

Kochi Food & Culture Tour: Spices, Street Food & Local Markets

Prepared by TourGrids



Destination
Kerala



Duration
4 Nights 5 Days



Starting from
Rs. 13,200 / person

ITINERARY ROUTE

📍 **Kochi · 4N**

<https://tourgrids.com/packages/kerala/kerala-4-nights-5-days-package-167>

Overview

A curated 4-night, 5-day Kerala tour package that immerses families and food lovers in the vibrant tastes, aromatic spice lanes and historic markets of Kochi. Perfect as a Kerala Family tour package, this itinerary blends culinary experiences, guided market walks, and cultural insights across Fort Kochi, Mattancherry and Ernakulam. Explore bustling spice bazaars, sample street-side specialties, join a hands-on Kerala cooking session, and discover heritage sites framed by colonial charm.

Highlights:

- Spice Market Walk at Mattancherry – explore whole spices, teas and traditional vendors
- Fort Kochi Street Food Crawl – discover snacks like paniyaram, kappa puttu, and fish cutlets
- Kerala Home Cooking Class – learn authentic recipes with a local family
- Jewish Synagogue & Dutch Palace – heritage stops with culinary backstories
- Sunset by the Chinese Fishing Nets – photographic and flavor-filled evenings

This Kerala Family package is suited for families, foodies and cultural travelers looking for an authentic, walkable experience in Kochi. Ideal for small groups and stays focused on food and markets.

✓ What's Included

- ✓ 4 nights accommodation in a centrally located 3/4 hotel in Fort Kochi (family rooms available)
- ✓ Daily breakfast and 3 curated meals (as specified: 2 lunches, 1 cooking-class lunch)
- ✓ Guided street food walks, spice market tour and market immersion
- ✓ Hands-on Kerala cooking class with a local chef/family
- ✓ Private airport/rail transfers on arrival and departure (within Kochi city limits)
- ✓ Entrance fees for listed heritage sites (where applicable)
- ✓ Local guide (English-speaking) and all local transportation for listed activities
- ✓ Bottled water during tours and market walks
- ✓ Note: Hotel upgrade options and extra meals can be arranged on request.

✗ Not Included

- ✗ International or domestic flights to Kochi
- ✗ Travel insurance and personal expenses
- ✗ Meals not listed in the inclusions and any alcoholic beverages
- ✗ Tips/gratuities for guides, drivers and service staff
- ✗ Optional performances or activities with additional charges (Kathakali, backwater cruises beyond short ferry rides)
- ✗ Early check-in/late check-out charges if applicable

Day-by-Day Itinerary

Day

1

Arrival in Kochi & Evening Street Food Walk

Arrive at Cochin International Airport or Ernakulam railway station and transfer to your Fort Kochi hotel. Settle in and relax before an orientation street food walk through the lanes of Fort Kochi. Meet your local guide and sample an introduction to Kochi's flavors: banana fritters, paniyaram, fresh seafood snacks and local sweets. The walk finishes at the waterfront with views of the iconic Chinese Fishing Nets.

Tip: Keep small change handy for market purchases; wear comfortable shoes for cobbled streets.

Day

2

Historic Fort Kochi & Mattancherry Spice Market

Morning guided walk around Fort Kochi: visit the St. Francis Church, Dutch Cemetery and photo stops at colonial buildings. After a short transfer to Mattancherry, explore the bustling Mattancherry Spice Market with a spice expert — learn to identify pepper, cinnamon, clove, cardamom and more. Taste local chutneys, pickles and sweetmeats from market vendors and enjoy lunch at a heritage café.

Evening free to explore galleries or attend an optional Kathakali demonstration (local performance can be arranged).

Note: The spice market is aromatic and busy — sample responsibly and ask before photographing vendors.

Day

3

Local Markets, Tea Shops & Street Food Sampling

Today's focus is Ernakulam's local markets and iconic tea shops. Visit Broadway Market and nearby lanes to taste breakfast specialties like kappa and meen (tapioca & fish) combos, duck roast sandwiches, and filter coffee from old-style tea shops. Explore fresh produce lanes, fish markets and bakeries known for Kerala-style pastries. Lunch at a favorite local eatery serving family-style thali.

Late afternoon: guided walk through artisan shops, spice packaging units and small-scale bakeries. Return to Fort Kochi for an evening at leisure.

Tip: Carry a reusable water bottle; vendors are happy to refill with safe drinking water when asked.

