

# Himachal Gourmet & Tea Trail 5 Nights: Local Cuisine Tours

Prepared by TourGrids



Destination  
**Himachal**



Duration  
**5 Nights 6 Days**



Starting from  
**Rs. 14,600 / person**

## ITINERARY ROUTE

↗ Shimla · 1N

↗ Palampur · 1N

↗ Dharamshala / McLeod Ganj · 2N

↗ Kangra Valley · 1N

## Overview

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A curated Himachal tour package designed for food lovers and families who want to explore the flavours and tea heritage of Himachal Pradesh. This Himachal Family tour package blends immersive culinary experiences, guided tea-estate walks, and cultural food trails across iconic hill towns. Highlights include tea garden visits in Palampur, Tibetan cuisine tasting in McLeod Ganj (Dharamshala), and a colonial food walk in Shimla.

### Highlights:

- Tea Estate Walk & Tasting at Palampur
- Local Himachali Farm-to-table Meal experience
- Tibetan Cooking & Market Tour in McLeod Ganj
- Shimla Colonial Food Walk and local bakeries
- Kangra Valley Spice & Snack Trail

This package is ideal for families and small groups seeking a relaxed, culinary-focused Himachal getaway. Keywords: Himachal tour package, Himachal Family tour package, Himachal Family package, 5 and 6 Himachal Family tour package.

#### ✓ **What's Included**

- ✓ 5 nights accommodation in twin/double rooms with breakfast
- ✓ Daily curated breakfasts focusing on local produce
- ✓ 3 specially arranged meals (farmhouse lunch, cooking-class meal, curated dinner)
- ✓ Guided Shimla Colonial Food Walk
- ✓ Guided Tea Estate Walk & Tea Tasting in Palampur
- ✓ Tibetan Market Food Tour and a hands-on cooking class in McLeod Ganj
- ✓ All transfers as per itinerary in a private vehicle
- ✓ Entrance fees for listed activities and expert local guides
- ✓ Emergency assistance and local taxes

#### ✗ **Not Included**

- ✗ Airfare or mainline train tickets to/from Himachal
- ✗ Travel insurance
- ✗ Meals not specified in inclusions
- ✗ Personal expenses, tips, and gratuities
- ✗ Any additional sightseeing or activities not mentioned in the itinerary
- ✗ Government service taxes (if applicable) beyond those quoted

## Day-by-Day Itinerary

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Day

1

### **Arrival in Shimla & Colonial Food Walk**

Arrive at Shimla (by road or rail). Check in and relax. In the afternoon, take a guided Shimla Colonial Food Walk through the Ridge, Mall Road and the lanes of old Shimla. Sample local bakeries, British-era pastries, hot Chana Madra-style snacks, and steaming cups of chai. Dinner at a curated restaurant serving Himachali farm-to-table dishes.

Tip: Carry light warm clothes for evenings and try the local bakeries for freshly baked buns and patties.

Day

2

### **Shimla Market Morning & Travel to Palampur**

Morning visit to the Shimla local market for spices and Himachali condiments. Depart for Palampur (approx 5–6 hours). En route, stop for scenic photos and roadside snacks. Check in to your hotel in Palampur. Evening tea tasting introduction with local tea experts to learn about Kangra tea history.

Note: The drive offers picturesque views—there are convenient stops for hot tea and snacks.

Day

3

### **Palampur Tea Estate Walk & Local Cuisine Interaction**

Full day exploring Palampur tea gardens. Guided tea estate walk with a plantation expert covering plucking, processing, and a tea-tasting session featuring Kangra tea varieties. Afternoon visit to a local farmhouse for a Himachali cooking demo—learn to prepare traditional dishes like Dham-style lentils and vegetable curries, and enjoy a family-style meal.

Perfect for families; children can enjoy simple tea-picking demonstrations and local snacks.

Day

4

### **Transfer to Dharamshala & Tibetan Market Food Tour**

Drive to Dharamshala / McLeod Ganj (approx 1–1.5 hours). After check-in, begin a guided Tibetan Market Food Tour in McLeod Ganj sampling momos, thukpa, butter tea, and Tibetan bakery items. Evening visit to the Dalai Lama Temple Complex and a relaxed dinner featuring Tibetan and Himachali fusion dishes.

Tip: Keep small change for street vendors and try both vegetarian and non-vegetarian momo varieties.

