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