

Manali Adventure Short Break: Solang Valley & River Rafting

Prepared by TourGrids



Destination
Himachal



Duration
3 Nights 4 Days



Starting from
Rs. 9,250 / person

ITINERARY ROUTE

↩ **Manali · 3N**

<https://tourgrids.com/packages/himachal/himachal-3-nights-4-days-package-68>

Overview

Manali Adventure Short Break: Solang Valley & River Rafting is a compact, action-packed Himachal tour package designed for travelers seeking thrills and a quick mountain escape. This Himachal Adventure tour package offers the best of Manali in a short span – from adrenaline-pumping activities in Solang Valley to an exciting Beas River rafting experience. Perfect for a weekend or short holiday, this Himachal Adventure package balances adventure, scenic drives, and relaxed mountain time.

Highlights:

- Solang Valley – Paragliding, Ropeway & Seasonal Snow Activities
- Beas River – Guided Grade II–III River Rafting
- Hadimba Temple & Manali Mall Road – Culture, shopping & local cuisine
- Vashisht Hot Springs – Natural hot water springs to unwind

Important note: Rohtang Pass access is seasonal and requires a permit; check current road and permit status before planning an included/excursion day.

✓ **What's Included**

- ✓ 3 nights accommodation in Manali (standard/hill-view hotels).
- ✓ Daily buffet breakfast.
- ✓ Local transfers for included activities (Manali pick-up and drop within package limits).
- ✓ Solang Valley adventure entry and one standard adventure activity (paragliding/ropeway/zimber subject to package option & availability).
- ✓ Guided Beas River rafting (standard rafting package) with safety equipment and briefing.
- ✓ All applicable hotel taxes.
- ✓ Services of local guides for scheduled activities.

✗ **Not Included**

- ✗ Arrival and departure travel to/from Manali (flights/trains/buses to Bhuntar/Chandigarh/Delhi).
- ✗ Rohtang Pass permit fees, taxes, or any additional charges if visiting Rohtang (seasonal and subject to permission).
- ✗ Lunches, dinners, and drinks unless specified.
- ✗ Personal expenses (phone calls, laundry, tips, etc.).
- ✗ Travel insurance and emergency medical expenses.
- ✗ Any extra adventure activities or experiences not listed in inclusions.
- ✗ Government taxes or levies introduced after booking.

Day-by-Day Itinerary

Day

1

Arrival, Check-in & Local Exploration

Arrive in Manali (drive from Bhuntar/Chandigarh/nearest transit point). Meet and transfer to your hotel. After check-in and a short rest, explore the nearby attractions at an easy pace.

Activities:

- Visit Hadimba Temple — a serene, cedar-shrouded temple set in a peaceful grove.
- Stroll along Manali Mall Road for local shopping and cafes.
- Stop by Vashisht Hot Springs and the ancient Vashisht Temple for a short dip and relaxation.

Tip: Keep the afternoon light to acclimatize to the altitude. Carry warm clothing for evenings.

Day

2

Solang Valley Adventure & Ropeway

Full day dedicated to adventures at Solang Valley — the adventure hub of Manali.

Activities:

- Enjoy paragliding (tandem) or choose from other activities like zipline, zorbing, and the Solang Ropeway.
- Seasonal snow activities (skiing/snow scooter) during winter months.
- Capture panoramic views and photography stops in the valley.

Note: Specific adventure activities depend on weather and operator availability. Rohtang Pass visit is optional and subject to permits and road conditions.

Day

3

Beas River Rafting & Kullu Excursion

Head towards Kullu for an adrenaline-filled river rafting session on the Beas River.

Activities:

- Safety briefing and training followed by a guided rafting run (Grade II–III rapids depending on water levels).
- Post-raft refreshments and return to Manali.
- En-route or evening visit to Kullu Bazaar for local handicrafts, shawls, and souvenirs.

Safety first: All rafting includes life jackets, helmets, and an experienced guide. Rafting may be rescheduled due to high water or weather.

