

# Family Adventure Week 6 Nights: Kid-friendly Treks & Activities

Prepared by TourGrids



Destination  
**Himachal**



Duration  
**6 Nights 7 Days**



Starting from  
**Rs. 23,700 / person**

## ITINERARY ROUTE

↖ Shimla · 2N

↖ Manali · 4N

## Overview

A carefully curated Himachal tour package for families who want gentle thrills, safe kid-friendly treks, and memorable cultural experiences. This 6-night / 7-day Himachal Adventure tour package combines leisurely hill-station stays, easy nature walks, playful adventure activities for children, and scenic drives through the Kullu-Manali corridor. Ideal as a Himachal Adventure package for families seeking a balanced mix of rest and excitement.

### Highlights:

- Shimla: colonial charm, Mall Road & Kufri pony rides
- Manali: family-friendly treks, Hadimba Temple, river promenade
- Solang Valley: beginner-friendly zipline, paragliding (tandem for kids where permitted), snow play (seasonal)
- Kullu & Kullu River: safe, supervised rafting for older kids + riverside picnics
- Naggar Castle & local art villages: light cultural day trip

Important note: All activities are planned with families in mind. Age and weather restrictions apply for some adventure activities (e.g., Rohtang Pass, paragliding, river rafting). Please read the inclusions/exclusions and safety notes below.

#### ✓ What's Included

- ✓ 6 nights accommodation (2 nights in Shimla, 4 nights in Manali) in family rooms with breakfast
- ✓ Arrival and departure transfers (Chandigarh/Delhi to Shimla, Manali to Chandigarh/Delhi) by private car
- ✓ All sightseeing as per itinerary with local driver
- ✓ Solang Valley activity fees for supervised kid-friendly options (zipline / pony rides) – subject to availability
- ✓ Guided easy nature walks and short treks suitable for children
- ✓ One family picnic (packed lunch) during the Kullu valley day
- ✓ Government taxes and tour coordination fee
- ✓ Tip: Pre-book adventure activities for best availability, especially during peak season.

#### ✗ Not Included

- ✗ Air/train tickets to/from Chandigarh or Delhi
- ✗ Entry fees where applicable (small monument fees if any)
- ✗ Rohtang Pass permit & fees (if visiting Rohtang; permit depends on season and availability)
- ✗ Paragliding/rafting surcharge for advanced options beyond the supervised beginner family sessions
- ✗ Meals not mentioned in inclusions, personal expenses, travel insurance, portage
- ✗ Any activity not mentioned in the itinerary
- ✗ Important: Some adventure activities have age, height, or weight restrictions and depend on weather and local operator policies. Bookings for these activities may require advance confirmation and additional charges.

## Day-by-Day Itinerary

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Day

1

### **Arrival & Easy Evening Stroll**

Arrive at Shimla (from Chandigarh/Delhi) and transfer to your family hotel. Relax and acclimatize. In the evening, enjoy a relaxed walk on Mall Road, explore local bakeries and shops. Light walking recommended for children after travel.

Day

2

### **Kufri & Nature Play**

Morning visit to Kufri for gentle pony rides and playground time for children. Optional short nature trail (easy, stroller-friendly sections) and photo stops overlooking the valley. Return to Shimla for evening leisure and a family dinner. Carry warm clothing if visiting in winter.

Day

3

### **Scenic Drive to Manali via Kullu**

After breakfast, check out and drive to Manali via the scenic Kullu Valley. Stop en route for short breaks, riverside photos, and a gentle riverside picnic. Arrive in Manali, check-in and unwind. Evening at leisure on Mall Road, Manali.

Day

4

### **Manali Family Walks & Cultural Sights**

Explore Hadimba Temple set in cedar forests and take a short, kid-friendly nature walk nearby. Visit the Ghatotkach and Manu temples (short visits). Afternoon free for optional activities: soft play café or a local craft session at a community art center. This day focuses on easy-paced experiences to keep children comfortable.

Day

5

### **Solang Valley Adventure Day**

Day trip to Solang Valley for family-friendly adventure: beginner zipline, tandem paragliding for older kids (age/weight limits apply), gentle pony/horse rides, and seasonal snow play (winter). There are supervised play zones and short, graded trails perfect for little trekkers. Return to Manali in the evening.

