

Himachal Spiritual Circuit 6 Nights: Temples, Ashrams & Retreats

Prepared by TourGrids

Destination
Himachal

Duration
6 Nights 7 Days

Starting from
Rs. 19,500 / person

ITINERARY ROUTE

↪ Dharamshala / McLeod Ganj · 2N

↪ Palampur / Baijnath · 1N

↪ Kasol / Manikaran · 1N

↪ Manali · 2N

Overview

A thoughtfully curated Himachal tour package and Himachal Pilgrimage tour package that connects ancient temples, serene ashrams, Tibetan monasteries and sacred hot springs across the Kangra Valley, Parvati Valley and Manali region. Ideal for spiritual seekers, meditation lovers and pilgrims, this 6 and 7 Himachal Pilgrimage tour package blends devotional visits with peaceful retreat experiences.

Highlights:

- Dalai Lama Temple Complex (McLeod Ganj) – Tibetan spiritual center
- Baijnath Temple – Ancient Shiva shrine
- Manikaran Sahib Gurudwara – Hot springs & Sikh pilgrimage
- Hadimba Devi Temple (Manali) – Historic Himalayan shrine
- Vashisht Temple & Hot Springs – Spiritual baths and meditation
- Norbulingka Institute & Tibetan Monasteries – Art, crafts & peaceful retreats

Note: This Himachal Pilgrimage package is suitable for travelers comfortable with mountain driving and moderate road travel. Altitudes range between 1,200–2,200 meters.

✓ What's Included

- ✓ 6 nights accommodation on twin-sharing basis in 3-star category hotels / heritage guesthouses / selected ashram stays
- ✓ Daily breakfast (6) and 2 spiritual group meals (as specified)
- ✓ All transfers & sightseeing by private AC vehicle (as per itinerary)
- ✓ All tolls, parking, fuel and driver allowances
- ✓ Local English-speaking guide for temple visits (select days)
- ✓ Assistance for arranging puja / darshan where permitted
- ✓ All applicable hotel taxes
- ✓ 24/7 local support number during the tour

✗ Not Included

- ✗ Airfare / train tickets to/from Himachal
- ✗ Any personal expenses (telephone, laundry, tips, portorage)
- ✗ Meals other than specified (lunch & dinner unless mentioned)
- ✗ Monument entry fees where applicable (unless specified)
- ✗ Adventure activities, private retreats or paid spiritual workshops (unless pre-booked)
- ✗ Travel insurance and medical expenses
- ✗ Government taxes (GST) if extra

Day-by-Day Itinerary

Day

1

Arrival, Settling-in & Evening Meditation (Dharamshala)

Arrive at Pathankot/Chandigarh/airport train station and drive to Dharamshala / McLeod Ganj. Check-in at your hotel or peaceful guesthouse. Spend a gentle evening orientation and short guided meditation or a satsang at a local ashram. Light devotional walk in the nearby market area to feel the Tibetan spiritual ambiance. Overnight in Dharamshala.

Day

2

Dalai Lama Temple Complex, Norbulingka & Bhagsunath

Full day dedicated to major spiritual centers of McLeod Ganj: visit the Tsuglagkhang Complex (Dalai Lama Temple), Namgyal Monastery, and spend time in prayer and quiet reflection. Continue to the Norbulingka Institute to see Tibetan art, thangka workshops and serene gardens. Late afternoon visit Bhagsunath Temple and the Bhagsu Waterfall – an ancient Shiva shrine adjacent to a peaceful waterfall. Optional evening chanting session at the monastery.

Day

3

Scenic Drive to Palampur & Baijnath Temple

Depart for Palampur, enjoying tea garden vistas en route. Visit the historic Baijnath Temple, an exquisite 8th–9th century Shiva temple and an important Himachal pilgrimage site. Explore nearby local temples and the quaint artist village of Andretta (famous for pottery and artist studios). Evening at leisure with optional puja arrangements at the temple if desired. Overnight in Palampur/Baijnath area.

Day

4

To Parvati Valley: Kasol & Manikaran Sahib

Drive into the beautiful Parvati Valley, reaching Kasol and Manikaran. Visit Manikaran Sahib Gurudwara – famed for its hot springs and continuous kirtan. Experience the spiritual warmth of the gurudwara kitchen (langar) and take time at the hot springs for cleansing and reflection. Evening: stroll in Kasol or attend an evening bhajan/kirtan if available. Overnight in Kasol/Manikaran.

