

# Adventure Marathon: Multi-Day Treks from Pahalgam to Aru & Lidder Trails

Prepared by TourGrids



Destination  
**Kashmir**



Duration  
**7 Nights 8 Days**



Starting from  
**Rs. 29,250 / person**

## ITINERARY ROUTE

↖ Srinagar · 2N

↖ Pahalgam · 3N

↖ Aru · 2N

## Overview

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A 7 nights / 8 days Kashmir Adventure tour package crafted for trekkers and nature lovers. This Kashmir tour package blends comfortable stays in Srinagar with multi-day trekking through the scenic Pahalgam, Aru, and Lidder trails. Expect alpine meadows, river valleys, high mountain passes (moderate difficulty), and authentic local experiences. Best for active travelers seeking an immersive Kashmir Adventure package with guided treks, camping options, and cultural highlights.

### ✓ **What's Included**

- ✓ Accommodation: 2 nights in Srinagar (houseboat/hotel), 3 nights in Pahalgam (hotel/guesthouse), 2 nights in Aru (camp/guesthouse).
- ✓ Meals: Daily breakfast, 6 lunches (as per itinerary), 6 dinners. Special vegetarian and high-energy trek meals provided.
- ✓ Transfers: Airport/railway pick-up and drop, return transfers between Srinagar and Pahalgam.
- ✓ Guides & Support: Licensed trekking guide(s), local porters / pony support where necessary, camp crew.
- ✓ Permits & Briefings: Trek route permits, safety briefing, route planning.
- ✓ Equipment: Basic camping gear (tents, sleeping mats), first-aid kit, group emergency communication.
- ✓ Note: This Kashmir Adventure tour package includes guided treks and core logistics; adaptations can be made for fitness levels.

### ✗ **Not Included**

- ✗ airfare / train fares to/from Srinagar.
- ✗ Personal trekking gear (trekking boots, personal sleeping bag—can be rented on request).
- ✗ Travel insurance, emergency evacuation, and medical costs.
- ✗ Entry fees for optional attractions, gratuities, and personal expenses.
- ✗ Meals not specified in the inclusions and any alcohol.
- ✗ Tip: Purchase travel insurance that covers trekking up to the intended altitude and check cancellation policies.

## Day-by-Day Itinerary

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Day

1

### **Arrival in Srinagar — Welcome to the Kashmir Valley**

Arrive at Srinagar Airport / Railway Station and transfer to your traditional houseboat / hotel on Dal Lake. Meet your tour leader and attend a short briefing about the trek routes and safety. Afternoon at leisure: enjoy a serene Shikara ride on Dal Lake, watch floating gardens and local life. Evening transfer back to the houseboat with a welcome dinner featuring local cuisine.

Tip: Keep your bags light for the trek portion; luggage that will not be needed on treks can remain secured in Srinagar.

Day

2

### **Srinagar Sightseeing & Preparation**

After breakfast, enjoy a gentle sightseeing tour of Old Srinagar: visit the Mughal gardens Shalimar Bagh and Nishat Bagh (weather/time permitting), and a stroll through Lal Chowk. Afternoon orientation with trek guides to review gear, fitness levels, and route adjustments. Prepare trekking permits and final checks.

Important: Ensure you have sturdy trekking shoes, waterproof layers, and any personal medication.

Day

3

### **Transfer to Pahalgam — Gateway to Lidder Trails**

Drive from Srinagar to Pahalgam (approx. 2.5-3 hours) through scenic valleys. Check into your hotel in Pahalgam and take a short acclimatization walk in the valley, along the Lidder River. Evening briefing by the trekking team about the upcoming multi-day treks and overnight in Pahalgam.

Note: Altitude is moderate but take it easy on arrival to avoid fatigue.

Day

4

### **Pahalgam to Aru — Trek & Explore Alpine Meadows**

Start a scenic trek from Pahalgam to Aru (approx. 2-4 hours depending on pace). Cross pine forests and open meadows to reach Aru Valley, known for its vast alpine pastures and panoramic views of snow-capped peaks. Set up camp or check into a local guesthouse. Afternoon exploration of Aru's meadows and short acclimatization hikes.

Highlight: Perfect spot for sunset photography and stargazing from camp.

Day

5

### **Aru to Lidderwat / Tarsar–Meadow Excursion**

Embark on a full-day trek along the Lidder Trail toward scenic high meadows such as Lidderwat or onward towards Tarsar–Marsar region (route chosen based on weather and group fitness). Enjoy riverside trails, wildflowers, and views of glacial streams. Picnic lunch en route; return to Aru in the evening for dinner and overnight at the camp/guesthouse.

Note: This is the most active trekking day – maintain a steady pace and hydrate frequently.

