

Adventure Packed Kullu 4 Nights: River Sports & Mountain Hikes

Prepared by TourGrids



Destination
Himachal



Duration
4 Nights 5 Days



Starting from
Rs. 13,450 / person

ITINERARY ROUTE

↩ Kullu · 2N

↩ Manali / Solang Valley · 2N

Overview

Experience the best of an Himachal tour package with this active, adrenaline-fueled Himachal Adventure tour package designed for thrill-seekers and nature lovers. Over 4 nights and 5 days you'll base yourself in the scenic Kullu Valley and nearby Manali/Solang, enjoying white-water rafting, valley hikes, and mountain-side adventure sports. This itinerary is ideal for travelers looking for a compact yet action-packed Himachal Adventure package and fits perfectly in the popular category of 4 and 5 Himachal Adventure tour package offerings.

Highlights:

- White-water rafting on the Beas River
- Adventure activities in Solang Valley (zipline, ATV, gondola)
- Guided mountain hikes to scenic viewpoints and falls
- Explore Kullu's local markets & cultural spots
- Comfortable base in Kullu and Manali with local transfers

Tip: Best time for river sports is April to June and September to October. Carry layered clothing and comfortable trekking shoes.

✓ **What's Included**

- ✓ 4 nights accommodation in well-located hotels/guesthouses (twin/double sharing)
- ✓ Daily breakfast (4) and 2 set lunches (rafting day + riverside picnic)
- ✓ Return transfers from Bhuntar airport or local pickup point
- ✓ White-water rafting session with certified guides, safety gear and picnic
- ✓ One included adventure activity in Solang (paragliding/zipline/ATV/gondola) - activity choice subject to availability
- ✓ Guided nature walk and local guide services
- ✓ Transfers between Kullu, Manali and activity sites
- ✓ All applicable taxes and permits
- ✓ First-aid kit and basic emergency support

✗ **Not Included**

- ✗ Airfare / Train fare to Himachal (Bhuntar/Delhi/Chandigarh)
- ✗ Travel insurance and emergency evacuation
- ✗ Meals not specified in inclusions (dinner & extra lunches)
- ✗ Personal expenses, gratuities, and phone calls
- ✗ Government or park entry fees if required (unless specified)
- ✗ Optional activities not mentioned as included; any surcharge for high season
- ✗ GST or service charges levied by hotels/transport (if not included)

Day-by-Day Itinerary

Day

1

Arrival & Transfer to Kullu — Orientation and River Briefing

Arrive at Bhuntar (Kullu-Manali) airport or reach Kullu by road. Meet your driver and transfer to your hotel in Kullu. Check-in, freshen up and attend a short safety briefing about river sports and trekking plans. Evening at leisure to explore Kullu Bazaar — famous for shawls, local handicrafts and street snacks. Night stay in Kullu.

Important: Arrivals before 3 PM recommended to participate in planned activities the next day.

Covered activities: hotel check-in, local orientation, safety briefing.

Day

2

Beas River White-water Rafting & Riverside Picnic

After breakfast drive to the rafting launch site on the Beas River. Enjoy an adrenaline-charged white-water rafting stretch suited for intermediate beginners (grade II–III rapids) under experienced instructors. Post-rafting relax with a riverside picnic and enjoy photo stops along the valley.

Late afternoon return to Kullu for a relaxed evening. Option to visit local cafés or take a short stroll along the river.

Note: Rafting is weather-dependent; a safety vest and helmet are mandatory and provided.

Covered activities: rafting session, safety gear, riverside picnic, transfers.

Day

3

Solang Valley Adventure Sports & Short Mountain Hike

Transfer to Solang Valley (near Manali) after breakfast for a full day of high-altitude adventure. Choose from paragliding, zipline, ATV rides, or take the gondola to higher viewpoints. In the afternoon enjoy a guided short hike to a Solang viewpoint for panoramic views of snow-capped peaks and the Beas valley.

Return to Manali/Kullu accommodation in the evening. Carry sunscreen and a light windproof jacket.

Covered activities: adventure activity of choice (one included), gondola/ride, guided short hike.

Day

4

Nature Walk in Great Himalayan Foothills & Local Culture

Head out for a guided nature walk in the lower reaches of the Great Himalayan National Park buffer areas or a selected valley trail near Naggar / Raison (based on group preference). Learn about local flora & fauna, enjoy birdwatching, and stop at scenic viewpoints for photography. Afternoon visit to Vashisht Temple & Hot Springs (Manali) or explore Naggar Castle for cultural and historical context.

