

Family-Friendly Sri Lanka: Beaches, Safari and Cultural Sites 6-Night Itinerary

Prepared by TourGrids



Destination
Sri Lanka



Duration
6 Nights 7 Days



Starting from
Rs. 54,000 / person

ITINERARY ROUTE

↗ Negombo · 1N

↗ Sigiriya / Habarana · 2N

↗ Kandy · 1N

↗ Nuwara Eliya · 1N

↗ Bentota · 1N

<https://tourgrids.com/packages/sri-lanka/sri-lanka-6-nights-7-days-package-791>

Overview

Family-Friendly Sri Lanka: Beaches, Safari and Cultural Sites 6-Night Itinerary – an engaging, comfortable and child-friendly Sri Lanka tour package designed for families who want beaches, wildlife and culture in one trip. This Sri Lanka Family tour package balances easy travel days with exciting experiences: scenic tea country, a wildlife safari, Sigiriya Rock Fortress, Temple of the Tooth (Kandy), and relaxing beaches in Bentota.

Highlights:

- Sigiriya Rock Fortress – UNESCO site and iconic climb
- Minneriya/Kaudulla National Park Safari – elephant gatherings and wildlife
- Kandy – Temple of the Tooth, cultural dance show
- Nuwara Eliya – tea plantations and cool hillstation views
- Galle Fort & Bentota Beach – historic fort and family-friendly beaches

This 6-night / 7-day Sri Lanka Family package is ideal for families seeking a relaxed pace with high-impact experiences. The itinerary is flexible and can be customized for younger children or elderly travelers.

✓ **What's Included**

- ✓ 6 nights accommodation in family-friendly hotels (twin/double rooms + child bedding as required)
- ✓ Daily breakfast (hotel)
- ✓ Private air-conditioned transfers and transport with an experienced driver
- ✓ Entrance fees: Dambulla Cave Temple, Sigiriya Rock Fortress, Temple of the Tooth, one National Park jeep safari (Minneriya/Kaudulla)
- ✓ One village visit or boat ride (as described)
- ✓ Matale spice garden visit and Kandy cultural dance show
- ✓ Tea plantation visit and factory tour
- ✓ All government taxes and service charges
- ✓ Bottled water during transfers
- ✓ Special note: Optional train tickets, domestic flights, additional activities and meals beyond breakfast may be arranged at a supplement.

✗ **Not Included**

- ✗ International flights to/from Sri Lanka
- ✗ Visa fees and travel insurance
- ✗ Lunches and dinners unless specified
- ✗ Tips, gratuities and personal expenses (souvenirs, laundry, phone calls)
- ✗ Optional activities not mentioned in inclusions (e.g., water sports in Bentota, boat rides if not included)
- ✗ High-season supplements for peak travel dates
- ✗ Important: Medical conditions, special dietary needs or mobility assistance should be advised at booking to ensure appropriate hotel choices and vehicle arrangements.

Day-by-Day Itinerary

Day

1

Arrival, Transfer to Negombo and Beachside Relaxation

Arrive at Bandaranaike International Airport and meet your friendly driver. Transfer to Negombo (about 15–30 minutes from the airport). Settle into your family-friendly beach hotel and relax after your flight. Depending on arrival time, enjoy a gentle walk along Negombo Beach or explore the Dutch Canal and local fish market.

Tip: If you arrive early, request an early check-in and rest to adjust to the time zone.

Day

2

Dambulla Cave Temple & Climb Sigiriya Rock

After breakfast depart for the Cultural Triangle. Stop at Dambulla Cave Temple to see impressive Buddhist murals and statues. Continue to Sigiriya Rock Fortress — explore the ancient palace ruins and frescoes. The climb offers rewarding panoramic views and is manageable for older children; younger kids can explore the gardens and the base. Evening at leisure in Habarana or Sigiriya village.

Note: Carry water, sun protection and comfortable shoes for the Sigiriya climb.

Day

3

Wildlife Safari at Minneriya / Kaudulla and Village Experience

Enjoy a morning jeep safari in Minneriya National Park or Kaudulla National Park, famous for the seasonal elephant gatherings. The family will likely spot elephants, deer, monkeys and many bird species. Afternoon options include a peaceful village safari with a bullock cart ride or a traditional boat ride (optional) — great for kids to interact with rural Sri Lankan life. Return to your hotel; relax by the pool.

