

Rajasthan Luxury & Wellness Retreat: Palace Spa & Spa Cuisine

Prepared by TourGrids



Destination
Rajasthan



Duration
6 Nights 7 Days



Starting from
Rs. 45,000 / person

ITINERARY ROUTE

↙ Jaipur · 2N

↙ Jodhpur · 2N

↙ Udaipur · 2N

<https://tourgrids.com/packages/rajasthan/rajasthan-6-nights-7-days-package-421>

Overview

A 6 nights / 7 days curated luxury journey through the royal heart of Rajasthan, combining heritage stays in palaces, signature wellness and spa rituals, and immersive spa cuisine experiences. Visit Jaipur, Jodhpur, and Udaipur while enjoying personalized wellness consultations, Ayurveda and holistic spa therapies, and chef-led spa cuisine classes designed to complement your treatments. Perfect for travelers seeking restorative luxury, cultural immersion, and culinary wellbeing.

Highlights:

- Luxury palace stays in Jaipur, Jodhpur and Udaipur
- Signature Palace Spa ritual & personalized wellness program
- Spa Cuisine: chef-led healthy cooking class and tasting
- Guided tours of Amber Fort, City Palace Jaipur, Mehrangarh Fort, Udaipur City Palace
- Private lake cruise in Udaipur and sunset wellness sessions
- Private transfers and VIP experiences (guided tours, priority entries)

Note: This itinerary is flexible and can be upgraded to include private flights or additional nights. Spa treatments require advance bookings and are subject to availability.

✓ What's Included

- ✓ Accommodation for 6 nights in luxury palace hotels (double occupancy)
- ✓ Daily breakfast and select spa cuisine lunches/dinners as specified
- ✓ Private airport/pick-up and drop transfers in air-conditioned vehicle
- ✓ All intercity private transfers (Jaipur 'Jodhpur 'Udaipur)
- ✓ Guided sightseeing with private English-speaking guides and priority entry at major monuments
- ✓ Wellness welcome consultation and personalized spa plan
- ✓ 3 signature spa treatments (one in each city) and additional mini-treatments as listed
- ✓ Spa Cuisine workshop and chef-led wellness tasting
- ✓ Sunset Lake Pichola cruise (private boat)
- ✓ Personalized wellness pack & spa recipe booklet
- ✓ Taxes and service charges (subject to change)

✗ Not Included

- ✗ International/domestic flights to/from Rajasthan
- ✗ GST on land arrangements (if applicable at time of travel)
- ✗ Entry fees to monuments unless specified as priority entry
- ✗ Personal expenses, tips, laundry, telephone calls
- ✗ Travel insurance (recommended)
- ✗ Optional excursions (Ranakpur, private heritage experiences) unless pre-booked
- ✗ Spa treatments outside those mentioned or upgrades to specialist programs
- ✗ Any increase in fuel surcharges, taxes, or government levies levied after booking



Day-by-Day Itinerary

Day

1

Arrival, Welcome Ritual & Gentle Recovery

Arrive at Jaipur (Sanganer or Jaipur Airport) and be greeted by a private chauffeur. Transfer to your luxury palace hotel. Enjoy a welcome wellness consultation with the spa therapist to customize your treatments for the stay. Afternoon at leisure with a gentle signature foot massage or steam session. Evening: welcome dinner featuring light spa cuisine curated by the in-house chef — focus on seasonal, anti-inflammatory ingredients.

Transfers: Private air-conditioned car. Flight/train arrival times to be shared in advance.

Day

2

Heritage Sightseeing & Spa Cuisine Workshop

Morning guided tour of Amber Fort with an optional palace elephant-viewing spot, followed by a photo stop at Hawa Mahal and exploration of City Palace, Jaipur. Return to the hotel for a late lunch.

Afternoon: Participate in the hotel's Spa Cuisine workshop — a hands-on session led by the palace chef and nutritionist. Learn to prepare light, restorative dishes and herbal teas designed to support your spa therapies. Evening free for a sunset wellness session — yoga or guided meditation on the terrace.

Day

3

Transfer to Jodhpur via Scenic Route & Evening Spa Treatment

After a relaxed breakfast, check out and drive to Jodhpur (approx. 5–6 hours). Enjoy curated stops en route for photography and refreshments. Arrive in Jodhpur and check in to your heritage hotel. Late afternoon: indulge in a signature Rajputana massage and a detoxifying body wrap at the palace spa.

Evening: savor a specially designed farm-to-table spa cuisine tasting menu focusing on local ingredients prepared with health-oriented techniques.

Day

4

Mehrangarh, Blue City Walk & Wellness Immersion

Spend the morning exploring Mehrangarh Fort with private guide, including the museum and panoramic viewpoint over the Blue City. Stroll through the old city lanes and visit Jaswant Thada.

Afternoon: wellness immersion — choose between Ayurveda treatment, aromatherapy, or an energy-balancing session. Evening free to enjoy the palace terrace with herbal infusions and light snacks.

