

Adventure Kullu-Manali 4-Night Package: Paragliding & Rafting

Prepared by TourGrids



Destination
Himachal



Duration
4 Nights 5 Days



Starting from
Rs. 14,750 / person

ITINERARY ROUTE

↙ **Kullu · 1N**

↙ **Manali · 3N**

Overview

Experience the best of Himachal with this carefully crafted Himachal tour package and Himachal Adventure tour package designed for thrill-seekers and nature lovers. This Himachal Adventure package focuses on adrenaline-packed activities like paragliding in Solang Valley and river rafting in Kullu, combined with scenic sightseeing in Kullu and Manali. Ideal for those searching for 4 and 5 Himachal Adventure tour package options, this 4-night / 5-day itinerary balances action, relaxation, and cultural exploration.

Highlights:

- Paragliding in Solang Valley
- River Rafting on the Beas River (Kullu)
- Rohtang Pass / Atal Tunnel sightseeing (subject to permit)
- Hadimba Temple, Mall Road & Vashisht Hot Springs
- Scenic drives through Kullu Valley and Beas River vistas

Special note: Rohtang Pass access is seasonal and requires a separate permit. Alternative sightseeing is provided when inaccessible.

✓ **What's Included**

- ✓ 4 nights hotel accommodation (1 night in Kullu, 3 nights in Manali) on twin/double sharing basis
- ✓ Daily breakfast (4)
- ✓ Round-trip transfers from Chandigarh/Manali pick-up point to hotels (as per itinerary)
- ✓ River rafting session on the Beas River with equipment and guides
- ✓ Tandem paragliding flight in Solang Valley with licensed pilot (one flight per person)
- ✓ Local sightseeing as per itinerary by private vehicle
- ✓ Parking, tolls, and driver allowance
- ✓ Experienced local guide for adventure activities
- ✓ Basic first-aid and safety gear for adventure activities
- ✓ All adventure activities are subject to weather and operator availability.

✗ **Not Included**

- ✗ Airfare / Train fare to/from Chandigarh or nearest railhead
- ✗ Rohtang Pass permit fees and any local tolls (if applicable)
- ✗ Personal expenses, laundry, phone calls, and tips
- ✗ Entrance fees not mentioned in inclusions
- ✗ Travel insurance (strongly recommended)
- ✗ Any additional meals beyond the included breakfasts
- ✗ Charges for extra activities or extended stays unless pre-booked

Day-by-Day Itinerary

Day

1

Arrival at Kullu & River Rafting Adventure

Arrive at Kullu (from Chandigarh/Delhi by road). Meet and assist at arrival point and transfer to the hotel. After check-in and a brief rest, gear up for an afternoon of river rafting on the Beas River — graded rapids suitable for beginners to intermediate rafters. Trained guides and safety equipment will be provided. Evening at leisure to stroll along the riverside or explore the local market.

Tip: Carry a change of clothes and waterproof bag for electronics. Wear quick-dry clothing and sturdy footwear for rafting.

Day

2

Kullu to Manali: Sightseeing & Local Experiences

After breakfast, check out and drive to Manali. En route, enjoy panoramic views of the Kullu Valley. On arrival, check in to the hotel. Afternoon sightseeing includes the Hadimba Temple, the quaint Old Manali lanes, and the bustling Mall Road for shopping and local cafes. Finish the day at the Vashisht Hot Springs — perfect for a relaxing dip.

Note: Local attractions are compact—comfortable walking shoes recommended.

Day

3

Solang Valley: Paragliding & Adventure Sports

Head to Solang Valley for a full day of adventure. The highlight is an exhilarating paragliding flight (tandem with a licensed pilot) offering sweeping aerial views of snow-capped peaks and the valley below. Additional activities available include zip-lining, ropeway, snow scooter / skiing (seasonal), and ATV rides. Return to Manali for an evening at leisure.

Important: Paragliding is weather-dependent. Flight confirmation will be given on the day by the operator. Carry ID proof as required by operators.

Day

4

Rohtang Pass / Atal Tunnel Excursion or Optional Trek

Today's plan is a scenic excursion to Rohtang Pass (subject to permits and weather) or, when closed, an alternative drive through the Atal Tunnel towards Lahaul and sightseeing at Gulaba and Marhi. Activities can include short treks, snow play (seasonal), and panoramic photo stops. Return to Manali for an evening cultural walk and local cuisine.

