

# Goa Culinary Trail 6N: Local Markets, Cooking Class & Feni Tasting

Prepared by TourGrids



Destination  
**Goa**



Duration  
**6 Nights 7 Days**



Starting from  
**Rs. 22,500 / person**

## ITINERARY ROUTE

↗ Panjim · 2N

↗ North Goa · 2N

↗ South Goa · 2N

<https://tourgrids.com/packages/goa/goa-6-nights-7-days-package-748>

## Overview

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Experience the best of Goan flavors on this immersive 6 nights / 7 days Goa tour package that blends market walks, hands-on cooking classes, and authentic feni tastings. Designed for food lovers and culturally curious travelers, the itinerary also weaves in Old Goa's pilgrimage highlights—making it suitable for those searching for a Goa Pilgrimage tour package or a specialized Goa Pilgrimage package with a culinary twist.

### Highlights:

- Panjim (Panaji): riverside promenades, Portuguese quarter & markets
- Old Goa: Basilica of Bom Jesus & Se Cathedral (pilgrimage stops)
- Mapusa & Margao Markets: local produce, spices, seafood bazaars
- Hands-on Goan Cooking Class: learn vindaloo, xacuti, sorpotel
- Feni Tasting & Distillery Visit: cashew & coconut feni demonstrations
- Spice Plantation Lunch: guided walk + traditional Goan lunch

Note: Market visits may vary by day of week (e.g., Anjuna or Mapusa market days). The itinerary blends culinary and pilgrimage elements – search keywords supported: 'Goa tour package', 'Goa Pilgrimage tour package', 'Goa Pilgrimage package', and '6 and 7 Goa Pilgrimage tour package'.

### ✓ What's Included

- ✓ 6 nights accommodation: 2 nights in Panjim, 2 nights in North Goa, 2 nights in South Goa (3/4 options available)
- ✓ Daily breakfast (All hotels)
- ✓ 2 lunches: Spice plantation traditional lunch & beach shack lunch
- ✓ 2 dinners: Welcome dinner & farewell dinner
- ✓ Guided market walks in Panjim, Mapusa/Anjuna, and Margao
- ✓ Hands-on Goan cooking class with ingredients and recipes
- ✓ Visit and tasting at a traditional feni distillery
- ✓ Spice plantation tour with guided walk
- ✓ Transfers: airport/railway arrival & departure transfers within Goa
- ✓ Local English-speaking guide for scheduled activities
- ✓ All applicable taxes (as per itinerary)

### ✗ Not Included

- ✗ International or domestic air/railfare to/from Goa
- ✗ Optional activities and personal expenses (tips, phone calls, laundry)
- ✗ Meals not specified in inclusions
- ✗ Entrance fees to optional attractions unless stated
- ✗ Travel insurance (recommended)
- ✗ Government taxes or surcharges introduced after booking
- ✗ Please inform us of dietary requirements or mobility needs at booking to customize the experience.

## Day-by-Day Itinerary

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Day

1

### **Arrival, Riverside Walk & Welcome Dinner**

Arrive at Goa International Airport or Madgaon Railway Station and transfer to your hotel in Panjim (Panaji). Settle in and enjoy a relaxing afternoon at the hotel.

In the early evening, take a guided riverside walk along Fontainhas – the Portuguese quarter – exploring colorful houses and small bakeries. Finish the day with a welcome seafood dinner at a well-known local restaurant featuring Goan fish curry and bebinca.

Tip: Keep some cash for small market purchases and snacks.

Day

2

### **Old Goa Pilgrimage & Panjim Market Exploration**

Morning visit to Old Goa to explore its UNESCO-style basilicas: Basilica of Bom Jesus (housing St. Francis Xavier's relics) and Se Cathedral. While these are pilgrimage highlights, they also reveal Portuguese-era culinary influences in Goan convent sweets and bakery traditions.

In the afternoon, return to Panjim for a guided tour of Panjim Market. Sample local sweets, Goan chouriço, fresh mangoes (seasonal), and street-side snacks. Evening free to explore the Mandovi riverfront.

Important: Dress modestly for church visits; remove hats and observe local decorum.

