

Meghalaya & Assam Nature Circuit: Caves, Waterfalls & Tea Estates

Prepared by TourGrids

Destination
North-East

Duration
6 Nights 7 Days

Starting from
Rs. 20,450 / person

ITINERARY ROUTE

↗ Guwahati · 1N

↗ Shillong · 1N

↗ Cherrapunji · 1N

↗ Mawlynnong / Dawki · 1N

↗ Kaziranga · 2N

<https://tourgrids.com/packages/north-east/north-east-6-nights-7-days-package-661>

Overview

a thoughtfully curated 6 nights / 7 days North-East tour package designed for families and nature lovers. This North-East Family tour package combines the misty hills of Shillong, the living landscapes of Cherrapunji (Sohra), the crystal-clear Dawki River, the picturesque village of Mawlynnong, and the iconic wildlife and tea estates of Kaziranga and Jorhat. Ideal as a North-East Family package for travelers seeking caves, waterfalls, river cruises, and tea-garden experiences.

Highlights:

- Mawsmai Cave, Mawmluh Cave & other limestone caves
- Nohkalikai Falls, Seven Sisters Falls & panoramic viewpoints
- Boating on the Umngot (Dawki) River – one of India's clearest rivers
- Visit to Mawlynnong – the 'Cleanest Village in Asia'
- Kaziranga National Park jeep safari for one-horned rhino sightings
- Guided visit to a traditional Assam tea estate and tea tasting

Note: This itinerary balances scenic drives with relaxed exploration and includes family-friendly activities. Distances in the North-East involve mountain roads – plan for flexible travel times.

✓ What's Included

- ✓ Accommodation for 6 nights on twin/double sharing basis as per choice (hotel/resort/lodge)
- ✓ Daily breakfast and 4 dinners (as specified)
- ✓ Transfers and sightseeing by private air-conditioned vehicle as per itinerary
- ✓ One jungle safari (jeep/elephant option subject to availability and zone permits)
- ✓ Local guide for Kaziranga safari and tea-estate visit
- ✓ All monument/park entry fees as per itinerary (where included)
- ✓ Inter-state taxes and driver allowance
- ✓ Special: Family-friendly rooms and child meal options can be arranged on request.

✗ Not Included

- ✗ Flights / Train tickets to/from Guwahati
- ✗ Personal expenses such as tips, alcohol, laundry, phone calls and portage
- ✗ Additional meals not specified in inclusions
- ✗ Travel insurance (highly recommended)
- ✗ Safari charges for optional second safari, camera fees or zone surcharges if applicable
- ✗ Permit charges (if any) and any government levy introduced after booking
- ✗ Note: Peak season surcharges, long-route taxes, or optional activities are not included and will be quoted separately.

Day-by-Day Itinerary

Day

1

Arrival, Guwahati Orientation & Evening by the Brahmaputra

Arrive at Guwahati Airport/Railway Station. Meet and transfer to your hotel. After check-in, enjoy a relaxed orientation drive visiting Kamakhya Temple (time permitting) and the Assam State Museum. In the evening, take a short stroll along the Brahmaputra River or opt for a sunset river cruise (seasonal).

Tip: Flights to Guwahati arrive throughout the day; if you have an afternoon arrival, plan lighter activities to acclimatize.

Day

2

Transfer to Shillong – Umiam Lake & Local Sights

After breakfast, drive to Shillong (approx. 3 hours). En route, stop at Umiam Lake for photos and short breaks. On arrival, check in and explore Shillong Peak and Elephant Falls. Spend the evening at Police Bazaar exploring local handicrafts and cafés.

Family-friendly walks and easy sightseeing to adjust to hill weather.

Day

3

Cherrapunji (Sohra): Waterfalls & Limestone Caves

Drive to Cherrapunji (Sohra) – one of the wettest places on Earth. Visit the dramatic Nohkalikai Falls, Seven Sisters Falls viewpoint and explore Mawsmai Cave and Mawmluh Cave (subject to accessibility). Enjoy panoramic viewpoints such as Dainthlen Falls and Eco Park.

Note: Cave interiors can be damp and slippery; wear sturdy footwear and carry a flashlight.

Day

4

Mawlynnong & Dawki: Clean Village, Living Roots & Crystal River

Head to Mawlynnong – renowned as the 'Cleanest Village in Asia'. Walk the village lanes, visit the Sky View Tower and interact with local Khasi families. Later, proceed to Dawki (Umngot River) for a transparent-water boat ride to the Bangladesh border point, admiring riverbed clarity and limestone banks.