Day

5

## Cooking Class & Kangra Valley Flavours

Morning hands-on Tibetan/Himachali cooking class where the family learns to make momos, thenthuk, and a local dessert. After lunch, excursion to Kangra Valley—visit spice shops, local snack stalls, and the historical Baijnath Temple area. Evening tea-pairing session highlighting Kangra teas with local sweets.

Note: This day includes a gentle walk and family-friendly activities; suitable for all ages.

Day

6

## Local Markets & Departure

Leisurely morning to revisit favorite stalls in McLeod Ganj or Kangra for souvenirs—handmade teas, spices, and local preserves. Transfer to your onward destination (Chandigarh/Pathankot/Delhi) with curated snack boxes for the journey. Trip ends with warm memories and recipe notes collected during the trip.

Tip: Confirm transfer times in advance and carry packaged tea in your hand-luggage to avoid breakage.

## Frequently Asked Questions

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### What are the top tourist destinations in Himachal Pradesh?

Top tourist destinations in Himachal Pradesh include Shimla, known for its colonial architecture; Manali, a hub for adventure sports; Dharamshala, home to the Dalai Lama; and Kasol, famous for its picturesque landscapes. Don't miss the stunning landscapes of Spiti Valley and the tranquility of Dalhousie!

### What is the best time to visit Himachal for tourism?

The best time to visit Himachal Pradesh for tourism is from March to June and September to November. During these months, the weather is pleasant, ideal for exploring scenic landscapes, temples, and adventure activities. Summer offers a respite from the heat, while autumn showcases stunning foliage.

### What are some adventure activities available in Himachal Pradesh?

Himachal Pradesh offers a plethora of adventure activities for thrill-seekers. You can indulge in trekking, paragliding in Bir Billing, river rafting in Kullu, skiing in Manali, mountain biking, rock climbing, and camping amidst stunning landscapes. Explore the breathtaking trails and experience the ultimate adrenaline rush!

## ❓ How to reach Himachal Pradesh from major cities in India?

Himachal Pradesh is well-connected by road, rail, and air. From Delhi, take a bus or hire a taxi for a scenic drive (about 10-12 hours). The nearest airport is in Bhuntar (Kullu) with flights from Delhi. By train, you can reach Joginder Nagar or Pathankot, followed by a road trip to popular destinations.

## ❓ Are there any travel restrictions in Himachal Pradesh due to COVID-19?

As of October 2023, Himachal Pradesh has relaxed most COVID-19 travel restrictions. However, it's advisable to check for any specific guidelines or requirements before traveling, such as health protocols or mask mandates in crowded places. Enjoy the scenic beauty and adventure activities safely!

## ❓ What are the best trekking routes in Himachal?

Himachal Pradesh offers stunning trekking routes like Triund Trek, Hampta Pass, and Kinnaur Kailash Trek. Explore the picturesque landscapes, lush green valleys, and breathtaking views. Other popular options include Beas Kund and the Great Himalayan National Park trails, catering to both beginners and experienced trekkers.

## ❓ What cultural experiences can visitors have in Himachal Pradesh?

Visitors to Himachal Pradesh can immerse themselves in vibrant local culture through traditional festivals like Kullu Dussehra, explore ancient temples, and participate in folk dances. The region offers authentic Himachali cuisine, handicraft shopping, and opportunities to interact with local communities, enhancing the travel experience.

## ★ Traveller Reviews



**Nidhi Mehta**

★★★★★ 5/5

### A Journey to Remember

This tour was truly a journey to remember, filled with laughter, beautiful landscapes, and countless memories. Thank you, Himachal!



**Pankaj Singh**

★★★★★ 5/5

### Historical Wonders

Loved exploring the historical wonders of Himachal. Each site had a story to tell and added to our adventure.



**Nishant Kohli**

★★★★☆ 4/5

### Peaceful Lakes

Visiting the beautiful lakes in Himachal was a highlight. Kayaking in the tranquil waters was an experience like no other.



**Seema Joshi**

★★★★★ 5/5

### Delicious Local Cuisine

The local food was delicious! Each meal was a delightful experience, showcasing Himachal's rich culinary heritage.



**Deepak Yadav**

★★★★★ 5/5

### Adorable Hill Stations

Each hill station we visited had its unique charm. The ride through the hills was exhilarating! Loved every minute of it.

## ⚡ Why Choose TourGrids?

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