

Goa Adventure 4N: Scuba Diving, Parasailing & River Rafting Add-On

Prepared by TourGrids



Destination
Goa



Duration
4 Nights 5 Days



Starting from
Rs. 18,750 / person

ITINERARY ROUTE

↗ North Goa · 2N

↘ South Goa · 2N

<https://tourgrids.com/packages/goa/goa-4-nights-5-days-package-695>

Overview

An action-packed Goa tour package for thrill-seekers and beach lovers. This 4 nights / 5 days Goa Adventure tour package blends adrenaline-pumping activities like scuba diving, parasailing, and an optional river rafting add-on with relaxed beach time across North and South Goa. Perfect as a Goa Adventure package for solo travelers, couples, or small groups seeking both water-sport action and Goan culture.

Highlights:

- Scuba Diving (Discovery/Introductory Dive) at Grande Island
- Parasailing over the Arabian Sea (North Goa)
- Optional River Rafting add-on at Chorla Ghat / Mhadei
- Baga / Calangute beach nightlife and water-sports hub
- Palolem / Colva chilled South Goa beaches and scenic sunsets
- Easy transfers, guided activity support, and safety briefings included

✓ **What's Included**

- ✓ 4 nights twin/double accommodation (2 nights North Goa + 2 nights South Goa)
- ✓ Daily breakfast
- ✓ Airport pick-up and drop-off (Dabolim)
- ✓ All transfers and inter-city road transport as per itinerary
- ✓ Discovery scuba diving (single introductory dive) with certified instructors, equipment, boat transfer, and safety briefing
- ✓ Parasailing session (single ride) in North Goa
- ✓ River rafting add-on available on request (transfer, guide, safety gear) – quoted separately
- ✓ Guided sightseeing as mentioned
- ✓ All activity permits and standard taxes
- ✓ Note: Specific dive and water-sport timings depend on tide and weather conditions.

✗ **Not Included**

- ✗ International / domestic airfare or train fare
- ✗ Meals other than stated (lunch & dinner unless specified)
- ✗ Entry fees and personal expenses
- ✗ Travel insurance (recommended)
- ✗ Mandatory medical certificate or advanced diving certification (if required for deeper dives)
- ✗ Gratuities and portorage
- ✗ Any services or activities not mentioned as inclusions
- ✗ Important: Adventure activities are subject to health and safety checks. Participants must disclose medical conditions and follow instructor guidelines.

Day-by-Day Itinerary

Day

1

Arrival, Beach Time & Sunset at North Goa

Arrive at Dabolim Airport or Madgaon Railway Station and transfer to your hotel in North Goa (Baga / Calangute). Check in and unwind with a relaxing afternoon on Baga Beach or Calangute Beach. In the evening, enjoy the vibrant beach shacks, local seafood, and optional nightlife at Tito's / Mambo's.

Tip: If you arrive early, opt for an evening parasailing session (pre-booked). Light meals and drinks available at beach shacks.

Day

2

Scuba Diving at Grande Island & Beach Evening

Early-morning transfer to the jetty for a guided boat ride to Grande Island (discovery scuba dive / snorkeling). Complete a safety briefing and a supervised introductory dive with certified instructors. Post-dive, enjoy snorkeling and a boat-side lunch before returning to North Goa. Evening at leisure — stroll the beach, try local Goan dishes, or visit the Saturday Night Market (seasonal).

Important: Non-certified divers will do a discovery dive under instructor supervision. Bring a government photo ID and swimwear.

Day

3

River Rafting Add-On / Adventure Transfer to South Goa

Choose the river rafting add-on at Chorla Ghat (Mhadei) for white-water thrills — early departure with transfers and safety gear included. After the rafting activity, return and transfer southward to Palolem / Colva (approx. 2.5–3.5 hours by road). Check into your South Goa hotel and enjoy a peaceful evening at Palolem Beach.

Note: River rafting is an add-on activity and requires pre-booking. Minimum fitness level and a signed waiver are required.

Day

4

South Goa Beaches, Water Sports & Dolphin Cruise

Spend the day exploring scenic South Goa beaches — Palolem, Agonda, and Colva. Options include kayaking, paddle-boarding, or a morning dolphin-watching cruise (seasonal). Relax at beach shacks and enjoy a sunset yoga session or an optional spice plantation visit and Goan cultural dinner.

Tip: Dolphin cruises are seasonal; check availability and book in advance. Keep sunscreen and a reusable water bottle handy.

Day

5

Panjim Sightseeing, Latin Quarter & Departure

Check out and transfer toward Panjim for a short city tour: visit Old Goa highlights (Church of Bom Jesus, Se Cathedral), and stroll the colourful Latin Quarter of Fontainhas. Last-minute shopping for coconuts, cashew feni, and souvenirs. Transfer to Dabolim Airport for your onward flight.

Note: Depending on your flight time, the order of activities may be adjusted. Keep a copy of all travel documents and confirm pick-up times the night before departure.

? Frequently Asked Questions

? When is the best time to visit Goa and what's the weather like?

The best time to visit Goa is October to March (prime season) when the weather is dry with pleasant days (20–32°C) and cool nights. This period offers calm seas perfect for swimming, open beach shacks, vibrant nightlife, and ideal conditions for water sports. Summer (March–May) is hot but manageable with temperatures reaching 36°C, offering good deals and fewer crowds. Monsoon season (June–September) brings heavy rains and rough seas, with many beach activities suspended, but it's perfect for experiencing lush landscapes, waterfalls, and romantic ambiance at discounted rates. Christmas–New Year is peak season with highest prices and crowds.

