

Varkala Cliffside Retreat: Ayurveda, Beaches & Sunset Temple

Prepared by TourGrids



Destination
Kerala



Duration
5 Nights 6 Days



Starting from
Rs. 23,450 / person

ITINERARY ROUTE

➤ **Varkala · 4N**

➤ **Alleppey · 1N**

Overview

A rejuvenating 5 nights / 6 days Kerala tour package ideal for couples and wellness seekers. This Kerala Honeymoon tour package blends Ayurvedic spa therapies, cliffside sunsets, serene Varkala Beach, and a peaceful overnight houseboat experience in Alleppey Backwaters. Designed as a romantic Kerala Honeymoon package and a restorative escape, the itinerary highlights Kerala's coastal charm, age-old healing traditions and temple culture.

Highlights:

- Varkala Cliff & Beach sunset views
- Authentic Ayurvedic treatments and wellness sessions
- Overnight Alleppey houseboat cruise through the backwaters
- Visit to the historic Janardana Swamy Temple and local markets
- Leisure time for yoga, beach walks and cliffside cafés

This package is suitable as a 5 and 6 Kerala Honeymoon tour package option – customizable for couples seeking privacy, wellness, and seaside romance.

✓ **What's Included**

- ✓ 5 nights accommodation (4 nights in Varkala Cliffside resort, 1 night on Alleppey houseboat)
- ✓ Daily breakfast and select meals (houseboat meals included)
- ✓ One Ayurvedic consultation and 1–2 sessions (as specified)
- ✓ Private transfers from/to Thiruvananthapuram or Kochi Airport
- ✓ Private transfer between Varkala and Alleppey
- ✓ Houseboat cruise with crew and meals for 1 night
- ✓ Guided temple visit and local market walk
- ✓ All applicable taxes

✗ **Not Included**

- ✗ Airfare / Train fare to Kerala
- ✗ Travel insurance
- ✗ Any additional Ayurvedic sessions beyond the included ones
- ✗ Entrance fees where applicable and personal expenses (shopping, tips)
- ✗ Meals not specified in inclusions
- ✗ Camera fees at temples or attractions
- ✗ Government service charges (if any)

Day-by-Day Itinerary

Day

1

Arrival, Transfer to Varkala & Cliffside Sunset

Arrive at Thiruvananthapuram (Trivandrum) Airport or Kochi and transfer (approx. 1–3 hours depending on arrival point) to the scenic Varkala Cliff. Check in to your cliffside resort. Spend the evening strolling the famous cliff promenade and enjoy the first spectacular sunset at Varkala Beach. Dinner at a seaside restaurant.

Tip: Carry comfortable walking shoes for the cliff promenade and light layers for the evening breeze.

Day

2

Ayurvedic Consultation & Wellness Day

Start with a personalized Ayurvedic consultation at a certified wellness center. Enjoy tailored therapies like Abhyanga (traditional oil massage), steam or a relaxing herbal poultice. Afternoon at leisure on Varkala Beach or try a private yoga session on the cliff.

Special note: Ayurvedic treatments are adjusted to your body type (Dosha). Please inform us of any medical conditions in advance.

Day

3

Temple Visit, Local Culture & Cliff Cafés

Visit the ancient Janardana Swamy Temple (a peaceful pilgrimage site) and explore the local markets for handicrafts and spices. Afternoon free to relax at the cliff cafés with panoramic sea views. Optional sunset cruise or a short trek to nearby Kappil Lake for birdwatching.

Note: Dress modestly when visiting temples. Photography restrictions may apply inside the temple premises.

Day

4

Transfer to Alleppey & Backwater Houseboat Experience

After breakfast, drive to Alleppey (Alappuzha) for an iconic Kerala backwaters experience. Board a private/standard houseboat and cruise through palm-fringed canals, paddy fields and quaint villages. Enjoy freshly prepared Kerala cuisine on board and watch the sunset from the deck.

Highlight: The houseboat offers an unforgettable romantic night under starlit skies — ideal for honeymooners.

Day

5

Disembark, Return to Varkala & Leisure

Disembark after a leisurely morning on the backwaters. Drive back to Varkala. Afternoon at leisure to revisit your favorite cliffside spots, enjoy a couple's spa treatment, or simply rest at the resort.