Day

4

Leisure Morning & Departure

Enjoy a relaxed morning in Manali. Options include an easy walk, last-minute shopping, or a leisurely café breakfast.

Activities:

- Checkout from hotel and transfer to the drop-off point (Bus stand/Volvo stand/Bhuntar Airport/railhead as per your onward travel plan).
- If time permits, quick visit to any missed local spots or photo stops.

Tip: Confirm your onward transport timings in advance. Allow buffer time for mountain traffic.

🔗 Frequently Asked Questions

🔗 What are the top tourist destinations in Himachal Pradesh?

Top tourist destinations in Himachal Pradesh include Shimla, known for its colonial architecture; Manali, a hub for adventure sports; Dharamshala, home to the Dalai Lama; and Kasol, famous for its picturesque landscapes. Don't miss the stunning landscapes of Spiti Valley and the tranquility of Dalhousie!

🔗 What is the best time to visit Himachal for tourism?

The best time to visit Himachal Pradesh for tourism is from March to June and September to November. During these months, the weather is pleasant, ideal for exploring scenic landscapes, temples, and adventure activities. Summer offers a respite from the heat, while autumn showcases stunning foliage.

🔗 What are some adventure activities available in Himachal Pradesh?

Himachal Pradesh offers a plethora of adventure activities for thrill-seekers. You can indulge in trekking, paragliding in Bir Billing, river rafting in Kullu, skiing in Manali, mountain biking, rock climbing, and camping amidst stunning landscapes. Explore the breathtaking trails and experience the ultimate adrenaline rush!

🔗 How to reach Himachal Pradesh from major cities in India?

Himachal Pradesh is well-connected by road, rail, and air. From Delhi, take a bus or hire a taxi for a scenic drive (about 10-12 hours). The nearest airport is in Bhuntar (Kullu) with flights from Delhi. By train, you can reach Joginder Nagar or Pathankot, followed by a road trip to popular destinations.

❓ Are there any travel restrictions in Himachal Pradesh due to COVID-19?

As of October 2023, Himachal Pradesh has relaxed most COVID-19 travel restrictions. However, it's advisable to check for any specific guidelines or requirements before traveling, such as health protocols or mask mandates in crowded places. Enjoy the scenic beauty and adventure activities safely!

❓ What are the best trekking routes in Himachal?

Himachal Pradesh offers stunning trekking routes like Triund Trek, Hampta Pass, and Kinnaur Kailash Trek. Explore the picturesque landscapes, lush green valleys, and breathtaking views. Other popular options include Beas Kund and the Great Himalayan National Park trails, catering to both beginners and experienced trekkers.

❓ What cultural experiences can visitors have in Himachal Pradesh?

Visitors to Himachal Pradesh can immerse themselves in vibrant local culture through traditional festivals like Kullu Dussehra, explore ancient temples, and participate in folk dances. The region offers authentic Himachali cuisine, handicraft shopping, and opportunities to interact with local communities, enhancing the travel experience.

★ Traveller Reviews



Nidhi Mehta

★★★★★ 5/5

A Journey to Remember

This tour was truly a journey to remember, filled with laughter, beautiful landscapes, and countless memories. Thank you, Himachal!



Pankaj Singh

★★★★★ 5/5

Historical Wonders

Loved exploring the historical wonders of Himachal. Each site had a story to tell and added to our adventure.



Nishant Kohli

★★★★☆ 4/5

Peaceful Lakes

Visiting the beautiful lakes in Himachal was a highlight. Kayaking in the tranquil waters was an experience like no other.



Seema Joshi

★★★★★ 5/5

Delicious Local Cuisine

The local food was delicious! Each meal was a delightful experience, showcasing Himachal's rich culinary heritage.



Deepak Yadav

★★★★★ 5/5

Adorable Hill Stations

Each hill station we visited had its unique charm. The ride through the hills was exhilarating! Loved every minute of it.

⚡ Why Choose TourGrids?

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