Day

5

Drive to Manali via Kullu – Temples en Route

Depart for Manali, with a stop at Kullu to visit Raghunath Temple and soak in the spiritual riverside atmosphere. Optional visit to Bijli Mahadev (hill shrine) for panoramic views and a short pilgrimage hike (subject to time/fitness). Reach Manali by evening, check-in and visit the iconic Hadimba Devi Temple for a quiet twilight prayer. Overnight in Manali.

Day

6

Manali Spiritual Immersion & Retreat Day

A day dedicated to spiritual experiences and optional wellness: visit Vashisht Temple & Hot Springs for a cleansing dip, Manu Temple for blessings, and explore local Tibetan monasteries in Old Manali. Participate in a guided yoga or meditation session at a local retreat center or ashram (pre-booking recommended). Evening free for personal reflection, shopping for spiritual souvenirs, or attending local kirtans. Overnight in Manali.

Day

7

Departure — Return to Origin

After breakfast, check out and depart for your onward journey (drop to Chandigarh/Pathankot/Jammu/Delhi as per booking). En route short spiritual stop or photo-point, followed by a comfortable drive back. Package ends upon drop-off — carry memories of a soulful Himachal Pilgrimage package that balanced devotion, retreat and Himalayan beauty.

🔗 Frequently Asked Questions

🔗 What are the top tourist destinations in Himachal Pradesh?

Top tourist destinations in Himachal Pradesh include Shimla, known for its colonial architecture; Manali, a hub for adventure sports; Dharamshala, home to the Dalai Lama; and Kasol, famous for its picturesque landscapes. Don't miss the stunning landscapes of Spiti Valley and the tranquility of Dalhousie!

🔗 What is the best time to visit Himachal for tourism?

The best time to visit Himachal Pradesh for tourism is from March to June and September to November. During these months, the weather is pleasant, ideal for exploring scenic landscapes, temples, and adventure activities. Summer offers a respite from the heat, while autumn showcases stunning foliage.

🔗 What are some adventure activities available in Himachal Pradesh?

Himachal Pradesh offers a plethora of adventure activities for thrill-seekers. You can indulge in trekking, paragliding in Bir Billing, river rafting in Kullu, skiing in Manali, mountain biking, rock climbing, and camping amidst stunning landscapes. Explore the breathtaking trails and experience the ultimate adrenaline rush!

❓ How to reach Himachal Pradesh from major cities in India?

Himachal Pradesh is well-connected by road, rail, and air. From Delhi, take a bus or hire a taxi for a scenic drive (about 10-12 hours). The nearest airport is in Bhuntar (Kullu) with flights from Delhi. By train, you can reach Joginder Nagar or Pathankot, followed by a road trip to popular destinations.

❓ Are there any travel restrictions in Himachal Pradesh due to COVID-19?

As of October 2023, Himachal Pradesh has relaxed most COVID-19 travel restrictions. However, it's advisable to check for any specific guidelines or requirements before traveling, such as health protocols or mask mandates in crowded places. Enjoy the scenic beauty and adventure activities safely!

❓ What are the best trekking routes in Himachal?

Himachal Pradesh offers stunning trekking routes like Triund Trek, Hampta Pass, and Kinnaur Kailash Trek. Explore the picturesque landscapes, lush green valleys, and breathtaking views. Other popular options include Beas Kund and the Great Himalayan National Park trails, catering to both beginners and experienced trekkers.

❓ What cultural experiences can visitors have in Himachal Pradesh?

Visitors to Himachal Pradesh can immerse themselves in vibrant local culture through traditional festivals like Kullu Dussehra, explore ancient temples, and participate in folk dances. The region offers authentic Himachali cuisine, handicraft shopping, and opportunities to interact with local communities, enhancing the travel experience.

★ Traveller Reviews



Nidhi Mehta

★★★★★ 5/5

A Journey to Remember

This tour was truly a journey to remember, filled with laughter, beautiful landscapes, and countless memories. Thank you, Himachal!



Pankaj Singh

★★★★★ 5/5

Historical Wonders

Loved exploring the historical wonders of Himachal. Each site had a story to tell and added to our adventure.



Nishant Kohli

★★★★☆ 4/5

Peaceful Lakes

Visiting the beautiful lakes in Himachal was a highlight. Kayaking in the tranquil waters was an experience like no other.



Seema Joshi

★★★★★ 5/5

Delicious Local Cuisine

The local food was delicious! Each meal was a delightful experience, showcasing Himachal's rich culinary heritage.



Deepak Yadav

★★★★★ 5/5

Adorable Hill Stations

Each hill station we visited had its unique charm. The ride through the hills was exhilarating! Loved every minute of it.

⚡ Why Choose TourGrids?

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