Tip: Morning safaris are cooler and often more active; binoculars and a camera are recommended.

Day

4

Scenic Drive to Kandy, Spice Garden and Cultural Show

Drive to Kandy, stopping en route at a Matale Spice Garden for a family-friendly tour where children can see spices and learn about local food. Arrive in Kandy and visit the sacred Temple of the Tooth Relic (Sri Dalada Maligawa). In the evening, attend a lively Kandyan cultural dance performance — colorful, engaging and ideal for kids.

Important: Dress modestly when visiting temples (shoulders and knees covered).

Day

5

Tea Country: Train Option and Nuwara Eliya Exploration

Travel toward the hill country. Families may choose the scenic train ride from Kandy to the Nuwara Eliya region (book in advance for reserved seats). Visit a tea plantation and factory to see the tea-making process and sample fresh Ceylon tea. In Nuwara Eliya, take a leisurely stroll around Gregory Lake and enjoy cooler temperatures. Children will enjoy open spaces and gentle boat rides.

Note: Train seats sell out quickly; book at least several weeks ahead if opting for the train.

Day

6

Galle Fort Stop and Beach Time in Bentota

Drive down to the southern coast via the Southern Expressway. Stop at the historic Galle Fort – wander ramparts, boutique shops and enjoy a family lunch with sea views. Continue to Bentota for beach time, water sports or simply relaxing at a seaside resort. Bentota offers calm waters suitable for children and a range of family-friendly activities.

Tip: Schedule the drive so you reach Bentota by late afternoon to enjoy sunset on the beach.

Day

7

Departure or Optional Extensions

After a relaxed breakfast, transfer to Bandaranaike International Airport (approximately 2–3 hours from Bentota) for your departure flight. Alternatively, extend your stay with additional beach days or a bespoke northern/southern extension.

If your flight is late in the evening, consider a short Colombo city stop for gift shopping or a quick urban tour.

🔗 Frequently Asked Questions

🔗 When is the best time to visit Sri Lanka?

Sri Lanka has two monsoon patterns, so the best time depends on your destination. For the west and south coasts (Colombo, Galle, Mirissa) and hill country (Kandy, Ella, Nuwara Eliya), visit December to March for dry, sunny weather. For the east and north coasts (Trincomalee, Arugam Bay, Jaffna), May to September offers the best conditions. December to February brings cool, misty weather in the highlands with temperatures dropping to 6–12°C, so pack warm layers. March to May is warm but pleasant, while monsoon seasons (May–September for west/south, October–January for east/north) offer fewer crowds and better deals in affected regions.

❓ **How can I reach Sri Lanka from India?**

The easiest way is by air to Bandaranaike International Airport (CMB) in Colombo. Direct flights operate from major Indian cities including Chennai, Bengaluru, Hyderabad, Kochi, Mumbai, Delhi, Trichy, Madurai, Coimbatore, and Thiruvananthapuram. Flight time is typically 1-3 hours depending on your departure city. Other airports include Ratmalana (RML) near Colombo and Mattala (HRI) with limited operations. Occasional ferry services between South India and North Sri Lanka have operated but aren't consistently regular – check current status before planning. As an island nation, road or rail connections from India aren't available.

❓ **Do Indians need a visa to visit Sri Lanka?**

Yes, Indians typically need an Electronic Travel Authorization (ETA) or e-visa obtained online before travel through the official Sri Lankan government portal. The process is straightforward and usually processed within 24-48 hours. However, Sri Lanka periodically offers visa fee waivers or promotional schemes for Indian tourists, so check the latest requirements and fees before booking your trip. Keep your passport valid for at least 6 months from arrival date. The ETA allows stays up to 30 days for tourism purposes. Always verify current visa requirements as policies can change.

