



Galle and Bentota Beach Holiday: Sri Lanka Coastal 4-Night Retreat

Prepared by TourGrids



Destination
Sri Lanka



Duration
4 Nights 5 Days



Starting from
Rs. 32,000 / person

ITINERARY ROUTE

↙ **Galle · 2N**

↘ **Bentota · 2N**

<https://tourgrids.com/packages/sri-lanka/sri-lanka-4-nights-5-days-package-778>

Overview

Galle and Bentota Beach Holiday: Sri Lanka Coastal 4-Night Retreat is a carefully curated Sri Lanka tour package ideal for families and couples seeking sun-soaked beaches, colonial charm, and gentle wildlife encounters. This Sri Lanka Family tour package blends relaxed beach time in Bentota with cultural discovery in the UNESCO-listed Galle Fort, creating a balanced 4-night, 5-day escape. Highlights include Galle Fort, Kosgoda Turtle Hatchery, Bentota River safari, and optional nearby whale-watching (seasonal). This itinerary is perfect for those searching for a 4 and 5 Sri Lanka Family tour package that focuses on coastal leisure, light adventure, and family-friendly experiences.

Highlights:

- Galle Fort: UNESCO-listed coastal citadel
- Bentota Beach: calm sands and water activities
- Kosgoda Turtle Hatchery: conservation visit
- Bentota River Safari: mangrove & birdlife cruise
- Leisure & optional water sports: safe family-friendly choices

Tip: Whale watching from Mirissa is seasonal (November–April); consider booking in advance if you want to include it as an optional activity.

✓ What's Included

- ✓ 4 nights accommodation: 2 nights in Galle, 2 nights in Bentota (standard family room or equivalent)
- ✓ Daily breakfast at hotels
- ✓ Airport transfers (arrival & departure) in private air-conditioned vehicle
- ✓ Guided walking tour of Galle Fort
- ✓ Entrance & guided visit to Kosgoda Turtle Hatchery
- ✓ Bentota River Safari with local guide
- ✓ All applicable hotel taxes and service charges
- ✓ Local assistance and 24/7 emergency contact
- ✓ Special Note: This package can be tailored into a Sri Lanka Family Retreat package with family-room upgrades and child-friendly meal plans upon request.

✗ Not Included

- ✗ International flights to/from Sri Lanka
- ✗ Visa fees, travel insurance, and personal expenses
- ✗ Optional activities (e.g., Mirissa whale-watching, water sports, spa treatments) unless specified
- ✗ Meals other than breakfast (lunches & dinners) unless otherwise stated
- ✗ Gratuities for guides/drivers and any optional tipping
- ✗ Peak-season surcharge (if applicable)

Day-by-Day Itinerary

Day

1

Arrival, Transfer to Galle & Evening at Galle Fort

Arrive at Bandaranaike International Airport (Colombo). Meet and greet, then transfer south along the scenic coastal route to Galle (approximately 2.5–3 hours depending on traffic). Check in to your hotel and relax. In the late afternoon enjoy a guided walk through Galle Fort – explore the ramparts, Dutch Reformed Church, the Galle Lighthouse, and the quaint boutiques and cafes of Dutch Hospital. Sunset at the fort walls is a must-do family photo moment.

Note: Early arrivals can store luggage and head into town; hotels will do their best to accommodate early check-in.

Day

2

Full Day Galle & Optional Mirissa Whale-Watching

Spend the day exploring Galle at a relaxed pace. Morning options include visiting a local spice garden or taking a short drive to a nearby tea plantation for a brief tasting. After lunch, choose between a relaxed afternoon in the fort area or an optional guided excursion to Mirissa (approx. 50–60 minutes) for seasonal whale watching.

Evening: return to Galle for a family-friendly dinner overlooking the fort or at a beachside restaurant in Unawatuna.

Important: Whale watching operates in season (November–April). This is an optional, extra-cost activity and can be added when booking.

Day

3

Transfer to Bentota – Turtle Hatchery & River Safari

After a leisurely breakfast, check out and transfer to Bentota (approx. 1–1.5 hours). En route stop at the Kosgoda Turtle Hatchery for an educational visit where children and adults can learn about sea turtle conservation and see hatchlings (entrance donation supports conservation).

Arrive in Bentota, check in to your beachfront hotel. In the afternoon enjoy a guided Bentota River Safari – cruise through mangroves, spot water birds, monitor lizards, and local riverside life. Evening at leisure on Bentota Beach.

Tip: The turtle hatchery visit is especially rewarding for families – bring sunscreen and a hat for the short walk.

Day

4

Leisure Day in Bentota — Beaches & Water Activities

A full day dedicated to relaxation and optional activities. Choose from:

- Gentle water sports (banana boat, snorkeling, glass-bottom boat)
- Ayurvedic spa treatments and family-friendly hotel facilities
- Visit Brief Garden or nearby temples for a cultural touch

Families can relax on the sheltered Bentota Beach while kids enjoy safe shallow waters. Evening: seafood dinner or hotel family buffet.

Note: Water sports are optional and payable locally. Always follow the safety briefings provided by operators.

Day

5

Morning Relaxation & Transfer to Colombo for Departure

Enjoy a relaxed morning — a final swim, beach walk, or souvenir shopping. Check out and transfer back to Colombo/airport depending on your flight schedule (approx. 1.5–2.5 hours). If time permits, stop for a short Colombo city orientation and shopping in Colombo before your onward journey.

Important: Allow at least 3–4 hours between hotel departure and international flight check-in time to accommodate traffic and security procedures.