Tip: Boat rides depend on river level – best from October to May. Carry light rainwear in monsoon months.

Day

5

Drive to Kaziranga via Guwahati — Evening at Leisure

After an early breakfast, drive towards Kaziranga National Park. En route you may pass through Guwahati for lunch and a short break. Arrive at Kaziranga by evening, check into your lodge/resort and relax. Enjoy a traditional Assamese dinner and a cultural performance if available.

Travel note: Long driving day — recommended to start early and carry snacks and water for children.

Day

6

Kaziranga Safari & Tea Estate Visit

Start with an early morning jeep or jeep/elephant safari (as per park zone and season) into Kaziranga National Park to spot the Indian one-horned rhinoceros, wild elephants, swamp deer and diverse birdlife. Return to the resort for breakfast and rest. Later in the day, drive to a nearby Assam tea estate (near Jorhat/Mariani area) for a guided walk through plantations, a tea-processing demonstration and tasting.

Important: Safari seats are limited — pre-booking is essential. Carry binoculars and sun protection.

Day

7

Departure via Guwahati — End of Tour

After breakfast, check out and drive back to Guwahati for your onward flight or train. If time permits, visit Hajo (a confluence of Hindu, Buddhist and Islamic traditions) or local markets for last-minute shopping. Transfer to airport/railway station and depart with memorable experiences from your North-East Family Retreat tour package.

Tip: Schedule flights in the afternoon/evening to avoid a rushed transfer; allow buffer time for traffic and road conditions.

🔍 Frequently Asked Questions

❓ **What is the best time to visit Northeast India?**

The ideal time to visit Northeast India is October to April when the weather is pleasant and dry. October–November offers post-monsoon freshness with clear skies, perfect for sightseeing and outdoor activities. December–February brings cool, crisp weather ideal for exploring hill stations like Gangtok, Shillong, and Tawang. March–April features blooming rhododendrons and comfortable temperatures. Avoid June–September monsoon season as heavy rainfall can disrupt travel plans, cause landslides, and make roads inaccessible. However, if you're interested in experiencing lush green landscapes and don't mind occasional showers, post-monsoon September can be beautiful. For specific festivals like Hornbill Festival in Nagaland (December) or cherry blossoms in Shillong (November), plan accordingly. Winter temperatures range from 5–20°C in hills and 10–25°C in plains.

❓ **How can I reach Northeast India from major Indian cities?**

Air travel is the most convenient option with Guwahati (Assam) serving as the main gateway, connected to Delhi, Mumbai, Kolkata, and Bangalore. Other airports include Bagdogra (for Sikkim), Imphal, Agartala, Dibrugarh, and Dimapur. From Guwahati, you can reach other states by road or connecting flights. Train connectivity exists to Guwahati, New Jalpaiguri (for Sikkim), and Agartala via broad gauge lines. The Rajdhani Express connects Guwahati to Delhi. Road access is possible via NH27 through West Bengal and NH37. For Sikkim, fly to Bagdogra then drive 4 hours to Gangtok. Many tourists prefer flying to Guwahati and then taking domestic flights or hiring vehicles for interstate travel. Book flights in advance as options are limited and prices can be higher than other destinations.

❓ **Do I need special permits to visit Northeast states?**

Permit requirements vary by state and visitor nationality. Indian citizens need Inner Line Permits (ILP) for Arunachal Pradesh, Mizoram, and Nagaland, obtainable online or at checkpoints. Manipur requires ILP for certain areas. No permits needed for Assam, Meghalaya, Tripura, and Sikkim for Indians. Foreign nationals need Protected Area Permits (PAP) for Arunachal Pradesh, obtained through registered tour operators with 30-day advance application. Sikkim requires permits for certain areas like Nathula Pass and North Sikkim. For group travel, tour operators usually handle permit procedures. Apply online through official state websites or at designated counters in Delhi, Kolkata, and Guwahati. Carry multiple passport-size photos and ID proofs. Permits are usually processed within 2–7 days. Some border areas may have additional restrictions, so check current regulations before travel.