Day

3

### **North Goa Markets & Evening Cooking Class**

Transfer north and begin with a morning visit to Mapusa Market (or Anjuna Flea Market, if the schedule aligns). Explore stalls selling spices, cashew products, freshly caught seafood, and local handicrafts.

In the afternoon, join a hands-on Goan cooking class in a local chef's kitchen. Learn to prepare regional favorites such as Goan vindaloo, xacuti, sannas, and a coconut-based vegetable curry. Enjoy the meal you've cooked alongside your instructor.

Note: Vegetarian options are available on request. Please inform us of dietary restrictions when booking.

Day

4

### **Feni Distillery Visit & Beach Shack Lunch**

Today's highlight is a visit to a traditional feni distillery (cashew or coconut feni), where you'll learn authentic distillation methods and enjoy guided tastings of small-batch feni and local liqueurs.

Pair your tasting with a beach shack lunch in the Calangute/Candolim area featuring freshly grilled seafood and Goan side dishes. Afternoon at leisure on the beach or return to your hotel.

Tip: Feni tastings are moderate; arranged transport ensures safe return to your hotel.

Day

5

### **Spice Plantation Tour & Traditional Goan Lunch**

Head inland to a fragrant spice plantation (Ponda region) for a guided tour. Learn about cardamom, cinnamon, black pepper, and kokum. The plantation visit culminates in a traditional Goan lunch served in a homestyle setting — expect dishes like sorpotel or cafreal depending on local specialty.

Later visit Margao Market to see southern Goa's bustling trade in fish, rice, coconut products and sweets.

Important: Wear comfortable shoes for plantation walks; sunscreen and hats recommended.

Day

6

### **South Goa Coastal Food Trail & Evening at Colva**

Explore South Goa's coastal culinary scene with morning visits to fish markets near Margao and sampling of local bakery items and coconut-based sweets. Enjoy a relaxed lunch at a renowned Colva or Cavelossim restaurant focusing on seafood and regional flavors.

Afternoon free for beach time or optional short boat trip. In the evening, savor a farewell dinner highlighting dishes learned during your cooking class and local specialties.

Tip: South Goa evenings are quieter — perfect for sunset dining.

Day

7

## Final Shopping & Departure

On your final morning, visit Panjim or Mapusa for last-minute shopping — spices, feni bottles (properly packed), cashew chocolates and handicrafts make excellent souvenirs.

Transfer to Goa International Airport or Madgaon Railway Station for your onward journey.

Note: Check flight/train timings; allow adequate time for transfers and luggage packing.

## ? Frequently Asked Questions

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### ? When is the best time to visit Goa and what's the weather like?

The best time to visit Goa is October to March (prime season) when the weather is dry with pleasant days (20–32°C) and cool nights. This period offers calm seas perfect for swimming, open beach shacks, vibrant nightlife, and ideal conditions for water sports. Summer (March–May) is hot but manageable with temperatures reaching 36°C, offering good deals and fewer crowds. Monsoon season (June–September) brings heavy rains and rough seas, with many beach activities suspended, but it's perfect for experiencing lush landscapes, waterfalls, and romantic ambiance at discounted rates. Christmas–New Year is peak season with highest prices and crowds.

### ? How do I reach Goa and what are the transportation options?

Goa has two airports: Manohar International Airport (GOX) in North Goa near Mopa, and Dabolim Airport (GOI) for Central/South Goa access. Both receive direct flights from major Indian cities and seasonal international connections. By train, major stations include Madgaon, Thivim, Karmali, and Vasco da Gama, connected via the scenic Konkan Railway. By road, NH 66 coastal highway and NH 48 via Western Ghats connect Goa to Mumbai, Pune, and Bengaluru. Overnight buses operate frequently from these cities. The journey from Mumbai takes 8–10 hours by road, while flights take 1.5 hours.

## ❓ **Do I need a visa to visit Goa as a tourist?**

Goa is part of India, so visa requirements depend on your nationality. Indian citizens need only valid government-issued photo ID. Foreign tourists require appropriate Indian visas - tourist visa, e-visa, or visa-on-arrival (for eligible countries). E-visas are convenient and can be obtained online for most nationalities, valid for 30-365 days depending on type. Processing typically takes 2-4 business days. Ensure your passport has at least 6 months validity and blank pages. Some nationalities like Bhutan and Nepal citizens don't need visas but require valid identification. Check the latest visa requirements on the official Indian visa website before traveling.

