

Kerala Family Beach Holiday: Kovalam & Poovar Island Excursions

Prepared by TourGrids



Destination
Kerala



Duration
4 Nights 5 Days



Starting from
Rs. 19,300 / person

ITINERARY ROUTE

↩ **Kovalam · 3N**

↩ **Poovar Island · 1N**

Overview

Kerala Family Beach Holiday: Kovalam & Poovar Island Excursions is a thoughtfully crafted 4 nights / 5 days Kerala tour package ideal for families seeking sun, sand, gentle backwaters and authentic coastal culture. This Kerala Family tour package includes beach time at the iconic Kovalam Beach, a serene backwater cruise and an island stay at Poovar – perfect for a relaxing, family-friendly escape.

Highlights:

- Kovalam Beach & Lighthouse Beach – golden sands and sunsets
- Poovar Island backwater cruise & mangrove exploration
- Traditional Kerala cuisine & fresh seafood
- Optional Ayurvedic spa and family-friendly water activities
- Cultural visit to Padmanabhaswamy Temple and local markets

Important: Please note temple dress codes and boat operation times may vary by season. Bookings are subject to availability.

✓ **What's Included**

- ✓ Accommodation for 4 nights on twin/double or family room basis (3 nights in Kovalam, 1 night in Poovar Island)
- ✓ Daily breakfast (as per hotel policy)
- ✓ Private airport/rail transfers (Trivandrum) as per itinerary
- ✓ Poovar backwater boat cruise and mangrove boat ride
- ✓ Transfers between Kovalam and Poovar as mentioned
- ✓ Guided nature walk in Poovar (subject to schedule)
- ✓ All taxes and service fees
- ✓ This Kerala Family Retreat tour package is ideal for families and small groups. Optional add-ons (Ayurvedic treatments, water sports, cultural shows) are available.

✗ **Not Included**

- ✗ Airfare / train fare to Trivandrum
- ✗ Meals not mentioned above and personal expenses (tips, laundry, phone calls)
- ✗ Entrance fees for monuments unless specified
- ✗ Travel insurance (strongly recommended)
- ✗ Any items of a personal nature and optional activities not pre-booked
- ✗ Important: Peak-season supplements, holiday surcharges and early check-in/late check-out charges are not included.

Day-by-Day Itinerary

Day

1

Arrival, Transfer to Kovalam & Sunset at the Beach

Arrive at Trivandrum (Thiruvananthapuram) Airport/Railway Station and meet your private transfer. Drive to Kovalam (approx. 30–45 minutes). Check in at your family-friendly beach resort. Spend the afternoon relaxing on Lighthouse Beach and enjoy the first Kerala sunset. Evening at leisure with optional local seafood dinner.

Tip: Airport transfers are included. Keep your ID and travel documents ready for check-in.

Day

2

Kovalam Beach Day & Ayurvedic Wellness

A full day to enjoy the beaches and gentle activities. Morning beach time at Hawa Beach and Lighthouse Beach with optional family water sports (subject to availability). After lunch, experience a relaxing Ayurvedic massage or spa session (optional/add-on). In the late afternoon, visit the Vizhinjam Marine Aquarium or stroll along the promenade.

Important: Ayurvedic treatments are optional and charged separately unless pre-booked.

Day

3

Transfer to Poovar Island & Backwater Cruise

After breakfast, transfer to Poovar. Embark on a scenic backwater cruise through the estuary where the Neyyar River meets the Arabian Sea. Enjoy mangrove-lined waterways, village views and birdlife. Check into your island resort and relax on the beach or take a sunset boat ride.

Highlight: The Poovar boat cruise is included and is ideal for family photos and wildlife spotting.

Day

4

Poovar Nature Walk, Village Visit & Return to Kovalam

Start the day with a guided nature walk or canoe ride through the mangroves. Visit a nearby coastal village to see traditional fishing life and local crafts. After lunch, return to Kovalam. Optionally, stop at Padmanabhaswamy Temple in Trivandrum (observe dress code) and browse Chalai Market for spices and souvenirs. Evening free at leisure.

Note: Temple entry timings and dress code (men: dhoti/full trousers, women: saree/long skirt & blouse) must be followed.