❓ **What are the local transportation options within Northeast states?**

Shared taxis and sumos are the most common intercity transport, especially in hilly regions like Sikkim and Meghalaya. State transport buses connect major towns but can be crowded and slow. Private buses offer better comfort for longer routes. In cities, auto-rickshaws, cycle-rickshaws, and local taxis are available. App-based cabs operate in Guwahati, Shillong, and Gangtok. For sightseeing, hiring a private car with driver is recommended, costing ₹2,500–4,000 per day depending on the vehicle and distance. Motorcycle rentals are popular in Sikkim and Meghalaya among adventure travelers. River transport exists in Assam via ferries across Brahmaputra. Helicopter services operate in Sikkim for scenic tours. Book vehicles in advance during peak season. Mountain roads can be challenging, so experienced local drivers are advisable. Fuel stations may be sparse in remote areas.

❓ **What types of accommodation are available and where should I stay?**

Northeast India offers diverse accommodation from luxury resorts to budget homestays. Government tourism properties provide good value with basic amenities. Luxury options include Taj Tashi (Thimphu), Mayfair Hotels (Gangtok, Shillong), and heritage properties. Mid-range hotels are abundant in major towns. Homestays are popular, especially in Sikkim, Meghalaya, and Arunachal Pradesh, offering authentic cultural experiences at ₹1,000–3,000 per night. Stay in Gangtok for Sikkim exploration, Shillong for Meghalaya, Guwahati for Assam, Itanagar for Arunachal Pradesh. In remote areas, government guest houses and forest rest houses are available but require advance booking. Eco-lodges near national parks offer nature experiences. During festivals, book well in advance as accommodation fills quickly. Many properties offer package deals including meals and local sightseeing. Check for hot water availability in hill stations during winter months.

❓ **What are the must-visit attractions in Northeast India?**

Top attractions include Kaziranga National Park (Assam) for one-horned rhinos, Tawang Monastery (Arunachal Pradesh) – India's largest monastery, and Nathula Pass (Sikkim) on the Indo-China border. Shillong, the 'Scotland of East,' offers colonial charm and living root bridges in Cherrapunji. Majuli Island (Assam) is the world's largest river island with unique culture. Hornbill Festival (Nagaland) showcases tribal heritage. Loktak Lake (Manipur) features floating islands. Unakoti (Tripura) has ancient rock carvings. Adventure seekers enjoy river rafting in Arunachal Pradesh, trekking in Sikkim's Goecha La, and caving in Meghalaya's Mawsmai Caves. Tea gardens in Assam and Sikkim offer scenic beauty. Sikkim's Rumtek Monastery and Gangtok's MG Marg are cultural highlights. Each state offers unique experiences – from wildlife safaris to monastery visits and tribal village interactions.

🔗 What local foods and cuisines should I try in Northeast India?

Northeast cuisine is unique, featuring rice as staple with minimal spices and extensive use of herbs, bamboo shoots, and fermented ingredients. Must-try dishes include Assam's fish curry with khar (alkaline preparation), Sikkim's momos and thukpa, Nagaland's smoked pork with black sesame, and Manipur's Eromba (vegetable curry). Meghalaya's Jadoh (rice with meat) and Mizoram's Bai (vegetable stew) are local favorites. Fermented fish, bamboo shoot pickles, and bhut jolokia (ghost pepper) add distinctive flavors. Sikkimese cuisine shows Tibetan influence with gundruk (fermented leafy greens) and chhurpi (yak cheese). Try local rice beer, particularly Sikkim's chang and Assam's rice wine. Street food includes Assam's pitha (rice cakes) and various tribal preparations. Many dishes might be unfamiliar to outsiders, so start with milder options. Vegetarian options are available but limited in tribal areas. Local restaurants and homestays offer authentic experiences.

★ Traveller Reviews



Gunjan Tiwari

★★★★☆ 4/5

North-East Travels - An Enriching Experience

Traveling to the North-East was an enriching experience for me. The diverse ecosystems and cultures made the trip memorable. Highly recommend exploring this region!



Ranbir Choudhury

★★★★★ 5/5

Journey of a Lifetime

This North-East tour was indeed a journey of a lifetime! Beautiful landscapes, thrilling adventures, and rich culture made it all worth it. Will cherish these memories forever!



Nandita Roy

★★★★★ 5/5

Well-Organized North-East Package

The North-East tour package was well-organized with friendly staff and seamless arrangements. Every detail was taken care of and it made our travel experience delightful!



Sourabh Yadav

★★★★★ 5/5

Beautiful North-East Awaits You

The beautiful North-East awaits everyone! This tour package was filled with exciting activities and places that offered picturesque views. I can't recommend it enough!



Akanksha Mehta

★★★★☆ 4/5

Adventure Awaits in North-East

Adventure awaits in the North-East! This tour gave us thrilling experiences while also allowing us to soak in the serene beauty around us. Great trip overall!

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