

Surf and Sand Adventure: Arugam Bay and Eastern Beaches 5-Night Surf Trip

Prepared by TourGrids



Destination
Sri Lanka



Duration
5 Nights 6 Days



Starting from
Rs. 36,900 / person

ITINERARY ROUTE

↙ Arugam Bay · 3N

↙ Pasikudah · 2N

<https://tourgrids.com/packages/sri-lanka/sri-lanka-5-nights-6-days-package-787>

Overview

A compact, action-packed Sri Lanka tour package and Sri Lanka Adventure tour package designed for surfers and beach lovers. This 5-night / 6-day Sri Lanka Adventure package combines world-class surf at Arugam Bay, tranquil bays at Pasikudah, cultural stops and easy wildlife encounters along the east coast. Ideal as a 5 and 6 Sri Lanka Adventure tour package option for travelers seeking sun, surf, and relaxed coastal vibes.

Highlights:

- Arugam Bay surf sessions (beginners to intermediate)
- Pottuvil Lagoon boat safari and birdwatching
- Cultural stop at Kudumbigala Rock Monastery
- Relaxing beach time at Pasikudah with optional Pigeon Island snorkeling
- Comfortable coastal transfers with scenic East Coast scenery

Note: This itinerary is optimized for east-coast surf season (May to September). Travel times between Colombo and the east coast can be long; domestic flights or private transfers can be arranged on request.

✓ **What's Included**

- ✓ Private airport transfers (arrival & departure)
- ✓ 5 nights accommodation in beachside hotels/guesthouses (3 nights Arugam Bay, 2 nights Pasikudah)
- ✓ Daily breakfast and selected meals as per itinerary
- ✓ 2 half-day surf lessons (equipment included) and board rental assistance
- ✓ Pottuvil Lagoon boat safari (shared)
- ✓ All inter-city private transfers in an air-conditioned vehicle
- ✓ Local English-speaking guide/driver
- ✓ Applicable taxes and service charges
- ✓ 24/7 local support for itinerary adjustments

✗ **Not Included**

- ✗ International flights to/from Sri Lanka
- ✗ Travel insurance and personal medical expenses
- ✗ Visa fees (electronic travel authorization where applicable)
- ✗ Meals and drinks not listed in inclusions
- ✗ Optional activities (Pigeon Island snorkel trip, whale watching) unless specified
- ✗ Entrance fees for optional cultural sites where applicable
- ✗ Gratuities and personal expenses
- ✗ Peak-season supplements (applicable during special events/holidays)

Day-by-Day Itinerary

Day

1

Arrival and Transfer to Arugam Bay

Arrival at Bandaranaike International Airport (Colombo) or Mattala Rajapaksa International Airport. Meet and drive east along scenic coastal roads to Arugam Bay (approx. 5–6 hours from Colombo by road). Check in and unwind on the beach. Evening orientation and surf briefing with your local instructor. Tip: Carry sun protection and light snacks for the drive.

Day

2

Full Day Surf Lessons at Arugam Bay

Begin the day with a surf lesson tailored to your level at Main Point or Whiskey Point. Practice paddling, standing, and catching green waves with certified instructors. Afternoon free to explore the bay, relax at beachfront cafés or rent a board for open-surfing. Evening: sample fresh seafood and local flavors in town. Suitable for beginners and intermediate surfers.

Day

3

Pottuvil Lagoon Safari & Local Exploration

Morning boat trip on Pottuvil Lagoon for birdwatching and mangrove views — great for photography and wildlife spotting. Afternoon visit to the Panama shoreline and the tranquil Kudumbigala Rock Monastery for a short cultural walk. Sunset surf or evening beach stroll. Bring binoculars for birdlife and comfortable walking shoes for the monastery.

Day

4

Transfer to Pasikudah via Coastal Sights

Check out and enjoy a scenic coastal transfer eastward to Pasikudah (approx. 3–4 hours). En route stop at local fishing villages and photo points. Arrive in Pasikudah, check in and explore the long, shallow bay — perfect for swimming and relaxation. Evening at leisure with beachfront dining. Option: Arrange a sunset boat trip when available.

Day

5

Snorkeling, Pigeon Island (Optional) and Relaxation

Enjoy a day of beach time in Pasikudah with shallow, calm waters ideal for swimming and learning to snorkel. Optional day trip to Pigeon Island (from Nilaveli/Trincomalee) for snorkeling among vibrant coral and reef fish — arrange in advance. Alternatively, choose a guided coastal walk or a local village visit. Evening: traditional Sri Lankan seafood dinner. Pigeon Island access depends on sea conditions and permits.

Day

6

Departure: Return to Colombo or Trincomalee Airport

After breakfast, check out and transfer to Colombo (approx. 6–7 hours) or to Trincomalee Airport / Trincomalee harbor for onward connections. En route short stops for refreshments and last-minute photos. End of the 5-night/6-day Sri Lanka Adventure package. We recommend scheduling departure flights after 6 PM from Colombo to account for road travel time; domestic flights can shorten transfer times if preferred.

🔗 Frequently Asked Questions

🔗 When is the best time to visit Sri Lanka?

