

Ziro & Dzukou Valley Trek: Hillside Camping & Tribal Life

Prepared by TourGrids

Destination
North-East

Duration
4 Nights 5 Days

Starting from
Rs. 14,200 / person

ITINERARY ROUTE

↙ Ziro · 2N

↙ Kohima · 1N

↙ Dzukou Valley · 1N

↙ Kohima / Departure Hub · 0N

<https://tourgrids.com/packages/north-east/north-east-4-nights-5-days-package-636>

📌 Overview

a curated 4 nights / 5 days North-East Adventure tour package blending serene valley stays, rich tribal culture, and an iconic trek to the floral Dzukou Valley. Ideal for travelers seeking an immersive North-East tour package and an active North-East Adventure tour package experience, this itinerary pairs the tranquil Apatani plateau with the wild beauty of Dzukou. Highlights:

- Ziro Valley (Apatani villages & paddy terraces)
- Apatani tribal life (village visits & cultural immersion)
- Dzukou Valley (trek, wildflowers, sunrise & camping)
- Kohima (gateway to Dzukou; memorials & local markets)

This 4N/5D North-East Adventure package is crafted for moderate fitness trekkers and culture lovers. Travel times in the Northeast can be long – please allow flexibility for road conditions.

✓ What's Included

- ✓ 4 nights accommodation (2 nights in Ziro, 1 night in Kohima, 1 night camping in Dzukou Valley)
- ✓ Meals as per itinerary (breakfast each day + 2 lunches + 2 dinners; specify meal plan at booking)
- ✓ All local transfers and surface transport between mentioned places (as per itinerary)
- ✓ Trekking guide, local porters for camping equipment, and campsite setup in Dzukou
- ✓ Entry/permitting assistance and local permits required for trekking
- ✓ Local taxes, basic first-aid kit and emergency contact support
- ✓ End-to-end itinerary management and local liaison
- ✓ Note: Specific meal counts, lodge categories and transfer pickup/drop points are confirmed at booking.

✗ Not Included

- ✗ International / domestic flights or train fare to the start point
- ✗ Personal travel insurance, medical expenses, evacuation costs
- ✗ Camera charges, personal items, alcoholic beverages and additional meals/snacks beyond those listed
- ✗ Tips, portorage for personal luggage, and items of personal nature
- ✗ Any optional activities, extra nights, or changes arising from weather/road delays
- ✗ Permits/fees not mentioned in inclusions or obtained due to personal requests

Day-by-Day Itinerary

Day

1

Arrival, Road Transfer to Ziro & Evening Walk

Arrive at Guwahati / Dimapur (arrival point) and begin your scenic road transfer to Ziro Valley. The journey passes through rolling hills, rivers and small tribal towns – a good introduction to the region. On arrival, check into your guesthouse or eco-lodge. Spend the evening strolling around Hapoli market and the paddy terraces, absorbing local rhythms. Tip: Keep your camera ready—Ziro sunsets over rice terraces are spectacular.

Day

2

Apatani Village Tour & Cultural Immersion

Full day exploring the living heritage of the Apatani tribe. Visit traditional villages such as Hong and Hapoli, meet local families, and learn about age-old agricultural practices and unique facial tattooing history (now rare). Experience local crafts, tribal cuisine and village walkways through rice fields. In the late afternoon, visit a scenic viewpoint for valley panoramas and sunset photography. Note: Be respectful when photographing people—ask before taking close-up photos.

Day

3

Transfer to Kohima — Kohima Highlights & Prep for Trek

Early departure for Kohima, the gateway to the Dzukou Valley. This is a longer drive through mountainous roads with spectacular views. On arrival in Kohima, visit the Kohima War Cemetery and stroll through local markets to sample regional snacks and pick up last-minute trekking supplies. Overnight in Kohima to rest and prepare for the Dzukou trek. Tip: Keep water and light snacks handy during the drive.