Tip: Wear comfortable shoes for the fort and bring sunscreen.

Day

5

Drive to Udaipur with Optional Ranakpur Stop & Evening Lake Views

After breakfast, depart for Udaipur (approx. 5 hours). Optional stop at Ranakpur Jain Temples for intricate marble architecture (advance request). Arrive in Udaipur and check in to your lakeside palace hotel.

Evening: gentle sunset boat cruise on Lake Pichola with herbal welcome drink, followed by a light spa cuisine dinner and an introductory Udaipur spa ritual — foot reflexology or hot-stone therapy.

Day

6

Udaipur Cultural Tour & Full Spa Day

Morning guided visit to Udaipur City Palace, the Crystal Gallery (optional), and the Saheliyon ki Bari gardens. Lunch at the hotel with spa cuisine selections.

Afternoon: full indulgence at the palace spa — choose a signature ritual (Ayurvedic panchakarma mini-session, royal bathing experience, or holistic massage) followed by a restorative facial and scalp treatment.

Evening: private rooftop yoga or sound-bath session by the lake.

Health note: Please inform us of any allergies or medical conditions prior to spa treatments.

Day

7

Departure with Farewell Brunch

After a leisurely breakfast and optional short spa refresh (mini massage or herbal steam), check out and transfer to Udaipur airport/rail station for onward journey. Receive a personalized wellness pack and recipe booklet from the spa chef as a farewell gift.

Note: Early departures can be accommodated; spa sessions should be pre-booked the evening before.

🔗 Frequently Asked Questions

🔗 What are the top tourist attractions in Rajasthan?

Rajasthan boasts stunning attractions like the majestic forts of Jaipur (Amber Fort), Jodhpur (Mehrangarh Fort), and Udaipur (City Palace). Don't miss the Thar Desert's scenic dunes, the vibrant markets, and cultural experiences in Pushkar, and the heritage of Chittorgarh. Each site reflects the rich history and vibrant culture of the state.

🔗 What is the best time to visit Rajasthan?

The best time to visit Rajasthan is from October to March. During these months, the weather is pleasant, with cooler temperatures ideal for exploring the state's majestic forts, palaces, and vibrant cultural festivals. This period ensures a comfortable experience while enjoying Rajasthan's rich heritage.

🔗 How do I reach Rajasthan from other parts of India?

Rajasthan is well-connected by air, rail, and road. Major airports in Jaipur, Udaipur, and Jodhpur serve domestic flights. Train services link cities like Jaipur and Jodhpur with other regions. National highways ensure easy access by car or bus, making it convenient to explore this vibrant state!

🔗 What is the local cuisine like in Rajasthan?

Rajasthan's local cuisine is a vibrant blend of flavors, featuring dishes like dal baati churma, gatte ki sabzi, and laal maas. The use of spices, lentils, and traditional cooking techniques results in rich and hearty meals. Street food like kachoris and sweets like ghevar add to the culinary experience.

🔗 Are there any cultural festivals celebrated in Rajasthan?

Yes, Rajasthan is known for its vibrant cultural festivals like the Pushkar Camel Fair, Jaisalmer Desert Festival, and the Teej Festival. These celebrations showcase traditional music, dance, crafts, and local cuisine, offering tourists a rich experience of Rajasthani heritage and culture.

🔗 Is Rajasthan suitable for adventure tourism?

Yes, Rajasthan is perfect for adventure tourism! Explore thrilling activities like camel safaris in the Thar Desert, hot air ballooning over Jaipur, rock climbing in Aravalli Hills, and white-water rafting in the Chambal River. The state's diverse landscapes and rich culture add to the adventure!

❓ What safety tips should I keep in mind while traveling in Rajasthan?

When traveling in Rajasthan, prioritize your safety by keeping these tips in mind: avoid isolated areas after dark, stay hydrated, dress modestly, use reputable transportation options, keep copies of important documents, and be aware of your surroundings. Embrace local customs and always trust your instincts.

★ Traveller Reviews



Riddhi Sharma

★★★★★ 5/5

Surprising Art Forms

Exploring various art forms in Rajasthan was surprising! The intricate designs and uniqueness are commendable.



Farah Iqbal

★★★★★ 5/5

Diverse Itinerary with Fun Activities

The itinerary offered a good mix of history, culture, and adventure. Each day was packed with fun activities!



Rohit Sharma

★★★★★ 5/5

Tranquil Stay Amidst Nature

Our stay in a resort amidst nature was tranquil and rejuvenating. The serene environment made for a perfect escape from the city.



Kavya Singla

★★★★★ 5/5

Fascinating Desi Cuisine Tour

Rajasthan's cuisine is as colorful as its culture! We enjoyed trying various traditional dishes, and it was a gastronomical delight.



Umesh Choudhary

★★★★☆ 4/5

Cultural Insights Galore

The cultural insights provided during the tour were incredible. It made me appreciate the heritage of Rajasthan deeply!

⚡ Why Choose TourGrids?

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