Sri Lanka has two monsoon patterns, so the best time depends on your destination. For the west and south coasts (Colombo, Galle, Mirissa) and hill country (Kandy, Ella, Nuwara Eliya), visit December to March for dry, sunny weather. For the east and north coasts (Trincomalee, Arugam Bay, Jaffna), May to September offers the best conditions. December to February brings cool, misty weather in the highlands with temperatures dropping to 6–12°C, so pack warm layers. March to May is warm but pleasant, while monsoon seasons (May–September for west/south, October–January for east/north) offer fewer crowds and better deals in affected regions.

🔗 How can I reach Sri Lanka from India?

The easiest way is by air to Bandaranaike International Airport (CMB) in Colombo. Direct flights operate from major Indian cities including Chennai, Bengaluru, Hyderabad, Kochi, Mumbai, Delhi, Trichy, Madurai, Coimbatore, and Thiruvananthapuram. Flight time is typically 1–3 hours depending on your departure city. Other airports include Ratmalana (RML) near Colombo and Mattala (HRI) with limited operations. Occasional ferry services between South India and North Sri Lanka have operated but aren't consistently regular – check current status before planning. As an island nation, road or rail connections from India aren't available.

🔗 Do Indians need a visa to visit Sri Lanka?

Yes, Indians typically need an Electronic Travel Authorization (ETA) or e-visa obtained online before travel through the official Sri Lankan government portal. The process is straightforward and usually processed within 24–48 hours. However, Sri Lanka periodically offers visa fee waivers or promotional schemes for Indian tourists, so check the latest requirements and fees before booking your trip. Keep your passport valid for at least 6 months from arrival date. The ETA allows stays up to 30 days for tourism purposes. Always verify current visa requirements as policies can change.

❓ **What are the local transportation options in Sri Lanka?**

Sri Lanka offers diverse transport options. Trains provide scenic routes like Colombo–Kandy–Ella and Colombo–Galle – book seats early for popular sectors. Buses are economical and frequent with AC coaches on main routes. Tuk-tuks are ubiquitous; use the PickMe app or agree on fares beforehand. Ride-hailing includes PickMe (island-wide) and Uber (mainly Colombo). For comfort and flexibility, hire chauffeur-driven cars or taxis. Domestic flights and seaplanes offer limited seasonal services for longer distances. For circuits, many travelers prefer hiring a car with driver due to local knowledge and convenience.

❓ **Where should I stay in Sri Lanka and what accommodation options are available?**

Sri Lanka offers accommodations across all budgets. In Colombo, stay near Galle Face or Cinnamon Gardens for convenience. For beaches, choose Galle Fort for heritage charm, Mirissa/Weligama for whales and surfing, or Unawatuna for nightlife. Hill country options include Kandy for culture, Ella for scenery, and Nuwara Eliya for tea estates. Wildlife enthusiasts should stay near Yala or Udawalawe national parks. Options range from luxury resorts (Shangri-La, Amangalla, Cape Weligama) to mid-range hotels (Jetwing properties, Cinnamon chain) and budget guesthouses. Tea estate bungalows and eco-lodges offer unique experiences. Book advance during peak season (December–March).

❓ **What are the must-visit attractions in Sri Lanka?**

Top attractions include Sigiriya Rock Fortress with its 5th-century sky palace and frescoes, and the UNESCO-listed Galle Fort with Dutch colonial architecture. Experience the scenic Kandy–Ella train journey through tea plantations, visit Kandy's Temple of the Sacred Tooth Relic, and explore the ancient capitals of Anuradhapura and Polonnaruwa. For nature, safari in Yala National Park for leopards and elephants, whale-watch from Mirissa (December–April), and trek Horton Plains to World's End cliff. Don't miss Dambulla Cave Temple, the hill town of Ella with Nine Arch Bridge, Nuwara Eliya's tea estates, and cultural Jaffna in the north.

❓ **What local food and cuisine should I try in Sri Lanka?**

Sri Lankan cuisine offers rich flavors familiar yet distinct from Indian food. Must-tries include rice and curry platters with multiple vegetable and meat curries, hoppers (bowl-shaped fermented pancakes) and egg hoppers, string hoppers (idiyappam) with pol sambol, and kottu roti (stir-fried chopped bread with curry). Sample Jaffna crab curry, ambul thiyal (sour fish curry), and lamprais (rice in banana leaf). For desserts, try buffalo curd with kithul treacle and watalappam. Don't miss Ceylon tea from garden to cup. Vegetarians will find excellent options including dal curries, vegetable dishes, and coconut-based preparations. Street food is generally safe at busy stalls.

★ **Traveller Reviews**



Arjun Mehta

★★★★★ 5/5

Amazing Experience in Sri Lanka

The tour package was well organized and covered all major attractions. Our guide was knowledgeable and friendly. Highly recommend!



Priya Sharma

★★★★★ 5/5

Memorable Trip to Sri Lanka

Had a fantastic time visiting Sri Lanka. The cultural sites and natural beauty were breathtaking. Will cherish these memories forever!



Siddharth Verma

★★★★☆ 4/5

Excellent Package

Everything was perfectly planned from start to finish. The accommodations were top-notch and the itinerary was well thought out.



Anjali Rao

★★★★★ 5/5

Beautiful Beaches

Enjoyed relaxing on the beautiful beaches of Sri Lanka. The water activities were a highlight of my trip!



Ravi Kumar

★★★★☆ 4/5

Cultural Delight

Sri Lanka's rich culture was fascinating. The tour provided a deep insight into local traditions and history.

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