



# Spiritual Haridwar & Rishikesh Package: Ganga Aarti & Yoga Retreat

Prepared by TourGrids

 Destination  
**Uttarakhand**

 Duration  
**4 Nights 5 Days**

 Starting from  
**Rs. 11,999 / person**

## ITINERARY ROUTE

 Haridwar · 2N

 Rishikesh · 2N

## Overview

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Spiritual Haridwar & Rishikesh Package: Ganga Aarti & Yoga Retreat – A 4 nights / 5 days Uttarakhand pilgrimage and wellness package designed for seekers of peace, spirituality, and authentic Ganga experiences. Visit the sacred ghats of Haridwar and the yoga capital Rishikesh, witness the iconic Ganga Aarti at Har Ki Pauri and Parmarth Niketan, enjoy guided yoga and meditation sessions, and explore hill temples and serene riverside settings.

### Highlights:

- Ganga Aarti at Har Ki Pauri (Haridwar)
- Parmarth Niketan & Triveni Ghat (Rishikesh)
- Laxman Jhula & Ram Jhula
- Mansa Devi & Chandi Devi Temples
- Daily guided yoga and meditation sessions

Note: This Uttarakhand Pilgrimage package is suitable for travelers seeking spiritual immersion, gentle wellness activities, and cultural exploration.

#### **What's Included**

- ✓ Accommodation: 4 nights (2 nights in Haridwar, 2 nights in Rishikesh) in 3/4 hotels or ashram stays as selected, Daily breakfast, 1 evening Ganga Aarti at Har Ki Pauri, 1 evening Ganga Aarti at Parmarth Niketan, Guided yoga & meditation sessions (as specified), Local transfers between Haridwar and Rishikesh (seat-in-coach or private as per selection), Sightseeing & temple visits as per itinerary, All applicable hotel taxes.

#### **Not Included**

- ✗ Airfare/train fare to/from Uttarakhand, Personal expenses (tips, laundry, phone calls), Meals other than breakfast, Adventure activities like river rafting (can be arranged at extra cost), Entry fees to certain monuments/ashrams (if any), Travel insurance, Any services not mentioned in inclusions.

## Day-by-Day Itinerary

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Day

1

### **Arrival & Evening Ganga Aarti at Har Ki Pauri**

Arrive in Haridwar (by train/road/air via Dehradun or Delhi). Check in to your hotel and relax. In the evening, experience the soul-stirring Ganga Aarti at Har Ki Pauri – witness lamps, chants, and devotees offering prayers to the River Ganga. Wear comfortable clothes; carry a scarf or shawl as evenings by the river can be cool.

Day

2

### **Temple Visits & Exploring Haridwar**

After breakfast, visit the hilltop temples of Mansa Devi (cable car option available) and Chandi Devi. Spend the afternoon strolling through the old bazaars, sampling local prasad, and visiting small temples along the ghats. Evening free for personal prayers or attending an optional satsang. If you prefer less walking, use the ropeway to Mansa Devi.

Day

3

### **Transfer to Rishikesh & Riverside Sights**

Drive to Rishikesh (approx. 1–1.5 hours). Check in to your riverside hotel or ashram. Visit Laxman Jhula and Ram Jhula, explore the cafes and boutique shops, and tour the scenic Beatles Ashram (Chaurasi Kutia). In the evening attend the calming Ganga Aarti at Parmarth Niketan / Triveni Ghat. Take comfortable footwear for the suspension bridges and uneven pathways.

Day

4

### **Full Day Yoga & Meditation Retreat**

Dedicate a full day to spiritual wellness with guided yoga sessions, pranayama, and meditation at a reputable ashram or yoga center in Rishikesh. Optional activities include a short nature walk, Ayurvedic massage (extra cost), or a visit to Neelkanth Mahadev Temple (if you choose a half-day excursion). Evening free to enjoy the riverside ambience. Bring a yoga mat if you have one; some centers provide mats.