Day

4

Hands-on Kerala Cooking Class & Cultural Evening

Join a morning Kerala home cooking class with a local family or chef. Learn to prepare staples like appam, stew, fish curry, and traditional desserts. Enjoy the meal you helped prepare for lunch. Afterward, free time to visit the Kerala Folklore Museum or shop for spices and street food souvenirs.

In the evening, attend an optional traditional performance (Kathakali or Mohiniyattam) or take a sunset ferry ride along the backwaters near Ernakulam.

Special note: Cooking classes are interactive and family-friendly; children can join with supervision.

Day

5

Last-minute Markets & Departure

After breakfast, enjoy a relaxed morning for last-minute market visits in Fort Kochi or Mattancherry – purchase spices, pickles, banana chips and street-food-style snacks to take home. Check out of the hotel and transfer to the airport or railway station for onward travel.

Tip: Pack purchased spices in sealed bags; declare any agricultural items as required by customs at your destination.

? Frequently Asked Questions

? What are the top tourist destinations in Kerala?

Kerala offers stunning tourist destinations like Munnar's tea plantations, Alleppey's backwaters, Kochi's vibrant culture, and Wayanad's lush hills. Don't miss the stunning beaches of Varkala and Kovalam, as well as the tranquil landscapes of Thekkady and Kumarakom. Each offers unique experiences for every traveler.

? What is the best time to visit Kerala?

The best time to visit Kerala is from October to March. During these months, the weather is pleasantly cool and dry, making it ideal for exploring the lush backwaters, hill stations, and vibrant culture. Remember to experience the festivals and local events that take place during this peak tourist season!

How can I travel around Kerala?

Traveling around Kerala is easy thanks to its extensive transport options. You can use private taxis, auto-rickshaws, and public buses. For scenic routes, consider hiring a houseboat, especially in the backwaters of Alleppey. Trains and domestic flights connect major cities, making exploration seamless.

What are the famous cuisines to try in Kerala?

Kerala is renowned for its delicious cuisine, featuring dishes like Sambar, Appam, and Puttu. Don't miss the spicy Kerala fish curry and the delectable dosa. For a unique experience, try traditional Sadya, a vegetarian feast served on a banana leaf, highlighting the region's rich flavors and diverse culinary traditions.

What activities can I enjoy in Kerala's backwaters?

In Kerala's backwaters, you can enjoy serene houseboat cruises, kayaking through lush mangroves, and bird watching. Experience local cuisine on board, visit traditional villages, and partake in unique cultural performances. Don't miss the opportunity for peaceful sunsets and picturesque landscapes!

Is Kerala suitable for family vacations?

Yes, Kerala is ideal for family vacations! With its serene backwaters, lush hill stations, wildlife sanctuaries, and beautiful beaches, it offers a variety of activities for all ages. Families can enjoy houseboat rides, explore spice plantations, and visit cultural sites, making it a memorable destination.

What are the important festivals celebrated in Kerala?

Kerala is home to vibrant festivals like Onam, celebrated with colorful festivities and the traditional feast; Vishu, marking the New Year with family gatherings; and Thrissur Poomam, showcasing grand temple processions and spectacular fireworks. These events reflect the rich culture and heritage, making Kerala a unique tourist destination.

Traveller Reviews



Aditi Rao

★★★★★ 5/5

Everlasting Impressions of Kerala

From the stunning scenery to rich traditions, this tour made lasting impressions. I can't help but reminisce about the experiences. Highly recommend!



Kunal Kaur

★★★★★ 5/5

A Well-Rounded Experience

This Kerala tour provided a perfect blend of relaxation and activities. We got to unwind in the backwaters and explore beautiful hill stations. A great balance!



Vani Dubey

★★★★★ 5/5

Heavenly Kerala Escape

Kerala felt like heaven on earth! The combination of nature, culture, and warm hospitality made it a trip to remember. I left a piece of my heart there!



Kiran Menon

★★★★☆ 4/5

An Immersive Eco-Tour

The eco-tour experience was unique and educational. We learned about sustainable practices while enjoying the nature-rich surroundings. Very well organized!



Rajesh Iyer

★★★★★ 5/5

Charming Village Tours

Exploring local villages was a highlight. Interacting with locals and understanding their lifestyle was eye-opening. Very enriching experience!

Why Choose TourGrids?

Because your dream vacation deserves the best! From expert advice to personalized trips, easy booking, and unbeatable deals — we make travel stress-free and fun!

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