? How do I reach Goa and what are the transportation options?

Goa has two airports: Manohar International Airport (GOX) in North Goa near Mopa, and Dabolim Airport (GOI) for Central/South Goa access. Both receive direct flights from major Indian cities and seasonal international connections. By train, major stations include Madgaon, Thivim, Karmali, and Vasco da Gama, connected via the scenic Konkan Railway. By road, NH 66 coastal highway and NH 48 via Western Ghats connect Goa to Mumbai, Pune, and Bengaluru. Overnight buses operate frequently from these cities. The journey from Mumbai takes 8–10 hours by road, while flights take 1.5 hours.

❓ **Do I need a visa to visit Goa as a tourist?**

Goa is part of India, so visa requirements depend on your nationality. Indian citizens need only valid government-issued photo ID. Foreign tourists require appropriate Indian visas - tourist visa, e-visa, or visa-on-arrival (for eligible countries). E-visas are convenient and can be obtained online for most nationalities, valid for 30-365 days depending on type. Processing typically takes 2-4 business days. Ensure your passport has at least 6 months validity and blank pages. Some nationalities like Bhutan and Nepal citizens don't need visas but require valid identification. Check the latest visa requirements on the official Indian visa website before traveling.

❓ **What are the best local transportation options in Goa?**

Goa offers diverse transportation options. Rental scooters/motorbikes are most popular for flexibility - carry your original license and wear helmets (mandatory). Motorcycle taxis called 'pilots' are unique to Goa, perfect for solo travelers. Regular taxis and app-based services like GoaMiles operate throughout. Kadamba state buses and private buses connect major towns and beaches affordably. River ferries to islands like Divar and Chorao are scenic and frequent. Auto-rickshaws exist but are limited in some areas. For comfort, rent a car with driver. Always negotiate fares beforehand for taxis and pilots, or use metered/app-based services.

❓ **Where should I stay in Goa and what accommodation options are available?**

North Goa (Calangute, Candolim, Anjuna, Vagator) offers vibrant nightlife, water sports, and party atmosphere with beach shacks, budget guesthouses to luxury resorts. South Goa (Colva, Benaulim, Palolem, Agonda) provides quieter, family-friendly vibes with wider beaches and upscale resorts. Panaji offers heritage charm and cultural experiences. Accommodation ranges from budget hostels (₹500-1500/night), mid-range hotels and beach resorts (₹2000-8000/night), to luxury properties like Taj, W Goa, and Alila Diwa (₹15000+/night). Beach huts and homestays offer authentic experiences. Book well in advance for December-January. Consider proximity to beaches, nightlife preferences, and transportation when choosing location.

❓ **What are the must-visit attractions and places in Goa?**

Essential Goa experiences include UNESCO-listed Old Goa churches (Basilica of Bom Jesus, Se Cathedral), colorful Fontainhas Latin Quarter in Panaji, and Fort Aguada for sunset views. North Goa highlights are Chapora Fort, Anjuna's Wednesday flea market, and Calangute-Baga beach strip. Don't miss Dudhsagar Falls (spectacular four-tier waterfall), spice plantations in Ponda, and peaceful Divar Island accessible by ferry. South Goa offers pristine beaches like Palolem and Agonda, plus hidden gems like Cola Beach's blue lagoon. Take sunset cruises on Mandovi River, explore Salim Ali Bird Sanctuary, and visit off-beat Tambdi Surla Temple. Each region offers distinct experiences from heritage to nature to beaches.

🔍 What local food and cuisine should I try in Goa?

Goan cuisine blends Portuguese and Konkani influences. Must-try dishes include Goan Fish Curry with rice, Pork Vindaloo, Chicken Cafreal (green masala), and Chicken Xacuti (coconut-spice curry). Seafood specialties are rava-fried fish, Prawn Balchão, and fresh catch at beach shacks. Try local breads like poi and pão, and end meals with bebinca (layered dessert) or dodol. Drink feni (cashew or coconut spirit) – Goa's signature alcohol, or seasonal urrak. Visit Vinayak Family Restaurant, Kokni Kanteen, or Martin's Corner for authentic experiences. Beach shacks serve fresh seafood with sea views. Vegetarians can enjoy sol kadhi, Goan dal, and coconut-based curries. Always try the local fish thali for a complete experience.

★ Traveller Reviews



Aditi Sharma

★★★★★ 5/5

Amazing Experience in Goa!

We had a fantastic time exploring Goa with this tour package. The beaches were beautiful, and the itinerary was well-planned. Highly recommend!



Rahul Desai

★★★★★ 5/5

Romantic Escape

We had the most romantic getaway in Goa. Sunset cruises and candlelight dinners made it memorable.



Karan Singh

★★★★★ 5/5

Relaxing Beach Getaway

The beach resorts were luxurious, and the food was a delight. Perfect retreat for those looking to unwind. Would book again!



Raghav Khanna

★★★★★ 5/5

Adventurous Couples Retreat

A wonderful package for couples looking to engage in fun activities together. We made amazing memories!



Ashwin Varma

★★★★☆ 4/5

An Unforgettable Journey

Goa was stunning, and this tour enhanced our experience. From the scenic views to local interactions, it was unforgettable.

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