

Adventure Highlands: Ella, Little Adam's Peak & Horton Plains 6-Night Trek

Prepared by TourGrids



Destination
Sri Lanka



Duration
6 Nights 7 Days



Starting from
Rs. 52,750 /person

ITINERARY ROUTE

↗ Negombo / Colombo · 1N

↗ Kandy · 1N

↗ Nuwara Eliya · 2N

↗ Ella · 2N

<https://tourgrids.com/packages/sri-lanka/sri-lanka-6-nights-7-days-package-790>

Overview

A curated Sri Lanka tour package designed for active travelers who want the best of the central highlands. This Sri Lanka Adventure tour package combines scenic train rides, tea-country treks, panoramic viewpoints and wildlife-rich plateaus across a 6-night, 7-day itinerary. Ideal as a 6 and 7 Sri Lanka Adventure tour package option, it delivers memorable hikes, cultural experiences and iconic landscapes.

Highlights:

- Scenic Kandy to Nuwara Eliya tea-country drive
- Horton Plains National Park – trek to World's End and Baker's Falls
- Nanu Oya to Ella scenic train ride (one of the world's most spectacular train journeys)
- Little Adam's Peak and Nine Arch Bridge in Ella
- Cultural visit to Kandy including the Temple of the Tooth

Tip: Morning hikes (Horton Plains & Little Adam's Peak) are best done early to avoid crowds and get clear views.

This Sri Lanka Adventure package includes comfortable stays, daily breakfasts and guided transfers. It is optimized for adventure seekers and photographers who want to experience the highland heart of Sri Lanka in one compact 7-day journey.

✓ What's Included

- ✓ 6 nights accommodation in 3–4 star hotels (or similar) as per itinerary
- ✓ Daily breakfast (6) and listed meals where specified
- ✓ Private A/C transfers and sightseeing in a comfortable vehicle
- ✓ English-speaking driver/guide for the entire trip
- ✓ Entrance fees to Horton Plains National Park and guided trek
- ✓ Train ticket (standard class) for Nanu Oya–Ella scenic segment
- ✓ Tea factory visit and local tasting
- ✓ Local taxes and service charges

✗ Not Included

- ✗ International airfare to/from Sri Lanka
- ✗ Visa fees and travel insurance
- ✗ Meals not specified (lunches & dinners unless listed)
- ✗ Personal expenses, tips, laundry and phone calls
- ✗ Entrance fees for optional activities (e.g., Pinnawala, Ella Rock guide if chosen) unless specified
- ✗ Any costs arising from flight delays, weather-related changes or circumstances beyond our control

Day-by-Day Itinerary

Day

1

Arrival & Relax in Negombo

Arrive at Bandaranaike International Airport (Colombo). Meet your driver and transfer to Negombo or a nearby coastal hotel to recover from your flight. Relax by the beach or explore the local fish market and lagoon. Evening briefing about the journey ahead and overnight stay.

Important: Flight arrival time determines how much you can explore on Day 1.

Day

2

Transfer to Kandy – Cultural Evening

After breakfast depart north-east toward Kandy, the cultural heart of Sri Lanka. En route optional stop at Pinnawala Elephant Orphanage (if preferred) or spice gardens. On arrival in Kandy visit the Temple of the Sacred Tooth Relic (Sri Dalada Maligawa) and enjoy a traditional cultural dance performance in the evening.

Note: Temple visits require modest dress (shoulders and knees covered).

Day

3

Kandy to Nuwara Eliya – Tea Country & Waterfalls

Depart Kandy after breakfast and head into the highlands. Stop at scenic viewpoints and tea plantations. Visit a working tea factory to learn about Ceylon tea production and taste fresh brews. Continue to Nuwara Eliya, often called ‘Little England’, with its colonial architecture, Gregory Lake and lush greenery.

Tip: Carry a light jacket – the highlands can be cool and misty.

Day

4

Horton Plains National Park – World's End Trek

Early morning transfer to Horton Plains National Park for a guided trek to World's End and Baker's Falls (approx. 3–4 hours). The plateau's dramatic escarpments and mist-soaked grasslands offer superb photo opportunities. Return to Nuwara Eliya in the afternoon for leisure or a short town walk.

Important: Horton Plains is cold and windy early; wear sturdy shoes and warm layers. Park entry and guide timings are strict – early start recommended.

Day

5

Scenic Train to Ella & Little Adam's Peak

Take the scenic train from Nanu Oya / Nuwara Eliya towards Ella (book seats in advance — second-class open windows recommended for photography). Arrive in Ella and trek up Little Adam's Peak for panoramic views of tea terraces and valleys. Later visit the iconic Nine Arch Bridge and capture sunset photographs.

Tip: Train tickets sell out quickly on peak days — we recommend pre-booking.

Day

6

Ella Exploration — Ravana Falls & Optional Ella Rock

Morning hike option to Ella Rock (challenging, 3–4 hours) or a more relaxed morning visiting Ravana Falls and local viewpoints. Afternoon options include a village walk, tea tasting or a short cooking class. Enjoy a relaxed evening with mountain vistas and local cuisine.

Note: Choose Ella Rock only if you have comfortable hiking experience.

Day

7

Return to Colombo / Departure

After breakfast depart Ella and transfer to Colombo (approx. 5–6 hours by road). En route stop for photographs or short visits if time permits. In Colombo you can opt for a brief city tour (Gangaramaya Temple, Galle Face Green, shopping) before being transferred to the airport for your onward flight.

Important: Ensure your international flight timing allows for the road transfer time. Ask about flight-time based transfer options.

🔍 Frequently Asked Questions

🔍 When is the best time to visit Sri Lanka?