? Frequently Asked Questions

? When is the best time to visit Sri Lanka?

Sri Lanka has two monsoon patterns, so the best time depends on your destination. For the west and south coasts (Colombo, Galle, Mirissa) and hill country (Kandy, Ella, Nuwara Eliya), visit December to March for dry, sunny weather. For the east and north coasts (Trincomalee, Arugam Bay, Jaffna), May to September offers the best conditions. December to February brings cool, misty weather in the highlands with temperatures dropping to 6–12°C, so pack warm layers. March to May is warm but pleasant, while monsoon seasons (May–September for west/south, October–January for east/north) offer fewer crowds and better deals in affected regions.

❓ **How can I reach Sri Lanka from India?**

The easiest way is by air to Bandaranaike International Airport (CMB) in Colombo. Direct flights operate from major Indian cities including Chennai, Bengaluru, Hyderabad, Kochi, Mumbai, Delhi, Trichy, Madurai, Coimbatore, and Thiruvananthapuram. Flight time is typically 1-3 hours depending on your departure city. Other airports include Ratmalana (RML) near Colombo and Mattala (HRI) with limited operations. Occasional ferry services between South India and North Sri Lanka have operated but aren't consistently regular – check current status before planning. As an island nation, road or rail connections from India aren't available.

❓ **Do Indians need a visa to visit Sri Lanka?**

Yes, Indians typically need an Electronic Travel Authorization (ETA) or e-visa obtained online before travel through the official Sri Lankan government portal. The process is straightforward and usually processed within 24-48 hours. However, Sri Lanka periodically offers visa fee waivers or promotional schemes for Indian tourists, so check the latest requirements and fees before booking your trip. Keep your passport valid for at least 6 months from arrival date. The ETA allows stays up to 30 days for tourism purposes. Always verify current visa requirements as policies can change.

❓ **What are the local transportation options in Sri Lanka?**

Sri Lanka offers diverse transport options. Trains provide scenic routes like Colombo-Kandy-Ella and Colombo-Galle – book seats early for popular sectors. Buses are economical and frequent with AC coaches on main routes. Tuk-tuks are ubiquitous; use the PickMe app or agree on fares beforehand. Ride-hailing includes PickMe (island-wide) and Uber (mainly Colombo). For comfort and flexibility, hire chauffeur-driven cars or taxis. Domestic flights and seaplanes offer limited seasonal services for longer distances. For circuits, many travelers prefer hiring a car with driver due to local knowledge and convenience.

❓ **Where should I stay in Sri Lanka and what accommodation options are available?**

Sri Lanka offers accommodations across all budgets. In Colombo, stay near Galle Face or Cinnamon Gardens for convenience. For beaches, choose Galle Fort for heritage charm, Mirissa/Weligama for whales and surfing, or Unawatuna for nightlife. Hill country options include Kandy for culture, Ella for scenery, and Nuwara Eliya for tea estates. Wildlife enthusiasts should stay near Yala or Udawalawe national parks. Options range from luxury resorts (Shangri-La, Amangalla, Cape Weligama) to mid-range hotels (Jetwing properties, Cinnamon chain) and budget guesthouses. Tea estate bungalows and eco-lodges offer unique experiences. Book advance during peak season (December-March).

🔍 What are the must-visit attractions in Sri Lanka?

Top attractions include Sigiriya Rock Fortress with its 5th-century sky palace and frescoes, and the UNESCO-listed Galle Fort with Dutch colonial architecture. Experience the scenic Kandy-Ella train journey through tea plantations, visit Kandy's Temple of the Sacred Tooth Relic, and explore the ancient capitals of Anuradhapura and Polonnaruwa. For nature, safari in Yala National Park for leopards and elephants, whale-watch from Mirissa (December-April), and trek Horton Plains to World's End cliff. Don't miss Dambulla Cave Temple, the hill town of Ella with Nine Arch Bridge, Nuwara Eliya's tea estates, and cultural Jaffna in the north.

🔍 What local food and cuisine should I try in Sri Lanka?

Sri Lankan cuisine offers rich flavors familiar yet distinct from Indian food. Must-tries include rice and curry platters with multiple vegetable and meat curries, hoppers (bowl-shaped fermented pancakes) and egg hoppers, string hoppers (idiyappam) with pol sambol, and kottu roti (stir-fried chopped bread with curry). Sample Jaffna crab curry, ambul thiyal (sour fish curry), and lamprais (rice in banana leaf). For desserts, try buffalo curd with kithul treacle and watalappam. Don't miss Ceylon tea from garden to cup. Vegetarians will find excellent options including dal curries, vegetable dishes, and coconut-based preparations. Street food is generally safe at busy stalls.

★ Traveller Reviews



Arjun Mehta

★★★★★ 5/5

Amazing Experience in Sri Lanka

The tour package was well organized and covered all major attractions. Our guide was knowledgeable and friendly. Highly recommend!



Priya Sharma

★★★★★ 5/5

Memorable Trip to Sri Lanka

Had a fantastic time visiting Sri Lanka. The cultural sites and natural beauty were breathtaking. Will cherish these memories forever!



Siddharth Verma

★★★★☆ 4/5

Excellent Package

Everything was perfectly planned from start to finish. The accommodations were top-notch and the itinerary was well thought out.



Anjali Rao

★★★★★ 5/5

Beautiful Beaches

Enjoyed relaxing on the beautiful beaches of Sri Lanka. The water activities were a highlight of my trip!



Ravi Kumar

★★★★☆ 4/5

Cultural Delight

Sri Lanka's rich culture was fascinating. The tour provided a deep insight into local traditions and history.

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