

Goa Adventure Family 6N: Thrill Activities & Safe Kids Programs

Prepared by TourGrids



Destination
Goa



Duration
6 Nights 7 Days



Starting from
Rs. 31,250 / person

ITINERARY ROUTE

↙ **North Goa · 4N**

↙ **South Goa · 2N**

<https://tourgrids.com/packages/goa/goa-6-nights-7-days-package-740>

Overview

Discover the best Goa tour package designed for families seeking both adrenaline and safety. This Goa Adventure tour package blends beach thrills, cultural sights, and special supervised kids' programs so parents can relax while children enjoy age-appropriate activities. Perfect as a Goa Adventure package and optimized for travelers searching for 6 and 7 Goa Adventure tour package options.

Highlights:

- Parasailing, Jet Ski, Banana Boat & Kayaking
- Dudhsagar Waterfalls jeep safari and nature trails
- Dolphin-watching cruise and safe snorkel zones
- Supervised Kids Adventure & Safety Program with trained staff
- Split stay across North Goa (Calangute/Baga) and South Goa (Colva/Palolem)
- Comfortable family-friendly hotels with breakfast

Tip: Peak-season bookings (Dec-Jan) fill quickly – book at least 45 days in advance for best rates.

✓ **What's Included**

- ✓ 6 nights accommodation in family-friendly hotels (4 nights North Goa, 2 nights South Goa)
- ✓ Daily breakfast
- ✓ Airport transfers (arrival & departure)
- ✓ Inter-hotel transfers as per itinerary
- ✓ Guided sightseeing & entry fees as mentioned
- ✓ Adventure activity pack: Parasailing, Jet Ski, Banana Boat, Kayaking, Snorkeling (as listed)
- ✓ Dudhsagar jeep safari with guide
- ✓ Dolphin-watching cruise
- ✓ Supervised Kids Adventure & Safety Program with trained staff and certified equipment
- ✓ All applicable taxes and service charges

✗ **Not Included**

- ✗ Airfare to/from Goa
- ✗ Lunches & dinners (unless specified)
- ✗ Personal expenses, tips, and gratuities
- ✗ Travel insurance and medical expenses
- ✗ Optional activities not listed in inclusions (spa, private boat hires)
- ✗ Peak-season surcharges, if applicable
- ✗ Any other services not mentioned in 'Inclusions'

Day-by-Day Itinerary

Day

1

Arrival & North Goa Welcome

Arrive at Goa International Airport and transfer to your hotel in Calangute/Baga (North Goa). Relax and acclimatize with a gentle sunset walk along the beach. Evening orientation with the family activity manager who will explain the Kids Safety & Adventure Program. Leisure time to explore local markets.

Includes airport pickup and welcome briefing.

Day

2

Beach Adventure Day: Parasailing & Water Sports

Full day of supervised water-sports at Calangute / Baga Beach. Family-friendly itinerary with age-appropriate options:

- Parasailing (adults & older teens)
- Jet Ski and Banana Boat rides (with life jackets and instructor)
- Dedicated Kids Adventure Area with trained staff offering sandcastle workshops and mini water-sport simulators.

All activities use certified equipment and include safety briefings.

Day

3

Cultural Sights & Fort Aguada

Explore Goa's colonial past with a guided tour: Fort Aguada, Sinquerim Beach, and the historic Aguada Lighthouse. Afternoon visit to the colorful Anjuna Flea Market (open weekly) for souvenirs. Evening family time with optional cooking demo featuring Goan cuisine – great for kids.

Note: Lighthouse climb may be restricted for very young children; staff will advise alternatives.

Day

4

Transfer to South Goa & Spice Plantation Visit

Check out and drive to South Goa (Colva / Palolem) with a comfort stop en route. Visit a local Spice Plantation for a guided tour and family-friendly lunch showcasing local flavors. Evening check-in at a beachfront hotel in South Goa; relaxed beach stroll at sunset.

Recommended for families: ask for low-spice meal options for younger children.

Day

5

Dudhsagar Waterfalls Jeep Safari (Full Day Excursion)

Early morning jeep safari to the majestic Dudhsagar Waterfalls through Bhagwan Mahavir Wildlife Sanctuary. Guided walk to viewing points, supervised shallow-water play areas for kids, and picnic lunch. Return in late afternoon to South Goa accommodation.

Important: The jeep track involves moderate bumps – suitable for most families; infants should be secured. Carry water, hats, and sunscreen.

Day

6

South Goa Beach Day: Dolphin Cruise & Kayaking

Morning dolphin-watching cruise (child-friendly boats with life jackets), followed by beachside snorkeling and kayaking in calm bays near Palolem. Afternoon free for rest, spa (optional) or join the supervised kids' beach games and nature-art session.

Safety note: Snorkel zones are shallow and monitored; children must wear provided life jackets.

Day

7

Leisure Morning & Departure

Spend a relaxed morning at the beach or hotel. Checkout and transfer to Goa International Airport for your onward flight. Final souvenir stop (time permitting) at a local market.

If your flight is late, request a day-use room or luggage hold at the hotel.

🔍 Frequently Asked Questions

🔍 When is the best time to visit Goa and what's the weather like?

The best time to visit Goa is October to March (prime season) when the weather is dry with pleasant days (20–32°C) and cool nights. This period offers calm seas perfect for swimming, open beach shacks, vibrant nightlife, and ideal conditions for water sports. Summer (March–May) is hot but manageable with temperatures reaching 36°C, offering good deals and fewer crowds. Monsoon season (June–September) brings heavy rains and rough seas, with many beach activities suspended, but it's perfect for experiencing lush landscapes, waterfalls, and romantic ambiance at discounted rates. Christmas–New Year is peak season with highest prices and crowds.