Sri Lanka has two monsoon patterns, so the best time depends on your destination. For the west and south coasts (Colombo, Galle, Mirissa) and hill country (Kandy, Ella, Nuwara Eliya), visit December to March for dry, sunny weather. For the east and north coasts (Trincomalee, Arugam Bay, Jaffna), May to September offers the best conditions. December to February brings cool, misty weather in the highlands with temperatures dropping to 6–12°C, so pack warm layers. March to May is warm but pleasant, while monsoon seasons (May–September for west/south, October–January for east/north) offer fewer crowds and better deals in affected regions.

❓ **How can I reach Sri Lanka from India?**

The easiest way is by air to Bandaranaike International Airport (CMB) in Colombo. Direct flights operate from major Indian cities including Chennai, Bengaluru, Hyderabad, Kochi, Mumbai, Delhi, Trichy, Madurai, Coimbatore, and Thiruvananthapuram. Flight time is typically 1-3 hours depending on your departure city. Other airports include Ratmalana (RML) near Colombo and Mattala (HRI) with limited operations. Occasional ferry services between South India and North Sri Lanka have operated but aren't consistently regular – check current status before planning. As an island nation, road or rail connections from India aren't available.

❓ **Do Indians need a visa to visit Sri Lanka?**

Yes, Indians typically need an Electronic Travel Authorization (ETA) or e-visa obtained online before travel through the official Sri Lankan government portal. The process is straightforward and usually processed within 24-48 hours. However, Sri Lanka periodically offers visa fee waivers or promotional schemes for Indian tourists, so check the latest requirements and fees before booking your trip. Keep your passport valid for at least 6 months from arrival date. The ETA allows stays up to 30 days for tourism purposes. Always verify current visa requirements as policies can change.

❓ **What are the local transportation options in Sri Lanka?**

Sri Lanka offers diverse transport options. Trains provide scenic routes like Colombo-Kandy-Ella and Colombo-Galle – book seats early for popular sectors. Buses are economical and frequent with AC coaches on main routes. Tuk-tuks are ubiquitous; use the PickMe app or agree on fares beforehand. Ride-hailing includes PickMe (island-wide) and Uber (mainly Colombo). For comfort and flexibility, hire chauffeur-driven cars or taxis. Domestic flights and seaplanes offer limited seasonal services for longer distances. For circuits, many travelers prefer hiring a car with driver due to local knowledge and convenience.

❓ **Where should I stay in Sri Lanka and what accommodation options are available?**

Sri Lanka offers accommodations across all budgets. In Colombo, stay near Galle Face or Cinnamon Gardens for convenience. For beaches, choose Galle Fort for heritage charm, Mirissa/Weligama for whales and surfing, or Unawatuna for nightlife. Hill country options include Kandy for culture, Ella for scenery, and Nuwara Eliya for tea estates. Wildlife enthusiasts should stay near Yala or Udawalawe national parks. Options range from luxury resorts (Shangri-La, Amangalla, Cape Weligama) to mid-range hotels (Jetwing properties, Cinnamon chain) and budget guesthouses. Tea estate bungalows and eco-lodges offer unique experiences. Book advance during peak season (December-March).

🔍 What are the must-visit attractions in Sri Lanka?

Top attractions include Sigiriya Rock Fortress with its 5th-century sky palace and frescoes, and the UNESCO-listed Galle Fort with Dutch colonial architecture. Experience the scenic Kandy-Ella train journey through tea plantations, visit Kandy's Temple of the Sacred Tooth Relic, and explore the ancient capitals of Anuradhapura and Polonnaruwa. For nature, safari in Yala National Park for leopards and elephants, whale-watch from Mirissa (December-April), and trek Horton Plains to World's End cliff. Don't miss Dambulla Cave Temple, the hill town of Ella with Nine Arch Bridge, Nuwara Eliya's tea estates, and cultural Jaffna in the north.

🔍 What local food and cuisine should I try in Sri Lanka?

Sri Lankan cuisine offers rich flavors familiar yet distinct from Indian food. Must-tries include rice and curry platters with multiple vegetable and meat curries, hoppers (bowl-shaped fermented pancakes) and egg hoppers, string hoppers (idiyappam) with pol sambol, and kottu roti (stir-fried chopped bread with curry). Sample Jaffna crab curry, ambul thiyal (sour fish curry), and lamprais (rice in banana leaf). For desserts, try buffalo curd with kithul treacle and watalappam. Don't miss Ceylon tea from garden to cup. Vegetarians will find excellent options including dal curries, vegetable dishes, and coconut-based preparations. Street food is generally safe at busy stalls.

★ Traveller Reviews



Arjun Mehta

★★★★★ 5/5

Amazing Experience in Sri Lanka

The tour package was well organized and covered all major attractions. Our guide was knowledgeable and friendly. Highly recommend!



Priya Sharma

★★★★★ 5/5

Memorable Trip to Sri Lanka

Had a fantastic time visiting Sri Lanka. The cultural sites and natural beauty were breathtaking. Will cherish these memories forever!



Siddharth Verma

★★★★☆ 4/5

Excellent Package

Everything was perfectly planned from start to finish. The accommodations were top-notch and the itinerary was well thought out.



Anjali Rao

★★★★★ 5/5

Beautiful Beaches

Enjoyed relaxing on the beautiful beaches of Sri Lanka. The water activities were a highlight of my trip!



Ravi Kumar

★★★★☆ 4/5

Cultural Delight

Sri Lanka's rich culture was fascinating. The tour provided a deep insight into local traditions and history.

⚡ Why Choose TourGrids?

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