❓ **What are the local transportation options in Sri Lanka?**

Sri Lanka offers diverse transport options. Trains provide scenic routes like Colombo-Kandy-Ella and Colombo-Galle – book seats early for popular sectors. Buses are economical and frequent with AC coaches on main routes. Tuk-tuks are ubiquitous; use the PickMe app or agree on fares beforehand. Ride-hailing includes PickMe (island-wide) and Uber (mainly Colombo). For comfort and flexibility, hire chauffeur-driven cars or taxis. Domestic flights and seaplanes offer limited seasonal services for longer distances. For circuits, many travelers prefer hiring a car with driver due to local knowledge and convenience.

❓ **Where should I stay in Sri Lanka and what accommodation options are available?**

Sri Lanka offers accommodations across all budgets. In Colombo, stay near Galle Face or Cinnamon Gardens for convenience. For beaches, choose Galle Fort for heritage charm, Mirissa/Weligama for whales and surfing, or Unawatuna for nightlife. Hill country options include Kandy for culture, Ella for scenery, and Nuwara Eliya for tea estates. Wildlife enthusiasts should stay near Yala or Udawalawe national parks. Options range from luxury resorts (Shangri-La, Amangalla, Cape Weligama) to mid-range hotels (Jetwing properties, Cinnamon chain) and budget guesthouses. Tea estate bungalows and eco-lodges offer unique experiences. Book advance during peak season (December-March).

🔍 What are the must-visit attractions in Sri Lanka?

Top attractions include Sigiriya Rock Fortress with its 5th-century sky palace and frescoes, and the UNESCO-listed Galle Fort with Dutch colonial architecture. Experience the scenic Kandy-Ella train journey through tea plantations, visit Kandy's Temple of the Sacred Tooth Relic, and explore the ancient capitals of Anuradhapura and Polonnaruwa. For nature, safari in Yala National Park for leopards and elephants, whale-watch from Mirissa (December-April), and trek Horton Plains to World's End cliff. Don't miss Dambulla Cave Temple, the hill town of Ella with Nine Arch Bridge, Nuwara Eliya's tea estates, and cultural Jaffna in the north.

🔍 What local food and cuisine should I try in Sri Lanka?

Sri Lankan cuisine offers rich flavors familiar yet distinct from Indian food. Must-tries include rice and curry platters with multiple vegetable and meat curries, hoppers (bowl-shaped fermented pancakes) and egg hoppers, string hoppers (idiyappam) with pol sambol, and kottu roti (stir-fried chopped bread with curry). Sample Jaffna crab curry, ambul thiyal (sour fish curry), and lamprais (rice in banana leaf). For desserts, try buffalo curd with kithul treacle and watalappam. Don't miss Ceylon tea from garden to cup. Vegetarians will find excellent options including dal curries, vegetable dishes, and coconut-based preparations. Street food is generally safe at busy stalls.

★ Traveller Reviews



Arjun Mehta

★★★★★ 5/5

Amazing Experience in Sri Lanka

The tour package was well organized and covered all major attractions. Our guide was knowledgeable and friendly. Highly recommend!



Priya Sharma

★★★★★ 5/5

Memorable Trip to Sri Lanka

Had a fantastic time visiting Sri Lanka. The cultural sites and natural beauty were breathtaking. Will cherish these memories forever!



Siddharth Verma

★★★★☆ 4/5

Excellent Package

Everything was perfectly planned from start to finish. The accommodations were top-notch and the itinerary was well thought out.



Anjali Rao

★★★★★ 5/5

Beautiful Beaches

Enjoyed relaxing on the beautiful beaches of Sri Lanka. The water activities were a highlight of my trip!



Ravi Kumar

★★★★☆ 4/5

Cultural Delight

Sri Lanka's rich culture was fascinating. The tour provided a deep insight into local traditions and history.

⚡ Why Choose TourGrids?

Because your dream vacation deserves the best! From expert advice to personalized trips, easy booking, and unbeatable deals — we make travel stress-free and fun!

⚡ Expert-Guided Planning

Personalized guidance from verified travel experts who understand your needs.

⚡ Customizable Packages

Tailor your trip your way — destinations, experiences, budget. All up to you!

🛡️ Hassle-Free Booking

Smooth, secure, and simple booking process without any stress or confusion.

🔒 Best Price Guarantee

Multiple free quotes and booking at the most competitive rates available.

For the latest pricing, availability, and customization options, visit:

<https://tourgrids.com/packages/sri-lanka/sri-lanka-6-nights-7-days-package-791>