❓ **How do I reach Goa and what are the transportation options?**

Goa has two airports: Manohar International Airport (GOX) in North Goa near Mopa, and Dabolim Airport (GOI) for Central/South Goa access. Both receive direct flights from major Indian cities and seasonal international connections. By train, major stations include Madgaon, Thivim, Karmali, and Vasco da Gama, connected via the scenic Konkan Railway. By road, NH 66 coastal highway and NH 48 via Western Ghats connect Goa to Mumbai, Pune, and Bengaluru. Overnight buses operate frequently from these cities. The journey from Mumbai takes 8-10 hours by road, while flights take 1.5 hours.

❓ **Do I need a visa to visit Goa as a tourist?**

Goa is part of India, so visa requirements depend on your nationality. Indian citizens need only valid government-issued photo ID. Foreign tourists require appropriate Indian visas - tourist visa, e-visa, or visa-on-arrival (for eligible countries). E-visas are convenient and can be obtained online for most nationalities, valid for 30-365 days depending on type. Processing typically takes 2-4 business days. Ensure your passport has at least 6 months validity and blank pages. Some nationalities like Bhutan and Nepal citizens don't need visas but require valid identification. Check the latest visa requirements on the official Indian visa website before traveling.

❓ **What are the best local transportation options in Goa?**

Goa offers diverse transportation options. Rental scooters/motorbikes are most popular for flexibility - carry your original license and wear helmets (mandatory). Motorcycle taxis called 'pilots' are unique to Goa, perfect for solo travelers. Regular taxis and app-based services like GoaMiles operate throughout. Kadamba state buses and private buses connect major towns and beaches affordably. River ferries to islands like Divar and Chorao are scenic and frequent. Auto-rickshaws exist but are limited in some areas. For comfort, rent a car with driver. Always negotiate fares beforehand for taxis and pilots, or use metered/app-based services.

❓ **Where should I stay in Goa and what accommodation options are available?**

North Goa (Calangute, Candolim, Anjuna, Vagator) offers vibrant nightlife, water sports, and party atmosphere with beach shacks, budget guesthouses to luxury resorts. South Goa (Colva, Benaulim, Palolem, Agonda) provides quieter, family-friendly vibes with wider beaches and upscale resorts. Panaji offers heritage charm and cultural experiences. Accommodation ranges from budget hostels (₹500-1500/night), mid-range hotels and beach resorts (₹2000-8000/night), to luxury properties like Taj, W Goa, and Alila Diwa (₹15000+/night). Beach huts and homestays offer authentic experiences. Book well in advance for December-January. Consider proximity to beaches, nightlife preferences, and transportation when choosing location.

❓ What are the must-visit attractions and places in Goa?

Essential Goa experiences include UNESCO-listed Old Goa churches (Basilica of Bom Jesus, Se Cathedral), colorful Fontainhas Latin Quarter in Panaji, and Fort Aguada for sunset views. North Goa highlights are Chapora Fort, Anjuna's Wednesday flea market, and Calangute-Baga beach strip. Don't miss Dudhsagar Falls (spectacular four-tier waterfall), spice plantations in Ponda, and peaceful Divar Island accessible by ferry. South Goa offers pristine beaches like Palolem and Agonda, plus hidden gems like Cola Beach's blue lagoon. Take sunset cruises on Mandovi River, explore Salim Ali Bird Sanctuary, and visit off-beat Tambdi Surla Temple. Each region offers distinct experiences from heritage to nature to beaches.

❓ What local food and cuisine should I try in Goa?

Goan cuisine blends Portuguese and Konkani influences. Must-try dishes include Goan Fish Curry with rice, Pork Vindaloo, Chicken Cafreal (green masala), and Chicken Xacuti (coconut-spice curry). Seafood specialties are rava-fried fish, Prawn Balchão, and fresh catch at beach shacks. Try local breads like poi and pão, and end meals with bebinca (layered dessert) or dodol. Drink feni (cashew or coconut spirit) - Goa's signature alcohol, or seasonal urrak. Visit Vinayak Family Restaurant, Kokni Kanteen, or Martin's Corner for authentic experiences. Beach shacks serve fresh seafood with sea views. Vegetarians can enjoy sol kadhi, Goan dal, and coconut-based curries. Always try the local fish thali for a complete experience.

★ Traveller Reviews



Aditi Sharma

★★★★★ 5/5

Amazing Experience in Goa!

We had a fantastic time exploring Goa with this tour package. The beaches were beautiful, and the itinerary was well-planned. Highly recommend!



Rahul Desai

★★★★★ 5/5

Romantic Escape

We had the most romantic getaway in Goa. Sunset cruises and candlelight dinners made it memorable.



Karan Singh

★★★★★ 5/5

Relaxing Beach Getaway

The beach resorts were luxurious, and the food was a delight. Perfect retreat for those looking to unwind. Would book again!



Raghav Khanna

★★★★★ 5/5

Adventurous Couples Retreat

A wonderful package for couples looking to engage in fun activities together. We made amazing memories!



Ashwin Varma

★★★★☆ 4/5

An Unforgettable Journey

Goa was stunning, and this tour enhanced our experience. From the scenic views to local interactions, it was unforgettable.

⚡ Why Choose TourGrids?

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