Evening: riverside BBQ or optional local cultural evening with Himachali folk music.

Tip: Keep hydrated and follow the guide's instructions on trail safety.

Covered activities: guided nature walk, cultural stopovers, evening leisure activity.

Day

5

Departure – Leisure Morning & Transfer to Bhuntar/Chandigarh

Enjoy a relaxed breakfast and a free morning to shop or take short strolls. Check out and transfer to Bhuntar airport or onward to Chandigarh/Delhi by road. En route photo stops of the Kullu Valley and final views of the Himalayas.

Departure note: Depending on your onward travel schedule, you can extend your stay or add extra adventure modules like a multi-day trek or camping (on request).

Covered activities: hotel check-out, transfer to departure point, farewell.

🔍 Frequently Asked Questions

🔍 What are the top tourist destinations in Himachal Pradesh?

Top tourist destinations in Himachal Pradesh include Shimla, known for its colonial architecture; Manali, a hub for adventure sports; Dharamshala, home to the Dalai Lama; and Kasol, famous for its picturesque landscapes. Don't miss the stunning landscapes of Spiti Valley and the tranquility of Dalhousie!

🔍 What is the best time to visit Himachal for tourism?

The best time to visit Himachal Pradesh for tourism is from March to June and September to November. During these months, the weather is pleasant, ideal for exploring scenic landscapes, temples, and adventure activities. Summer offers a respite from the heat, while autumn showcases stunning foliage.

❓ **What are some adventure activities available in Himachal Pradesh?**

Himachal Pradesh offers a plethora of adventure activities for thrill-seekers. You can indulge in trekking, paragliding in Bir Billing, river rafting in Kullu, skiing in Manali, mountain biking, rock climbing, and camping amidst stunning landscapes. Explore the breathtaking trails and experience the ultimate adrenaline rush!

❓ **How to reach Himachal Pradesh from major cities in India?**

Himachal Pradesh is well-connected by road, rail, and air. From Delhi, take a bus or hire a taxi for a scenic drive (about 10-12 hours). The nearest airport is in Bhuntar (Kullu) with flights from Delhi. By train, you can reach Joginder Nagar or Pathankot, followed by a road trip to popular destinations.

❓ **Are there any travel restrictions in Himachal Pradesh due to COVID-19?**

As of October 2023, Himachal Pradesh has relaxed most COVID-19 travel restrictions. However, it's advisable to check for any specific guidelines or requirements before traveling, such as health protocols or mask mandates in crowded places. Enjoy the scenic beauty and adventure activities safely!

❓ **What are the best trekking routes in Himachal?**

Himachal Pradesh offers stunning trekking routes like Triund Trek, Hampta Pass, and Kinnaur Kailash Trek. Explore the picturesque landscapes, lush green valleys, and breathtaking views. Other popular options include Beas Kund and the Great Himalayan National Park trails, catering to both beginners and experienced trekkers.

❓ **What cultural experiences can visitors have in Himachal Pradesh?**

Visitors to Himachal Pradesh can immerse themselves in vibrant local culture through traditional festivals like Kullu Dussehra, explore ancient temples, and participate in folk dances. The region offers authentic Himachali cuisine, handicraft shopping, and opportunities to interact with local communities, enhancing the travel experience.

★ **Traveller Reviews**



Nidhi Mehta

★★★★★ 5/5

A Journey to Remember

This tour was truly a journey to remember, filled with laughter, beautiful landscapes, and countless memories. Thank you, Himachal!



Pankaj Singh

★★★★★ 5/5

Historical Wonders

Loved exploring the historical wonders of Himachal. Each site had a story to tell and added to our adventure.



Nishant Kohli

★★★★☆ 4/5

Peaceful Lakes

Visiting the beautiful lakes in Himachal was a highlight. Kayaking in the tranquil waters was an experience like no other.



Seema Joshi

★★★★★ 5/5

Delicious Local Cuisine

The local food was delicious! Each meal was a delightful experience, showcasing Himachal's rich culinary heritage.



Deepak Yadav

★★★★★ 5/5

Adorable Hill Stations

Each hill station we visited had its unique charm. The ride through the hills was exhilarating! Loved every minute of it.

Why Choose TourGrids?

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