Day

5

### **Morning Yoga & Departure**

Early morning yoga or meditation session by the Ganga followed by breakfast. Check out and transfer to your onward destination (Dehradun airport / Haridwar railway station / Delhi). If time permits, enjoy last-minute shopping for spiritual souvenirs and prasad. Confirm your transfer timings the night before to ensure a smooth departure.

## Frequently Asked Questions

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## ❓ **What are the top tourist attractions in Uttarakhand?**

Uttarakhand boasts stunning tourist attractions like Nainital's serene lakes, Mussoorie's hill vistas, the sacred Ganges in Rishikesh, and the tranquil valleys of Auli and Joshimath. Don't miss the majestic Jim Corbett National Park, and the spiritual allure of Haridwar and Kedarnath, perfect for nature and adventure lovers.

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## ❓ **How can I reach Uttarakhand by train?**

Uttarakhand is well-connected by rail, with major stations like Dehradun, Haridwar, and Kathgodam. You can take trains from major cities like Delhi, Mumbai, and Kolkata. Once you arrive, local transport options like taxis and buses can help you explore the beautiful landscapes and attractions.

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## ❓ **When is the best time to visit Uttarakhand?**

The best time to visit Uttarakhand is from March to June and September to November. These months offer pleasant weather, making it ideal for trekking, sightseeing, and enjoying the serene landscapes. Winter months (December to February) attract snow lovers but can be chilly.

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## ❓ **What activities can I do in Uttarakhand?**

In Uttarakhand, you can indulge in a variety of activities like trekking in the picturesque hills of Nainital and Auli, river rafting in Rishikesh, wildlife safaris in Jim Corbett National Park, and exploring ancient temples in Haridwar and Kedarnath. Don't miss the serene beauty of the Valley of Flowers!

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## ❓ **What are the accommodation options in Uttarakhand?**

Uttarakhand offers a range of accommodation options for tourists, including luxury hotels, charming resorts, guesthouses, and budget-friendly homestays. Popular destinations like Rishikesh, Nainital, and Mussoorie feature a variety of choices to suit every traveler's preference and budget.

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## ❓ **Are there any adventure sports available in Uttarakhand?**

Yes, Uttarakhand is a hub for adventure sports! You can enjoy white-water rafting in Rishikesh, trekking to the stunning Valley of Flowers, paragliding in Nainital, and skiing in Auli. The state's beautiful landscape offers thrilling experiences for adventure enthusiasts.

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## ❓ What are the popular hill stations in Uttarakhand?

Uttarakhand boasts several popular hill stations, including Nainital, known for its beautiful lake; Mussoorie, the "Queen of the Hills"; and Auli, famous for skiing. Other notable spots are Ranikhet, Kausani, and Dhanaulti, each offering stunning views and a serene atmosphere for tourists.

## ★ Traveller Reviews



**Siddharth Jain**

★★★★★ 5/5

### Much Needed Digital Detox

I disconnected from technology during this tour and it was rejuvenating! The serene locations provided the perfect escape from the digital world.



**Akanksha Roy**

★★★★★ 5/5

### Fun and Memorable Trip

The trip was filled with fun activities and unforgettable memories with friends. The Uttarakhand tour package exceeded our expectations!



**Vineet Agarwal**

★★★★★ 5/5

### Perfect Honeymoon Getaway

This package was perfect for our honeymoon. We enjoyed romantic spots and beautiful sunsets. It was a dreamy experience!



**Nandita Joshi**

★★★★★ 5/5

### Very Relaxing and Fun

This tour package strikes a perfect balance between relaxation and fun! The wellness activities were just what I needed for rejuvenation.



**Subha Ganesh**

★★★★★ 5/5

### A Photographer's Dream

As a photographer, I found Uttarakhand to be a dream destination! Every corner had a perfect shot waiting to be captured!

## ⚡ Why Choose TourGrids?

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