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## ❓ **What are the best local transportation options in Goa?**

Goa offers diverse transportation options. Rental scooters/motorbikes are most popular for flexibility - carry your original license and wear helmets (mandatory). Motorcycle taxis called 'pilots' are unique to Goa, perfect for solo travelers. Regular taxis and app-based services like GoaMiles operate throughout. Kadamba state buses and private buses connect major towns and beaches affordably. River ferries to islands like Divar and Chorao are scenic and frequent. Auto-rickshaws exist but are limited in some areas. For comfort, rent a car with driver. Always negotiate fares beforehand for taxis and pilots, or use metered/app-based services.

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## ❓ **Where should I stay in Goa and what accommodation options are available?**

North Goa (Calangute, Candolim, Anjuna, Vagator) offers vibrant nightlife, water sports, and party atmosphere with beach shacks, budget guesthouses to luxury resorts. South Goa (Colva, Benaulim, Palolem, Agonda) provides quieter, family-friendly vibes with wider beaches and upscale resorts. Panaji offers heritage charm and cultural experiences. Accommodation ranges from budget hostels (₹500-1500/night), mid-range hotels and beach resorts (₹2000-8000/night), to luxury properties like Taj, W Goa, and Alila Diwa (₹15000+/night). Beach huts and homestays offer authentic experiences. Book well in advance for December-January. Consider proximity to beaches, nightlife preferences, and transportation when choosing location.

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## ❓ **What are the must-visit attractions and places in Goa?**

Essential Goa experiences include UNESCO-listed Old Goa churches (Basilica of Bom Jesus, Se Cathedral), colorful Fontainhas Latin Quarter in Panaji, and Fort Aguada for sunset views. North Goa highlights are Chapora Fort, Anjuna's Wednesday flea market, and Calangute-Baga beach strip. Don't miss Dudhsagar Falls (spectacular four-tier waterfall), spice plantations in Ponda, and peaceful Divar Island accessible by ferry. South Goa offers pristine beaches like Palolem and Agonda, plus hidden gems like Cola Beach's blue lagoon. Take sunset cruises on Mandovi River, explore Salim Ali Bird Sanctuary, and visit off-beat Tambdi Surla Temple. Each region offers distinct experiences from heritage to nature to beaches.

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## 🔍 What local food and cuisine should I try in Goa?

Goan cuisine blends Portuguese and Konkani influences. Must-try dishes include Goan Fish Curry with rice, Pork Vindaloo, Chicken Cafreal (green masala), and Chicken Xacuti (coconut-spice curry). Seafood specialties are rava-fried fish, Prawn Balchão, and fresh catch at beach shacks. Try local breads like poi and pão, and end meals with bebinca (layered dessert) or dodol. Drink feni (cashew or coconut spirit) – Goa's signature alcohol, or seasonal urrak. Visit Vinayak Family Restaurant, Kokni Kanteen, or Martin's Corner for authentic experiences. Beach shacks serve fresh seafood with sea views. Vegetarians can enjoy sol kadhi, Goan dal, and coconut-based curries. Always try the local fish thali for a complete experience.

## ★ Traveller Reviews



**Aditi Sharma**

★★★★★ 5/5

### Amazing Experience in Goa!

We had a fantastic time exploring Goa with this tour package. The beaches were beautiful, and the itinerary was well-planned. Highly recommend!



**Rahul Desai**

★★★★★ 5/5

### Romantic Escape

We had the most romantic getaway in Goa. Sunset cruises and candlelight dinners made it memorable.



**Karan Singh**

★★★★★ 5/5

### Relaxing Beach Getaway

The beach resorts were luxurious, and the food was a delight. Perfect retreat for those looking to unwind. Would book again!



**Raghav Khanna**

★★★★★ 5/5

### **Adventurous Couples Retreat**

A wonderful package for couples looking to engage in fun activities together. We made amazing memories!



**Ashwin Varma**

★★★★☆ 4/5

### **An Unforgettable Journey**

Goa was stunning, and this tour enhanced our experience. From the scenic views to local interactions, it was unforgettable.

## **⚡ Why Choose TourGrids?**

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