Note: Rohtang Pass requires an additional permit and is weather/season dependent. If you prefer, opt for a relaxed day with local treks or river-side camping arrangements.

Day

5

Departure from Manali

After breakfast, enjoy a relaxed morning for last-minute shopping on Mall Road or a quick visit to the Manu Temple. Check out and transfer to your onward destination (Chandigarh/Delhi by road or nearest transport hub). Bid farewell to the Himalayan retreat with unforgettable memories of your Himachal Adventure tour package.

Tip: Confirm your return transfer time in advance. If travelling to the airport/railway station, allow extra buffer time for mountain traffic.

? Frequently Asked Questions

? What are the top tourist destinations in Himachal Pradesh?

Top tourist destinations in Himachal Pradesh include Shimla, known for its colonial architecture; Manali, a hub for adventure sports; Dharamshala, home to the Dalai Lama; and Kasol, famous for its picturesque landscapes. Don't miss the stunning landscapes of Spiti Valley and the tranquility of Dalhousie!

? What is the best time to visit Himachal for tourism?

The best time to visit Himachal Pradesh for tourism is from March to June and September to November. During these months, the weather is pleasant, ideal for exploring scenic landscapes, temples, and adventure activities. Summer offers a respite from the heat, while autumn showcases stunning foliage.

? What are some adventure activities available in Himachal Pradesh?

Himachal Pradesh offers a plethora of adventure activities for thrill-seekers. You can indulge in trekking, paragliding in Bir Billing, river rafting in Kullu, skiing in Manali, mountain biking, rock climbing, and camping amidst stunning landscapes. Explore the breathtaking trails and experience the ultimate adrenaline rush!

? How to reach Himachal Pradesh from major cities in India?

Himachal Pradesh is well-connected by road, rail, and air. From Delhi, take a bus or hire a taxi for a scenic drive (about 10-12 hours). The nearest airport is in Bhuntar (Kullu) with flights from Delhi. By train, you can reach Joginder Nagar or Pathankot, followed by a road trip to popular destinations.

❓ Are there any travel restrictions in Himachal Pradesh due to COVID-19?

As of October 2023, Himachal Pradesh has relaxed most COVID-19 travel restrictions. However, it's advisable to check for any specific guidelines or requirements before traveling, such as health protocols or mask mandates in crowded places. Enjoy the scenic beauty and adventure activities safely!

❓ What are the best trekking routes in Himachal?

Himachal Pradesh offers stunning trekking routes like Triund Trek, Hampta Pass, and Kinnaur Kailash Trek. Explore the picturesque landscapes, lush green valleys, and breathtaking views. Other popular options include Beas Kund and the Great Himalayan National Park trails, catering to both beginners and experienced trekkers.

❓ What cultural experiences can visitors have in Himachal Pradesh?

Visitors to Himachal Pradesh can immerse themselves in vibrant local culture through traditional festivals like Kullu Dussehra, explore ancient temples, and participate in folk dances. The region offers authentic Himachali cuisine, handicraft shopping, and opportunities to interact with local communities, enhancing the travel experience.

★ Traveller Reviews



Nidhi Mehta

★★★★★ 5/5

A Journey to Remember

This tour was truly a journey to remember, filled with laughter, beautiful landscapes, and countless memories. Thank you, Himachal!



Pankaj Singh

★★★★★ 5/5

Historical Wonders

Loved exploring the historical wonders of Himachal. Each site had a story to tell and added to our adventure.



Nishant Kohli

★★★★☆ 4/5

Peaceful Lakes

Visiting the beautiful lakes in Himachal was a highlight. Kayaking in the tranquil waters was an experience like no other.



Seema Joshi

★★★★★ 5/5

Delicious Local Cuisine

The local food was delicious! Each meal was a delightful experience, showcasing Himachal's rich culinary heritage.



Deepak Yadav

★★★★★ 5/5

Adorable Hill Stations

Each hill station we visited had its unique charm. The ride through the hills was exhilarating! Loved every minute of it.

⚡ Why Choose TourGrids?

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