

Rupin Pass Trek Intro 6 Nights: Waterfalls & Alpine Meadows

Prepared by TourGrids

Destination
Himachal

Duration
6 Nights 7 Days

Starting from
Rs. 30,800 / person

ITINERARY ROUTE

↗ Sangla · 1N

↗ Rupin Base Camp · 1N

↗ Rupin Alpine Camp · 1N

↗ High Camp · 1N

↗ Sangla · 1N

↗ Shimla / Drop-off city · 1N

Overview

Rupin Pass Trek Intro 6 Nights: Waterfalls & Alpine Meadows

Experience an unforgettable Himachal adventure with this 6 nights / 7 days Rupin Pass Trek Intro – crafted for nature lovers and first-time trekkers. This Himachal tour package blends scenic drives, valley villages, cascading Rupin Waterfall, alpine meadows, and panoramic high-altitude views. Ideal as a Himachal Adventure tour package or a compact Himachal Adventure package, the itinerary balances short day-treks and comfortable village stays to introduce you to the Rupin corridor without committing to a full technical crossing.

Highlights:

- Rupin Waterfall – spectacular multi-tier waterfall and photo stop
- Baspa Valley (Sangla & Chitkul) – quaint villages and Baspa river views
- Alpine meadows & wildflower slopes – high camp panoramas
- Short guided treks – perfect for beginners and acclimatization
- Local culture & mountain cuisine in village homestays

This 6 and 7 Himachal Adventure tour package is designed for moderate fitness; no prior high-altitude trekking experience required. A flexible transport pickup point (Shimla or Chandigarh) is available on request.

✓ **What's Included**

- ✓ Accommodation: 6 nights (homestays/guesthouses & campsite nights as per itinerary)
- ✓ Meals: Breakfast, lunch and dinner during trek days; breakfast and dinner on village-stay days
- ✓ Transfers: Pickup and drop-off from Shimla/Chandigarh (as selected)
- ✓ Guides & Crew: Experienced trek leader, local guides, cooks and porters for campsite days
- ✓ Permits: Required local permits for the Rupin corridor (if applicable)
- ✓ Equipment: Basic camping gear (sleeping bags, mats, shared tents) for camping nights
- ✓ Safety: First aid kit and route briefing; emergency evacuation arrangement
- ✓ All inclusions are designed to make this a beginner-friendly Himachal Adventure tour package.

✗ **Not Included**

- ✗ Travel to/from Shimla or Chandigarh (international/domestic flights, trains)
- ✗ Personal trekking gear: hiking boots, daypack, warm clothing, personal items
- ✗ Travel insurance (mandatory for all participants; includes emergency evacuation)
- ✗ Optional activities and personal expenses (hot showers, phone recharge, souvenirs)
- ✗ Tips for guides & crew and any additional taxes or government fees not mentioned
- ✗ Note: Single-room supplements, extra nights, and customized transfer timings are available on request.

Day-by-Day Itinerary

Day

1

Arrival, Drive to Sangla & Orientation

Pick-up from Shimla or Chandigarh (pre-arranged) and a scenic drive to the Baspa Valley: Sangla. En route enjoy views of terraced fields, river bends and mountain silhouettes. On arrival check into a guesthouse or homestay. Afternoon orientation with trek leader, gear check and short walk in the village to visit the local market and Baspa riverbank.

Important: Drink plenty of water and rest — this day is kept relaxed to help acclimatize.

Day

2

Acclimatization Short Hike to Chitkul & Villages

A gentle day to acclimatize. After breakfast, take a 2–3 hour guided hike to Chitkul (the last inhabited village near the Indo-Tibetan border) or explore nearby meadows and apple orchards. Return to Sangla in the afternoon. Evening cultural walk with local host — learn about village life and Himachali cuisine.

Day

3

Drive to Trailhead & Trek to Rupin Base Camp

Early morning drive to the designated trailhead (approx. 1–2 hrs). Begin the trek following the river and crossing quaint wooden bridges. The trail passes cascading streams and small waterfalls, culminating at Rupin Base Camp. Camp setup and short sightseeing to the nearby water channels.

Distance/Time: Moderate 4–6 km trekking (3–5 hours) — suitable for beginners with breaks.

Day

4

Explore Rupin Waterfall & Trek to Alpine Camp

A day of spectacular scenery. Hike to the iconic Rupin Waterfall — one of the route's highlights — and continue upward across meadows and moraine slopes to reach the Rupin Alpine Camp. Sunset over the meadows offers excellent photo opportunities and panoramic mountain views.

