

Sikkim Family Adventure: Lakes, Easy Treks & Local Food

Prepared by TourGrids



Destination

North-East



Duration

5 Nights 6 Days



Starting from

Rs. 17,200 / person

ITINERARY ROUTE

↖ **Gangtok · 3N**

↖ **Lachen · 1N**

↖ **Lachung · 1N**

<https://tourgrids.com/packages/north-east/north-east-5-nights-6-days-package-679>

Overview

Discover the best of Sikkim with this carefully curated 5 nights / 6 days North-East tour package designed for families who want gentle treks, serene alpine lakes and authentic local cuisine. This North-East Adventure tour package blends comfortable drives, short hikes, cultural experiences and scenic highlights—ideal for first-time visitors and families. Perfect keyword matches: North-East Adventure package, 5 and 6 North-East Adventure tour package.

Highlights:

- Tsomgo (Changu) Lake & Baba Harbhajan Singh Temple
- Gurudongmar Lake (spectacular high-altitude lake)
- Yumthang Valley (Valley of Flowers) & Chopta Valley
- Gangtok city: MG Marg, local markets, monasteries and street food
- Easy family-friendly walks and cultural interactions with local communities

Tip: High-altitude visits (Gurudongmar) require early starts and light acclimatization; keep warm clothing and necessary permits ready.

✓ What's Included

- ✓ Accommodation for 5 nights in comfortable family rooms (3-star or similar)
- ✓ Daily breakfast and 4 dinners (local cuisine focus)
- ✓ All transfers & sightseeing in a private vehicle as per itinerary (innova/tempo traveller depending on group size)
- ✓ Experienced local driver and permits for restricted areas (as applicable)
- ✓ Local guide for North Sikkim days (Lachen/Lachung) and assistance with high-altitude visits
- ✓ Basic first-aid kit and bottled water during excursions
- ✓ Note: Specific vehicle type and hotel will be confirmed at booking.

✗ Not Included

- ✗ Air / Train tickets to Bagdogra / NJP
- ✗ Entrance fees, camera fees, and personal expenses
- ✗ Meals not mentioned (lunches and some dinners)
- ✗ Travel insurance (strongly recommended)
- ✗ Nathula Pass permits (if you opt for the Nathula extension) and any additional permit fees beyond standard package
- ✗ Tips, portage and items of personal nature
- ✗ Tip: Carry a photocopy of your ID for permit processing; high-altitude medicines are recommended if needed.

Day-by-Day Itinerary

Day

1

Arrival & Easy Introduction to Gangtok

Arrive at Bagdogra Airport / New Jalpaiguri (NJP) Railway Station and transfer (approx. 4–5 hours) to Gangtok. Check in and relax. In the evening take a gentle stroll along MG Marg, explore local handicraft shops and sample street snacks like momos and thukpa.

Activities:

- Hotel check-in and rest
- Evening walk at MG Marg and local market visit
- Optional short visit to Enchey Monastery (time permitting)

Important: Allow time to rest after the drive to acclimatize. Keep hydrated.

Day

2

Tsomgo (Changu) Lake & Baba Mandir — Short Excursion

A day trip to the glacial Tsomgo (Changu) Lake and Baba Harbhajan Singh Temple (approx. 2 hours from Gangtok each way). Enjoy the emerald-blue lake surrounded by rhododendrons (seasonal). Return to Gangtok by late afternoon. Optional upgrade: visit Nathula Pass (requires special permit and is weather/permit dependent).

Activities:

- Drive to Tsomgo Lake; short easy walks around the lake
- Visit Baba Harbhajan Singh Temple
- Return to Gangtok; evening free to explore local food

Tip: Carry a windproof jacket — weather changes quickly at the lake.

Day

3

Drive to Lachen — Scenic Mountain Journey

After breakfast, drive north to Lachen (approx. 6–7 hours). Enjoy panoramic views of rivers, terraced slopes and forests. Stop at Chungthang for refreshments and photo breaks. Arrive Lachen, check in and rest. Short walk around the village to experience local life and Sikkimese cuisine.

Activities:

- Scenic road journey through North Sikkim
- Short stops at viewpoints and river confluences
- Evening stroll in Lachen village and dinner featuring local dishes

Note: Road conditions may vary; travel times are approximate.

Day

4

Gurudongmar Lake & Transfer to Lachung

Early morning transfer to the spectacular Gurudongmar Lake (altitude ~5,183 m). Spend time taking in the extraordinary high-altitude landscape and photos. Return via scenic roads and proceed to Lachung. En route, enjoy views of the mountains and local settlements. Overnight in Lachung.