Day

4

Dzukou Valley Trek, Explore & Camp under Stars

Early start from Kohima to the Dzukou trailhead (e.g., Viswema / Jakhama approach depending on permit and route). Begin the trek into the Dzukou Valley—a 6–8 km moderate trek through ridge trails, rhododendron trees and seasonal blooms. Reach the valley by midday, set up hillside camping and explore the valley meadows, streams and panoramic viewpoints. Enjoy sunset from the camp ridge and an evening around a campfire. Important: Weather in the valley can change quickly—carry warm layers and waterproofs.

Day

5

Sunrise in Dzukou, Trek Out & Departure

Witness a tranquil sunrise in Dzukou Valley, then pack camp and trek back to the trailhead. After the descent, transfer to Kohima or onward transport hub for drop-off (Imphal/Dimapur/Guwahati as per your onward plans). Conclude your North-East Adventure package with memories of tribal life, valley vistas and a rewarding trek. Note: If you have a late departure, request extended transfer or an additional night in Kohima to avoid rush.

🔍 Frequently Asked Questions

🔍 What is the best time to visit Northeast India?

The ideal time to visit Northeast India is October to April when the weather is pleasant and dry. October–November offers post-monsoon freshness with clear skies, perfect for sightseeing and outdoor activities. December–February brings cool, crisp weather ideal for exploring hill stations like Gangtok, Shillong, and Tawang. March–April features blooming rhododendrons and comfortable temperatures. Avoid June–September monsoon season as heavy rainfall can disrupt travel plans, cause landslides, and make roads inaccessible. However, if you're interested in experiencing lush green landscapes and don't mind occasional showers, post-monsoon September can be beautiful. For specific festivals like Hornbill Festival in Nagaland (December) or cherry blossoms in Shillong (November), plan accordingly. Winter temperatures range from 5–20°C in hills and 10–25°C in plains.

🔍 How can I reach Northeast India from major Indian cities?

Air travel is the most convenient option with Guwahati (Assam) serving as the main gateway, connected to Delhi, Mumbai, Kolkata, and Bangalore. Other airports include Bagdogra (for Sikkim), Imphal, Agartala, Dibrugarh, and Dimapur. From Guwahati, you can reach other states by road or connecting flights. Train connectivity exists to Guwahati, New Jalpaiguri (for Sikkim), and Agartala via broad gauge lines. The Rajdhani Express connects Guwahati to Delhi. Road access is possible via NH27 through West Bengal and NH37. For Sikkim, fly to Bagdogra then drive 4 hours to Gangtok. Many tourists prefer flying to Guwahati and then taking domestic flights or hiring vehicles for interstate travel. Book flights in advance as options are limited and prices can be higher than other destinations.

🔍 Do I need special permits to visit Northeast states?

Permit requirements vary by state and visitor nationality. Indian citizens need Inner Line Permits (ILP) for Arunachal Pradesh, Mizoram, and Nagaland, obtainable online or at checkpoints. Manipur requires ILP for certain areas. No permits needed for Assam, Meghalaya, Tripura, and Sikkim for Indians. Foreign nationals need Protected Area Permits (PAP) for Arunachal Pradesh, obtained through registered tour operators with 30-day advance application. Sikkim requires permits for certain areas like Nathula Pass and North Sikkim. For group travel, tour operators usually handle permit procedures. Apply online through official state websites or at designated counters in Delhi, Kolkata, and Guwahati. Carry multiple passport-size photos and ID proofs. Permits are usually processed within 2–7 days. Some border areas may have additional restrictions, so check current regulations before travel.

❓ **What are the local transportation options within Northeast states?**

Shared taxis and sumos are the most common intercity transport, especially in hilly regions like Sikkim and Meghalaya. State transport buses connect major towns but can be crowded and slow. Private buses offer better comfort for longer routes. In cities, auto-rickshaws, cycle-rickshaws, and local taxis are available. App-based cabs operate in Guwahati, Shillong, and Gangtok. For sightseeing, hiring a private car with driver is recommended, costing ₹2,500–4,000 per day depending on the vehicle and distance. Motorcycle rentals are popular in Sikkim and Meghalaya among adventure travelers. River transport exists in Assam via ferries across Brahmaputra. Helicopter services operate in Sikkim for scenic tours. Book vehicles in advance during peak season. Mountain roads can be challenging, so experienced local drivers are advisable. Fuel stations may be sparse in remote areas.

