

Peak Trekker 6 Nights: Moderate Treks & Alpine Camping

Prepared by TourGrids

Destination
Himachal

Duration
6 Nights 7 Days

Starting from
Rs. 26,950 / person

ITINERARY ROUTE

↗ McLeod Ganj · 2N

↗ Triund Ridge · 1N

↗ Kareri Lake · 1N

↗ Kareri Village · 1N

↗ Bir / Palampur · 1N

Overview

an immersive Himachal tour package designed for trekkers who want a balanced blend of moderate hikes, scenic alpine camping and cultural experiences. This 6 nights / 7 days Himachal Adventure tour package covers the best of the Dhauladhar foothills: McLeod Ganj (Dharamshala), Triund Ridge, Kareri Lake, and the paragliding mecca Bir-Billing. Ideal for travelers searching for a Himachal Adventure tour package or a tailored 6 and 7 Himachal Adventure tour package with comfortable homestays, guided treks and curated camping nights.

Highlights:

- Triund Trek: panoramic Dhauladhar range views and alpine campsite
- Kareri Lake: pristine high-altitude lake camping under stars
- Bir-Billing: optional paragliding and Tibetan monasteries
- Local culture: visits to the Dalai Lama Temple, Bhagsunag waterfall & Palampur tea gardens

Perfect for solo trekkers, groups and families with an active spirit. Moderate fitness required.

✓ What's Included

- ✓ Accommodation as per itinerary (2 nights homestay in McLeod Ganj, 1 night Triund campsite, 1 night Kareri Lake campsite, 1 night Kareri Village homestay, 1 night Bir/Palampur).
- ✓ All meals during trek & campsite nights (Veg/Non-Veg options available).
- ✓ Experienced local trek leader, guide & basic camping gear (tent, mattress, communal cooking set).
- ✓ Transfers as per itinerary (airport/station pick-up & drop-off, local drives).
- ✓ Permits, local taxes and first-aid kit.
- ✓ This Himachal Adventure package includes guided moderate treks, alpine camping support and local cultural experiences.

✗ Not Included

- ✗ Travel to/from the main start point (flights / long-distance train tickets).
- ✗ Personal trekking equipment (sleeping bag rated for cold, trekking poles, personal first aid) – available on rental.
- ✗ Meals in towns, optional adventure activities (paragliding), entry fees for personal sightseeing.
- ✗ Travel insurance, tips, and any emergency evacuation costs.
- ✗ Anything not explicitly mentioned in 'Inclusions'.
- ✗ Note: Paragliding and certain local activities are seasonal and charged extra.

Day-by-Day Itinerary

Day

1

Arrival, Transfer & Acclimatization in McLeod Ganj

Arrive at Gaggal Airport (Dharamshala) or Pathankot station and transfer to McLeod Ganj. Check-in and relax. Afternoon orientation walk to Bhagsunag Waterfall and visit the Dalai Lama Temple Complex. Evening briefing by the trek leader about trekking gear and safety.

Tip: Carry a light daypack on arrival; hydration and light snacks help with quick acclimatization.

Day

2

Trek to Triund — Moderate Ridge Hike & Camp

Drive to the Triund trailhead (Galu/Bhagsu). Begin the moderate trek (~9 km / 4-5 hours) through rhododendron and oak forests, with steadily opening views of the Dhauladhar Range. Reach the Triund Ridge by late afternoon; campsite setup and safety briefing. Enjoy sunset over the Himalayas and an alpine camp dinner.

Important: Trek pace will be adjusted for group safety; porters are available for gear on request.

Day

3

Sunrise at Triund, Descend & Explore McLeod Ganj

Early morning sunrise on the ridge with panoramic mountain views and photography time. After breakfast, descend back to McLeod Ganj (3-4 hours). Afternoon at leisure — optional visit to the Tibetan Library, local cafés and handicraft shops. Evening free for rest or a short nature walk.

Note: The descent is easier but watch footing on loose trails. Expect 3-4 hours of walking.

Day

4

Transfer to Kareri Village & Begin Kareri Lake Approach

After breakfast, drive to Kareri Village (~1-1.5 hours). Meet local guides and begin the moderate trek toward Kareri Lake. Trek through pine forests and pastoral meadows, encountering local shepherd huts and wide Dhauladhar vistas. Overnight at a prepared campsite near the lake with a warm dinner.

Tip: Keep your camera ready — this trail is less crowded and highly photogenic.

Day

5

Full Day at Kareri Lake — Explore & Cultural Exchange

Spend a relaxed day at Kareri Lake. Morning and evening short walks around the alpine basin, optional fishing (seasonal) and photography. Interact with villagers and learn about local pastoral life. After sunset, enjoy an overnight camp under a clear starry sky.

Important: Nights at the lake can be cold — carry warm layers and a good sleeping bag.