Day

6

### **Multi-Day Trek: Deep into Lidder Trails & Local Villages**

Continue multi-day trekking exploring less-traveled sections of the Lidder Trails, visiting shepherd hamlets and high pasturelands. Pass through glacial streams, ridge viewpoints, and if conditions allow, reach vantage points for panoramic mountain views. Evening camp under the stars or return to a locally run guesthouse in Aru.

Tip: Carry layered clothing and a small daypack with water, snacks, and a basic first-aid kit.

Day

7

### **Return to Pahalgam – Leisure & Local Culture**

After breakfast, trek or drive back to Pahalgam for a relaxing day. Spend the afternoon exploring Betaab Valley (optional), stroll along the Lidder River, or enjoy a pony ride. Farewell dinner in Pahalgam with a debrief of the trek and an opportunity to meet local guides.

Special: Optional short visit to nearby Chandanwari or a local Kashmiri cultural demonstration.

Day

8

### **Back to Srinagar – Final Shopping & Departure Prep**

Drive back to Srinagar after breakfast. Spend remaining time shopping for local handicrafts (Kashmiri shawls, papier-mâché, dried fruits) or relax at the houseboat. Transfer to the airport / railway station for your onward journey home.

Important: Confirm departure timing and ensure all personal gear is packed. If you have an evening flight, enjoy a final Shikara ride on Dal Lake.

## **🔍 Frequently Asked Questions**

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## ❓ **What are the must-see tourist attractions in Kashmir?**

Kashmir offers breathtaking attractions like Dal Lake for its houseboats, Pahalgam for stunning valleys, Gulmarg for skiing, and Sonamarg for breathtaking landscapes. Don't miss the Mughal Gardens in Srinagar and the ancient monasteries in Zanskar. Each location showcases the region's natural beauty and rich culture.

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## ❓ **How can I reach Kashmir from major cities in India?**

You can reach Kashmir by air, road, or rail. The nearest airport is Srinagar, with flights from Delhi and other major cities. For train travel, Jammu is the closest railway station, followed by a scenic drive to Kashmir. Buses and taxis also connect major cities via the highway. Enjoy the breathtaking landscapes!

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## ❓ **Is Kashmir a safe destination for tourists?**

Kashmir, renowned for its stunning landscapes and rich culture, has seen improvements in safety for tourists in recent years. While many travelers visit without issues, it's important to stay updated on local conditions and follow travel advisories. Enjoy the beauty, but prioritize your safety.

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## ❓ **What are the best times to visit Kashmir for tourism?**

The best times to visit Kashmir are during spring (March to May) and autumn (September to November). Spring showcases blooming flowers and pleasant weather, while autumn offers stunning fall colors and crisp air. Summer can be warm, but it's a good time for trekking and adventure activities.

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## ❓ **What activities can I do in Kashmir during my visit?**

In Kashmir, you can enjoy stunning activities like trekking in the Himalayas, houseboat stays on Dal Lake, exploring Mughal gardens, skiing in Gulmarg, and experiencing the vibrant culture through local markets and cuisine. Don't miss the breathtaking views and photography opportunities!

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## ❓ **What is the local cuisine of Kashmir and where can I try it?**

Kashmir boasts a rich cuisine, with specialties like Rogan Josh, Yakhni, and Dum Aloo. You can savor these dishes at local restaurants in Srinagar, such as Ahdoos or Mughal Darbar. For an authentic experience, try traditional Wazwan meals served at local homes or heritage hotels.

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## ❓ What accommodations are available for tourists in Kashmir?

Kashmir offers a wide range of accommodations for tourists, from luxury hotels and heritage houseboats on Dal Lake to cozy guesthouses and boutique hotels in popular areas like Pahalgam and Gulmarg. Many options provide stunning views and warm hospitality, making your stay memorable.

## ★ Traveller Reviews

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**Kapil Bhatnagar**

★★★★★ 5/5

### **Cordial and Cheerful**

Kashmir's warmth is reflected in the smiles of its people. This tour package was delightful with its activities and accommodations.



**Sakshi Agarwal**

★★★★★ 5/5

### **An Experience of a Lifetime**

The entire trip was an experience of a lifetime. Every sight was a story waiting to be told. Don't miss it!



**Deepesh Malik**

★★★★☆ 4/5

### **Kashmir Unplugged**

This journey let me unplug from everyday life and soak in the beauty of nature. A much-needed retreat!



**Nandini Patil**

★★★★★ 5/5

### **A Perfect Blend of Activities**

From trekking to leisure walks along the lake, this package offered a perfect blend of activities to enjoy.



**Suman Verma**

★★★★★ 5/5

### **Beautiful Gardens**

The Mughal gardens were stunning during our visit. Highly recommended as part of the package!

## **⚡ Why Choose TourGrids?**

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