❓ **What types of accommodation are available and where should I stay?**

Northeast India offers diverse accommodation from luxury resorts to budget homestays. Government tourism properties provide good value with basic amenities. Luxury options include Taj Tashi (Thimphu), Mayfair Hotels (Gangtok, Shillong), and heritage properties. Mid-range hotels are abundant in major towns. Homestays are popular, especially in Sikkim, Meghalaya, and Arunachal Pradesh, offering authentic cultural experiences at ₹1,000–3,000 per night. Stay in Gangtok for Sikkim exploration, Shillong for Meghalaya, Guwahati for Assam, Itanagar for Arunachal Pradesh. In remote areas, government guest houses and forest rest houses are available but require advance booking. Eco-lodges near national parks offer nature experiences. During festivals, book well in advance as accommodation fills quickly. Many properties offer package deals including meals and local sightseeing. Check for hot water availability in hill stations during winter months.

❓ **What are the must-visit attractions in Northeast India?**

Top attractions include Kaziranga National Park (Assam) for one-horned rhinos, Tawang Monastery (Arunachal Pradesh) – India's largest monastery, and Nathula Pass (Sikkim) on the Indo-China border. Shillong, the 'Scotland of East,' offers colonial charm and living root bridges in Cherrapunji. Majuli Island (Assam) is the world's largest river island with unique culture. Hornbill Festival (Nagaland) showcases tribal heritage. Loktak Lake (Manipur) features floating islands. Unakoti (Tripura) has ancient rock carvings. Adventure seekers enjoy river rafting in Arunachal Pradesh, trekking in Sikkim's Goecha La, and caving in Meghalaya's Mawsmai Caves. Tea gardens in Assam and Sikkim offer scenic beauty. Sikkim's Rumtek Monastery and Gangtok's MG Marg are cultural highlights. Each state offers unique experiences – from wildlife safaris to monastery visits and tribal village interactions.

🔗 What local foods and cuisines should I try in Northeast India?

Northeast cuisine is unique, featuring rice as staple with minimal spices and extensive use of herbs, bamboo shoots, and fermented ingredients. Must-try dishes include Assam's fish curry with khar (alkaline preparation), Sikkim's momos and thukpa, Nagaland's smoked pork with black sesame, and Manipur's Eromba (vegetable curry). Meghalaya's Jadoh (rice with meat) and Mizoram's Bai (vegetable stew) are local favorites. Fermented fish, bamboo shoot pickles, and bhut jolokia (ghost pepper) add distinctive flavors. Sikkimese cuisine shows Tibetan influence with gundruk (fermented leafy greens) and chhurpi (yak cheese). Try local rice beer, particularly Sikkim's chang and Assam's rice wine. Street food includes Assam's pitha (rice cakes) and various tribal preparations. Many dishes might be unfamiliar to outsiders, so start with milder options. Vegetarian options are available but limited in tribal areas. Local restaurants and homestays offer authentic experiences.

★ Traveller Reviews



Gunjan Tiwari

★★★★☆ 4/5

North-East Travels - An Enriching Experience

Traveling to the North-East was an enriching experience for me. The diverse ecosystems and cultures made the trip memorable. Highly recommend exploring this region!



Ranbir Choudhury

★★★★★ 5/5

Journey of a Lifetime

This North-East tour was indeed a journey of a lifetime! Beautiful landscapes, thrilling adventures, and rich culture made it all worth it. Will cherish these memories forever!



Nandita Roy

★★★★★ 5/5

Well-Organized North-East Package

The North-East tour package was well-organized with friendly staff and seamless arrangements. Every detail was taken care of and it made our travel experience delightful!



Sourabh Yadav

★★★★★ 5/5

Beautiful North-East Awaits You

The beautiful North-East awaits everyone! This tour package was filled with exciting activities and places that offered picturesque views. I can't recommend it enough!



Akanksha Mehta

★★★★☆ 4/5

Adventure Awaits in North-East

Adventure awaits in the North-East! This tour gave us thrilling experiences while also allowing us to soak in the serene beauty around us. Great trip overall!

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