Activities:

- Early morning drive to Gurudongmar Lake (short visit)
- Return and drive to Lachung
- Evening rest; light walk in Lachung village

Important: Visiting Gurudongmar involves high altitude—short exposure recommended. Carry warm clothing and consult health advisories.

Day

5

Yumthang Valley & Chopta Valley — Flower Meadows and Easy Walks

Visit the Yumthang Valley (Valley of Flowers) and nearby Chopta Valley for easy walks amid alpine meadows and rhododendron forests (seasonal bloom). Optional dip in natural hot springs at the valley. Return to Gangtok by late evening and check in for the final night.

Activities:

- Explore Yumthang Valley with short, family-friendly walks
- Visit Chopta Valley or Zero Point (if permitted)
- Return drive to Gangtok with scenic stops

Tip: Spring (April–June) is best for rhododendron blooms; winters are cold and some routes may close.

Day

6

Departure — Last-minute Shopping & Transfer

After breakfast, enjoy a relaxed morning in Gangtok. Use remaining time for souvenir shopping (handicrafts, tea, local spices) or a quick cultural stop like Rumtek Monastery (time permitting). Transfer to Bagdogra Airport / NJP for your onward journey.

Activities:

- Leisure time in Gangtok; last-minute shopping
- Transfer to Bagdogra / NJP

Important: Plan onward travel with sufficient buffer time for mountain transfers.

Frequently Asked Questions

❓ **What is the best time to visit Northeast India?**

The ideal time to visit Northeast India is October to April when the weather is pleasant and dry. October–November offers post-monsoon freshness with clear skies, perfect for sightseeing and outdoor activities. December–February brings cool, crisp weather ideal for exploring hill stations like Gangtok, Shillong, and Tawang. March–April features blooming rhododendrons and comfortable temperatures. Avoid June–September monsoon season as heavy rainfall can disrupt travel plans, cause landslides, and make roads inaccessible. However, if you're interested in experiencing lush green landscapes and don't mind occasional showers, post-monsoon September can be beautiful. For specific festivals like Hornbill Festival in Nagaland (December) or cherry blossoms in Shillong (November), plan accordingly. Winter temperatures range from 5–20°C in hills and 10–25°C in plains.

❓ **How can I reach Northeast India from major Indian cities?**

Air travel is the most convenient option with Guwahati (Assam) serving as the main gateway, connected to Delhi, Mumbai, Kolkata, and Bangalore. Other airports include Bagdogra (for Sikkim), Imphal, Agartala, Dibrugarh, and Dimapur. From Guwahati, you can reach other states by road or connecting flights. Train connectivity exists to Guwahati, New Jalpaiguri (for Sikkim), and Agartala via broad gauge lines. The Rajdhani Express connects Guwahati to Delhi. Road access is possible via NH27 through West Bengal and NH37. For Sikkim, fly to Bagdogra then drive 4 hours to Gangtok. Many tourists prefer flying to Guwahati and then taking domestic flights or hiring vehicles for interstate travel. Book flights in advance as options are limited and prices can be higher than other destinations.

❓ **Do I need special permits to visit Northeast states?**

Permit requirements vary by state and visitor nationality. Indian citizens need Inner Line Permits (ILP) for Arunachal Pradesh, Mizoram, and Nagaland, obtainable online or at checkpoints. Manipur requires ILP for certain areas. No permits needed for Assam, Meghalaya, Tripura, and Sikkim for Indians. Foreign nationals need Protected Area Permits (PAP) for Arunachal Pradesh, obtained through registered tour operators with 30-day advance application. Sikkim requires permits for certain areas like Nathula Pass and North Sikkim. For group travel, tour operators usually handle permit procedures. Apply online through official state websites or at designated counters in Delhi, Kolkata, and Guwahati. Carry multiple passport-size photos and ID proofs. Permits are usually processed within 2–7 days. Some border areas may have additional restrictions, so check current regulations before travel.

❓ **What are the local transportation options within Northeast states?**

Shared taxis and sumos are the most common intercity transport, especially in hilly regions like Sikkim and Meghalaya. State transport buses connect major towns but can be crowded and slow. Private buses offer better comfort for longer routes. In cities, auto-rickshaws, cycle-rickshaws, and local taxis are available. App-based cabs operate in Guwahati, Shillong, and Gangtok. For sightseeing, hiring a private car with driver is recommended, costing ₹2,500–4,000 per day depending on the vehicle and distance. Motorcycle rentals are popular in Sikkim and Meghalaya among adventure travelers. River transport exists in Assam via ferries across Brahmaputra. Helicopter services operate in Sikkim for scenic tours. Book vehicles in advance during peak season. Mountain roads can be challenging, so experienced local drivers are advisable. Fuel stations may be sparse in remote areas.