Tip: Carry a light rain shell and camera; the waterfall mist can be heavy at close range.

Day

5

High Camp Excursion & Meadow Walks

Today focus on high-altitude meadows and ridge walks near the approach to Rupin Pass. Gentle climbs to viewpoints for sweeping vistas of surrounding peaks and valleys. Time to savor alpine flora, practice short scrambles, and understand snow/drift features if present (season dependent). Night at High Camp below the pass.

Day

6

Descent to Sangla – Village Refresh

Begin descent back down toward the trailhead and transfer to Sangla. Relax at the guesthouse or homestay, enjoy a warm shower and local meals. Optional evening walk to Baspa river to reflect on the trek and take last photos of terraced valleys.

Day

7

Departure / Drive Back to Shimla or Drop-off City

After breakfast, check out and drive back to Shimla or your chosen drop-off city (Chandigarh/Delhi transfer on request). End of the Rupin Pass Trek Intro 6 Nights package. Guests departing later can request additional nights in Shimla or an extended Himachal Adventure tour package.

Note: Travel times vary by pick-up/drop-off location; plan buffer time for onward flights/trains.

🔍 Frequently Asked Questions

🔍 What are the top tourist destinations in Himachal Pradesh?

Top tourist destinations in Himachal Pradesh include Shimla, known for its colonial architecture; Manali, a hub for adventure sports; Dharamshala, home to the Dalai Lama; and Kasol, famous for its picturesque landscapes. Don't miss the stunning landscapes of Spiti Valley and the tranquility of Dalhousie!

🔍 What is the best time to visit Himachal for tourism?

The best time to visit Himachal Pradesh for tourism is from March to June and September to November. During these months, the weather is pleasant, ideal for exploring scenic landscapes, temples, and adventure activities. Summer offers a respite from the heat, while autumn showcases stunning foliage.

🔍 What are some adventure activities available in Himachal Pradesh?

Himachal Pradesh offers a plethora of adventure activities for thrill-seekers. You can indulge in trekking, paragliding in Bir Billing, river rafting in Kullu, skiing in Manali, mountain biking, rock climbing, and camping amidst stunning landscapes. Explore the breathtaking trails and experience the ultimate adrenaline rush!

❓ How to reach Himachal Pradesh from major cities in India?

Himachal Pradesh is well-connected by road, rail, and air. From Delhi, take a bus or hire a taxi for a scenic drive (about 10-12 hours). The nearest airport is in Bhuntar (Kullu) with flights from Delhi. By train, you can reach Joginder Nagar or Pathankot, followed by a road trip to popular destinations.

❓ Are there any travel restrictions in Himachal Pradesh due to COVID-19?

As of October 2023, Himachal Pradesh has relaxed most COVID-19 travel restrictions. However, it's advisable to check for any specific guidelines or requirements before traveling, such as health protocols or mask mandates in crowded places. Enjoy the scenic beauty and adventure activities safely!

❓ What are the best trekking routes in Himachal?

Himachal Pradesh offers stunning trekking routes like Triund Trek, Hampta Pass, and Kinnaur Kailash Trek. Explore the picturesque landscapes, lush green valleys, and breathtaking views. Other popular options include Beas Kund and the Great Himalayan National Park trails, catering to both beginners and experienced trekkers.

❓ What cultural experiences can visitors have in Himachal Pradesh?

Visitors to Himachal Pradesh can immerse themselves in vibrant local culture through traditional festivals like Kullu Dussehra, explore ancient temples, and participate in folk dances. The region offers authentic Himachali cuisine, handicraft shopping, and opportunities to interact with local communities, enhancing the travel experience.

★ Traveller Reviews



Nidhi Mehta

★★★★★ 5/5

A Journey to Remember

This tour was truly a journey to remember, filled with laughter, beautiful landscapes, and countless memories. Thank you, Himachal!



Pankaj Singh

★★★★★ 5/5

Historical Wonders

Loved exploring the historical wonders of Himachal. Each site had a story to tell and added to our adventure.



Nishant Kohli

★★★★☆ 4/5

Peaceful Lakes

Visiting the beautiful lakes in Himachal was a highlight. Kayaking in the tranquil waters was an experience like no other.



Seema Joshi

★★★★★ 5/5

Delicious Local Cuisine

The local food was delicious! Each meal was a delightful experience, showcasing Himachal's rich culinary heritage.



Deepak Yadav

★★★★★ 5/5

Adorable Hill Stations

Each hill station we visited had its unique charm. The ride through the hills was exhilarating! Loved every minute of it.

⚡ Why Choose TourGrids?

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