Day

6

### **Kullu Day Excursion — Rivers & Culture**

Short drive to Kullu for an easy riverside picnic and a supervised, family-friendly rafting stretch suitable for older children (operator-dependent). Alternatively, visit Naggar Castle and local art galleries for a quieter cultural day. Evening return to Manali; farewell family dinner with local Himachali specialties.

Day

7

### **Departure via Chandigarh/Delhi**

After breakfast, check out and transfer to Chandigarh/Delhi for your onward journey. Stop for short breaks en route and collect any last-minute souvenirs. Confirm your onward transfer time the night before.

## 🔗 Frequently Asked Questions

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### 🔗 What are the top tourist destinations in Himachal Pradesh?

Top tourist destinations in Himachal Pradesh include Shimla, known for its colonial architecture; Manali, a hub for adventure sports; Dharamshala, home to the Dalai Lama; and Kasol, famous for its picturesque landscapes. Don't miss the stunning landscapes of Spiti Valley and the tranquility of Dalhousie!

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### 🔗 What is the best time to visit Himachal for tourism?

The best time to visit Himachal Pradesh for tourism is from March to June and September to November. During these months, the weather is pleasant, ideal for exploring scenic landscapes, temples, and adventure activities. Summer offers a respite from the heat, while autumn showcases stunning foliage.

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### 🔗 What are some adventure activities available in Himachal Pradesh?

Himachal Pradesh offers a plethora of adventure activities for thrill-seekers. You can indulge in trekking, paragliding in Bir Billing, river rafting in Kullu, skiing in Manali, mountain biking, rock climbing, and camping amidst stunning landscapes. Explore the breathtaking trails and experience the ultimate adrenaline rush!

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### 🔗 How to reach Himachal Pradesh from major cities in India?

Himachal Pradesh is well-connected by road, rail, and air. From Delhi, take a bus or hire a taxi for a scenic drive (about 10-12 hours). The nearest airport is in Bhuntar (Kullu) with flights from Delhi. By train, you can reach Joginder Nagar or Pathankot, followed by a road trip to popular destinations.

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### 🔗 Are there any travel restrictions in Himachal Pradesh due to COVID-19?

As of October 2023, Himachal Pradesh has relaxed most COVID-19 travel restrictions. However, it's advisable to check for any specific guidelines or requirements before traveling, such as health protocols or mask mandates in crowded places. Enjoy the scenic beauty and adventure activities safely!

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### 🔗 What are the best trekking routes in Himachal?

Himachal Pradesh offers stunning trekking routes like Triund Trek, Hampta Pass, and Kinnaur Kailash Trek. Explore the picturesque landscapes, lush green valleys, and breathtaking views. Other popular options include Beas Kund and the Great Himalayan National Park trails, catering to both beginners and experienced trekkers.

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## 🔍 What cultural experiences can visitors have in Himachal Pradesh?

Visitors to Himachal Pradesh can immerse themselves in vibrant local culture through traditional festivals like Kullu Dussehra, explore ancient temples, and participate in folk dances. The region offers authentic Himachali cuisine, handicraft shopping, and opportunities to interact with local communities, enhancing the travel experience.

## ★ Traveller Reviews



**Nidhi Mehta**

★★★★★ 5/5

### A Journey to Remember

This tour was truly a journey to remember, filled with laughter, beautiful landscapes, and countless memories. Thank you, Himachal!



**Pankaj Singh**

★★★★★ 5/5

### Historical Wonders

Loved exploring the historical wonders of Himachal. Each site had a story to tell and added to our adventure.



**Nishant Kohli**

★★★★☆ 4/5

### Peaceful Lakes

Visiting the beautiful lakes in Himachal was a highlight. Kayaking in the tranquil waters was an experience like no other.



**Seema Joshi**

★★★★★ 5/5

### Delicious Local Cuisine

The local food was delicious! Each meal was a delightful experience, showcasing Himachal's rich culinary heritage.



**Deepak Yadav**

★★★★★ 5/5

### **Adorable Hill Stations**

Each hill station we visited had its unique charm. The ride through the hills was exhilarating! Loved every minute of it.

## **⚡ Why Choose TourGrids?**

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