Day

6

Return to Kareri Village, Transfer to Bir — Adventure Options

Trek back to Kareri Village, then drive to Bir / Palampur region. Afternoon options include paragliding at Bir-Billing (optional, subject to weather), visiting the Chokling Monastery, or strolling the tea gardens of Palampur. Evening farewell dinner and camp/homestay in Bir/Palampur.

Note: Paragliding is an add-on activity and requires prior booking; weather-dependent.

Day

7

Departure — Transfer to Dharamshala / End of Package

Morning transfer to Dharamshala / Gaggal Airport or onward station. En-route stop for views and last-minute shopping. Package concludes after drop-off.

Tip: Allow extra time for mountain traffic and check flight/train timings in advance.

🔍 Frequently Asked Questions

🔍 What are the top tourist destinations in Himachal Pradesh?

Top tourist destinations in Himachal Pradesh include Shimla, known for its colonial architecture; Manali, a hub for adventure sports; Dharamshala, home to the Dalai Lama; and Kasol, famous for its picturesque landscapes. Don't miss the stunning landscapes of Spiti Valley and the tranquility of Dalhousie!

🔍 What is the best time to visit Himachal for tourism?

The best time to visit Himachal Pradesh for tourism is from March to June and September to November. During these months, the weather is pleasant, ideal for exploring scenic landscapes, temples, and adventure activities. Summer offers a respite from the heat, while autumn showcases stunning foliage.

❓ **What are some adventure activities available in Himachal Pradesh?**

Himachal Pradesh offers a plethora of adventure activities for thrill-seekers. You can indulge in trekking, paragliding in Bir Billing, river rafting in Kullu, skiing in Manali, mountain biking, rock climbing, and camping amidst stunning landscapes. Explore the breathtaking trails and experience the ultimate adrenaline rush!

❓ **How to reach Himachal Pradesh from major cities in India?**

Himachal Pradesh is well-connected by road, rail, and air. From Delhi, take a bus or hire a taxi for a scenic drive (about 10-12 hours). The nearest airport is in Bhuntar (Kullu) with flights from Delhi. By train, you can reach Joginder Nagar or Pathankot, followed by a road trip to popular destinations.

❓ **Are there any travel restrictions in Himachal Pradesh due to COVID-19?**

As of October 2023, Himachal Pradesh has relaxed most COVID-19 travel restrictions. However, it's advisable to check for any specific guidelines or requirements before traveling, such as health protocols or mask mandates in crowded places. Enjoy the scenic beauty and adventure activities safely!

❓ **What are the best trekking routes in Himachal?**

Himachal Pradesh offers stunning trekking routes like Triund Trek, Hampta Pass, and Kinnaur Kailash Trek. Explore the picturesque landscapes, lush green valleys, and breathtaking views. Other popular options include Beas Kund and the Great Himalayan National Park trails, catering to both beginners and experienced trekkers.

❓ **What cultural experiences can visitors have in Himachal Pradesh?**

Visitors to Himachal Pradesh can immerse themselves in vibrant local culture through traditional festivals like Kullu Dussehra, explore ancient temples, and participate in folk dances. The region offers authentic Himachali cuisine, handicraft shopping, and opportunities to interact with local communities, enhancing the travel experience.

★ **Traveller Reviews**



Nidhi Mehta

★★★★★ 5/5

A Journey to Remember

This tour was truly a journey to remember, filled with laughter, beautiful landscapes, and countless memories. Thank you, Himachal!



Pankaj Singh

★★★★★ 5/5

Historical Wonders

Loved exploring the historical wonders of Himachal. Each site had a story to tell and added to our adventure.



Nishant Kohli

★★★★☆ 4/5

Peaceful Lakes

Visiting the beautiful lakes in Himachal was a highlight. Kayaking in the tranquil waters was an experience like no other.



Seema Joshi

★★★★★ 5/5

Delicious Local Cuisine

The local food was delicious! Each meal was a delightful experience, showcasing Himachal's rich culinary heritage.



Deepak Yadav

★★★★★ 5/5

Adorable Hill Stations

Each hill station we visited had its unique charm. The ride through the hills was exhilarating! Loved every minute of it.

Why Choose TourGrids?

Because your dream vacation deserves the best! From expert advice to personalized trips, easy booking, and unbeatable deals — we make travel stress-free and fun!

 **Expert-Guided Planning**

Personalized guidance from verified travel experts who understand your needs.

 **Customizable Packages**

Tailor your trip your way — destinations, experiences, budget. All up to you!

 **Hassle-Free Booking**

Smooth, secure, and simple booking process without any stress or confusion.

 **Best Price Guarantee**

Multiple free quotes and booking at the most competitive rates available.

For the latest pricing, availability, and customization options, visit:

<https://tourgrids.com/packages/himachal/himachal-6-nights-7-days-package-130>