Day

5

Depart Trivandrum — Farewell Kerala

After breakfast, enjoy some final beach time or a short stroll, then check out. Transfer to Trivandrum Airport/Railway Station for your onward journey. Thank you for choosing this Kerala Family Retreat package — we hope you leave with warm memories of sun, sand and backwaters.

Tip: Confirm your transfer time and flight/train schedule the night before departure.

🔗 Frequently Asked Questions

🔗 What are the top tourist destinations in Kerala?

Kerala offers stunning tourist destinations like Munnar's tea plantations, Alleppey's backwaters, Kochi's vibrant culture, and Wayanad's lush hills. Don't miss the stunning beaches of Varkala and Kovalam, as well as the tranquil landscapes of Thekkady and Kumarakom. Each offers unique experiences for every traveler.

🔗 What is the best time to visit Kerala?

The best time to visit Kerala is from October to March. During these months, the weather is pleasantly cool and dry, making it ideal for exploring the lush backwaters, hill stations, and vibrant culture. Remember to experience the festivals and local events that take place during this peak tourist season!

🔗 How can I travel around Kerala?

Traveling around Kerala is easy thanks to its extensive transport options. You can use private taxis, auto-rickshaws, and public buses. For scenic routes, consider hiring a houseboat, especially in the backwaters of Alleppey. Trains and domestic flights connect major cities, making exploration seamless.

🔗 What are the famous cuisines to try in Kerala?

Kerala is renowned for its delicious cuisine, featuring dishes like Sambar, Appam, and Puttu. Don't miss the spicy Kerala fish curry and the delectable dosa. For a unique experience, try traditional Sadya, a vegetarian feast served on a banana leaf, highlighting the region's rich flavors and diverse culinary traditions.

❓ What activities can I enjoy in Kerala's backwaters?

In Kerala's backwaters, you can enjoy serene houseboat cruises, kayaking through lush mangroves, and bird watching. Experience local cuisine on board, visit traditional villages, and partake in unique cultural performances. Don't miss the opportunity for peaceful sunsets and picturesque landscapes!

❓ Is Kerala suitable for family vacations?

Yes, Kerala is ideal for family vacations! With its serene backwaters, lush hill stations, wildlife sanctuaries, and beautiful beaches, it offers a variety of activities for all ages. Families can enjoy houseboat rides, explore spice plantations, and visit cultural sites, making it a memorable destination.

❓ What are the important festivals celebrated in Kerala?

Kerala is home to vibrant festivals like Onam, celebrated with colorful festivities and the traditional feast; Vishu, marking the New Year with family gatherings; and Thrissur Pooram, showcasing grand temple processions and spectacular fireworks. These events reflect the rich culture and heritage, making Kerala a unique tourist destination.

★ Traveller Reviews



Aditi Rao

★★★★★ 5/5

Everlasting Impressions of Kerala

From the stunning scenery to rich traditions, this tour made lasting impressions. I can't help but reminisce about the experiences. Highly recommend!



Kunal Kaur

★★★★★ 5/5

A Well-Rounded Experience

This Kerala tour provided a perfect blend of relaxation and activities. We got to unwind in the backwaters and explore beautiful hill stations. A great balance!



Vani Dubey

★★★★★ 5/5

Heavenly Kerala Escape

Kerala felt like heaven on earth! The combination of nature, culture, and warm hospitality made it a trip to remember. I left a piece of my heart there!



Kiran Menon

★★★★☆ 4/5

An Immersive Eco-Tour

The eco-tour experience was unique and educational. We learned about sustainable practices while enjoying the nature-rich surroundings. Very well organized!



Rajesh Iyer

★★★★★ 5/5

Charming Village Tours

Exploring local villages was a highlight. Interacting with locals and understanding their lifestyle was eye-opening. Very enriching experience!

⚡ Why Choose TourGrids?

Because your dream vacation deserves the best! From expert advice to personalized trips, easy booking, and unbeatable deals — we make travel stress-free and fun!

⚡ Expert-Guided Planning

Personalized guidance from verified travel experts who understand your needs.

⚡ Customizable Packages

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