❓ **What types of accommodation are available and where should I stay?**

Northeast India offers diverse accommodation from luxury resorts to budget homestays. Government tourism properties provide good value with basic amenities. Luxury options include Taj Tashi (Thimphu), Mayfair Hotels (Gangtok, Shillong), and heritage properties. Mid-range hotels are abundant in major towns. Homestays are popular, especially in Sikkim, Meghalaya, and Arunachal Pradesh, offering authentic cultural experiences at ₹1,000–3,000 per night. Stay in Gangtok for Sikkim exploration, Shillong for Meghalaya, Guwahati for Assam, Itanagar for Arunachal Pradesh. In remote areas, government guest houses and forest rest houses are available but require advance booking. Eco-lodges near national parks offer nature experiences. During festivals, book well in advance as accommodation fills quickly. Many properties offer package deals including meals and local sightseeing. Check for hot water availability in hill stations during winter months.

❓ **What are the must-visit attractions in Northeast India?**

Top attractions include Kaziranga National Park (Assam) for one-horned rhinos, Tawang Monastery (Arunachal Pradesh) – India's largest monastery, and Nathula Pass (Sikkim) on the Indo-China border. Shillong, the 'Scotland of East,' offers colonial charm and living root bridges in Cherrapunji. Majuli Island (Assam) is the world's largest river island with unique culture. Hornbill Festival (Nagaland) showcases tribal heritage. Loktak Lake (Manipur) features floating islands. Unakoti (Tripura) has ancient rock carvings. Adventure seekers enjoy river rafting in Arunachal Pradesh, trekking in Sikkim's Goecha La, and caving in Meghalaya's Mawsmai Caves. Tea gardens in Assam and Sikkim offer scenic beauty. Sikkim's Rumtek Monastery and Gangtok's MG Marg are cultural highlights. Each state offers unique experiences – from wildlife safaris to monastery visits and tribal village interactions.

🔗 What local foods and cuisines should I try in Northeast India?

Northeast cuisine is unique, featuring rice as staple with minimal spices and extensive use of herbs, bamboo shoots, and fermented ingredients. Must-try dishes include Assam's fish curry with khar (alkaline preparation), Sikkim's momos and thukpa, Nagaland's smoked pork with black sesame, and Manipur's Eromba (vegetable curry). Meghalaya's Jadoh (rice with meat) and Mizoram's Bai (vegetable stew) are local favorites. Fermented fish, bamboo shoot pickles, and bhut jolokia (ghost pepper) add distinctive flavors. Sikkimese cuisine shows Tibetan influence with gundruk (fermented leafy greens) and chhurpi (yak cheese). Try local rice beer, particularly Sikkim's chang and Assam's rice wine. Street food includes Assam's pitha (rice cakes) and various tribal preparations. Many dishes might be unfamiliar to outsiders, so start with milder options. Vegetarian options are available but limited in tribal areas. Local restaurants and homestays offer authentic experiences.

★ Traveller Reviews



Gunjan Tiwari

★★★★☆ 4/5

North-East Travels - An Enriching Experience

Traveling to the North-East was an enriching experience for me. The diverse ecosystems and cultures made the trip memorable. Highly recommend exploring this region!



Ranbir Choudhury

★★★★★ 5/5

Journey of a Lifetime

This North-East tour was indeed a journey of a lifetime! Beautiful landscapes, thrilling adventures, and rich culture made it all worth it. Will cherish these memories forever!



Nandita Roy

★★★★★ 5/5

Well-Organized North-East Package

The North-East tour package was well-organized with friendly staff and seamless arrangements. Every detail was taken care of and it made our travel experience delightful!



Sourabh Yadav

★★★★★ 5/5

Beautiful North-East Awaits You

The beautiful North-East awaits everyone! This tour package was filled with exciting activities and places that offered picturesque views. I can't recommend it enough!



Akanksha Mehta

★★★★☆ 4/5

Adventure Awaits in North-East

Adventure awaits in the North-East! This tour gave us thrilling experiences while also allowing us to soak in the serene beauty around us. Great trip overall!

⚡ Why Choose TourGrids?

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