Tip: Use this day to pick up souvenirs or enjoy a romantic candle-lit dinner on the cliff.

Day

6

Departure — Transfer to Airport

After breakfast, check out and transfer to Thiruvananthapuram Airport or Kochi Airport for your onward journey. Depending on flight timing, enjoy a final short beach walk or morning yoga on the cliff.

Important: Confirm your airport transfer time the night before checkout to ensure a smooth departure.

🔗 Frequently Asked Questions

🔗 What are the top tourist destinations in Kerala?

Kerala offers stunning tourist destinations like Munnar's tea plantations, Alleppey's backwaters, Kochi's vibrant culture, and Wayanad's lush hills. Don't miss the stunning beaches of Varkala and Kovalam, as well as the tranquil landscapes of Thekkady and Kumarakom. Each offers unique experiences for every traveler.

🔗 What is the best time to visit Kerala?

The best time to visit Kerala is from October to March. During these months, the weather is pleasantly cool and dry, making it ideal for exploring the lush backwaters, hill stations, and vibrant culture. Remember to experience the festivals and local events that take place during this peak tourist season!

🔗 How can I travel around Kerala?

Traveling around Kerala is easy thanks to its extensive transport options. You can use private taxis, auto-rickshaws, and public buses. For scenic routes, consider hiring a houseboat, especially in the backwaters of Alleppey. Trains and domestic flights connect major cities, making exploration seamless.

❓ What are the famous cuisines to try in Kerala?

Kerala is renowned for its delicious cuisine, featuring dishes like Sambar, Appam, and Puttu. Don't miss the spicy Kerala fish curry and the delectable dosa. For a unique experience, try traditional Sadya, a vegetarian feast served on a banana leaf, highlighting the region's rich flavors and diverse culinary traditions.

❓ What activities can I enjoy in Kerala's backwaters?

In Kerala's backwaters, you can enjoy serene houseboat cruises, kayaking through lush mangroves, and bird watching. Experience local cuisine on board, visit traditional villages, and partake in unique cultural performances. Don't miss the opportunity for peaceful sunsets and picturesque landscapes!

❓ Is Kerala suitable for family vacations?

Yes, Kerala is ideal for family vacations! With its serene backwaters, lush hill stations, wildlife sanctuaries, and beautiful beaches, it offers a variety of activities for all ages. Families can enjoy houseboat rides, explore spice plantations, and visit cultural sites, making it a memorable destination.

❓ What are the important festivals celebrated in Kerala?

Kerala is home to vibrant festivals like Onam, celebrated with colorful festivities and the traditional feast; Vishu, marking the New Year with family gatherings; and Thrissur Pooram, showcasing grand temple processions and spectacular fireworks. These events reflect the rich culture and heritage, making Kerala a unique tourist destination.

★ Traveller Reviews



Aditi Rao

★★★★★ 5/5

Everlasting Impressions of Kerala

From the stunning scenery to rich traditions, this tour made lasting impressions. I can't help but reminisce about the experiences. Highly recommend!



Kunal Kaur

★★★★★ 5/5

A Well-Rounded Experience

This Kerala tour provided a perfect blend of relaxation and activities. We got to unwind in the backwaters and explore beautiful hill stations. A great balance!



Vani Dubey

★★★★★ 5/5

Heavenly Kerala Escape

Kerala felt like heaven on earth! The combination of nature, culture, and warm hospitality made it a trip to remember. I left a piece of my heart there!



Kiran Menon

★★★★☆ 4/5

An Immersive Eco-Tour

The eco-tour experience was unique and educational. We learned about sustainable practices while enjoying the nature-rich surroundings. Very well organized!



Rajesh Iyer

★★★★★ 5/5

Charming Village Tours

Exploring local villages was a highlight. Interacting with locals and understanding their lifestyle was eye-opening. Very enriching experience!

⚡ Why Choose TourGrids?

Because your dream vacation deserves the best! From expert advice to personalized trips, easy booking, and unbeatable deals — we make travel stress-free and fun!

⚡ Expert-Guided Planning

Personalized guidance from verified travel experts who understand your needs.

✂️ Customizable Packages

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 **Hassle-Free Booking**

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