

Kasol & Tosh 4-Night Trek and Leisure Combo

Prepared by TourGrids



Destination
Himachal



Duration
4 Nights 5 Days



Starting from
Rs. 15,300 / person

ITINERARY ROUTE

↪ **Kasol · 2N**

↪ **Tosh · 1N**

↪ **Kheerganga · 1N**

Overview

an immersive Himachal tour package blending gentle trekking, riverside leisure and village exploration in the heart of the Parvati Valley. This 4-night, 5-day Himachal Adventure package is ideal for travelers seeking a short but memorable escape featuring the hippie-chic lanes of Kasol, the scenic village of Tosh, and an overnight trek to the iconic Kheerganga hot springs. Perfect as a compact Himachal Adventure tour package or for those searching for a relaxed yet active Himalayan break. This itinerary suits moderate fitness levels and is best from April to November.

Highlights:

- Kasol: Parvati Riverfront, cafes & local markets
- Tosh: Mountain vistas & valley walks
- Kheerganga: Scenic trek and hot springs overnight camp
- Manikaran: Gurudwara and hot springs (optional visit)
- Scenic drives along the Parvati Valley and lush pine forests

Tip: Pack layered clothing, trekking shoes, and a light rain jacket; cellphone coverage may be intermittent in higher stretches.

✓ What's Included

- ✓ 4 nights accommodation (2 nights in Kasol, 1 night in Tosh, 1 night camping/guesthouse in Kheerganga)
- ✓ Daily breakfast (as per hotel/camp menu)
- ✓ Return transfers between Bhuntar/Manali and Kasol (as per itinerary)
- ✓ Local transfers: Kasol–Tosh–Barshaini–Kasol (shared/seat-in-coach basis)
- ✓ Trek leader/guide for Kheerganga trek
- ✓ Camping charges, basic camp equipment (sleeping bag and mattress) for Kheerganga night
- ✓ Permits & forest fees (if applicable)
- ✓ First-aid kit and emergency support
- ✓ Applicable taxes
- ✓ Note: This is a tailored Himachal Adventure tour package suitable for 4-night getaways.

✗ Not Included

- ✗ Train/flight to Bhuntar/Manali and return
- ✗ Lunches, dinners and personal meals (unless specified)
- ✗ Personal expenses (phone calls, laundry, extra snacks, beverages)
- ✗ Travel insurance and rescue charges
- ✗ Tips/gratuities for guides and drivers
- ✗ Any extra activities not mentioned in the itinerary (e.g., paragliding, river rafting)
- ✗ High-altitude specialized gear (trekking poles, gaiters) unless requested
- ✗ Important: Emergency evacuation/oxygen is not included; travelers should have their own travel insurance covering high-altitude trekking.

Day-by-Day Itinerary

Day

1

Arrival to Kasol & Riverside Leisure

Arrive at Kasol (via Bhuntar/Manali) and check in to your accommodation. Spend your first day relaxing by the Parvati River, exploring the hippie cafes and boutique shops in Kasol's main bazaar. Evening at leisure — sample local Israeli-style cafes, enjoy live music (seasonal), and acclimatize to the valley.

Activities: Riverside walk, Kasol market stroll, café hopping. Best for: settling in and light exploration.

Day

2

Kasol to Tosh: Mountain Drive & Village Exploration

After breakfast, take a scenic drive up the valley to Tosh. The road winds through pine forests and offers several viewpoints — perfect for photos. On arrival, check into your guesthouse and explore Tosh Village: short walks to the viewpoint, meet local shepherds, and enjoy sunset views over the valley. Evening free to relax in a cozy café or around a bonfire (seasonal).

Highlights: Offbeat village life, panoramic vistas, tranquil evenings. Distance & Travel: Approx. 1–1.5 hours from Kasol depending on stops.

Day

3

Tosh to Barshaini & Trek to Kheerganga

Early morning transfer from Tosh to Barshaini (trailhead). Begin the moderate trek to Kheerganga (approx. 4–5 hours depending on pace). The trek path traverses pine forests, meadows, and scenic cliffside trails with intermittent river views. Reach Kheerganga in late afternoon — check into your campsite or guesthouse and rejuvenate in the famous Kheerganga hot springs.

Important: Carry a daypack with water, warm clothes, and a basic first-aid kit. Trek difficulty: moderate. Overnight in a tent or guesthouse near the hot springs.

Day

4

Morning at Kheerganga & Return to Kasol

Enjoy a relaxed morning in Kheerganga — sunrise views and a soothing dip in the hot springs (optional). After breakfast, trek back down to Barshaini. From Barshaini, drive back to Kasol. Evening in Kasol to shop for local souvenirs, visit the quaint lanes of Chalal Village (short walk across the river) or simply unwind by the river.

Note: The descent is steeper in parts; take steady, small steps and use trekking poles if you have them.

Day

5

Departure from Kasol — Optional Manikaran Stop

After breakfast, check out and proceed to your onward journey. On request, stop at Manikaran Sahib Gurudwara to witness the hot springs and spiritual ambience (great spot for photos and a cultural experience). Transfer to Bhuntar/Manali for onward travel.

Tip: If you have time, enjoy a leisurely last café brunch in Kasol before departure.
Package End.

🔍 Frequently Asked Questions

🔍 What are the top tourist destinations in Himachal Pradesh?

Top tourist destinations in Himachal Pradesh include Shimla, known for its colonial architecture; Manali, a hub for adventure sports; Dharamshala, home to the Dalai Lama; and Kasol, famous for its picturesque landscapes. Don't miss the stunning landscapes of Spiti Valley and the tranquility of Dalhousie!

🔍 What is the best time to visit Himachal for tourism?

The best time to visit Himachal Pradesh for tourism is from March to June and September to November. During these months, the weather is pleasant, ideal for exploring scenic landscapes, temples, and adventure activities. Summer offers a respite from the heat, while autumn showcases stunning foliage.

🔍 What are some adventure activities available in Himachal Pradesh?

Himachal Pradesh offers a plethora of adventure activities for thrill-seekers. You can indulge in trekking, paragliding in Bir Billing, river rafting in Kullu, skiing in Manali, mountain biking, rock climbing, and camping amidst stunning landscapes. Explore the breathtaking trails and experience the ultimate adrenaline rush!

🔍 How to reach Himachal Pradesh from major cities in India?

Himachal Pradesh is well-connected by road, rail, and air. From Delhi, take a bus or hire a taxi for a scenic drive (about 10–12 hours). The nearest airport is in Bhuntar (Kullu) with flights from Delhi. By train, you can reach Joginder Nagar or Pathankot, followed by a road trip to popular destinations.

🔗 Are there any travel restrictions in Himachal Pradesh due to COVID-19?

As of October 2023, Himachal Pradesh has relaxed most COVID-19 travel restrictions. However, it's advisable to check for any specific guidelines or requirements before traveling, such as health protocols or mask mandates in crowded places. Enjoy the scenic beauty and adventure activities safely!

🔗 What are the best trekking routes in Himachal?

Himachal Pradesh offers stunning trekking routes like Triund Trek, Hampta Pass, and Kinnaur Kailash Trek. Explore the picturesque landscapes, lush green valleys, and breathtaking views. Other popular options include Beas Kund and the Great Himalayan National Park trails, catering to both beginners and experienced trekkers.

🔗 What cultural experiences can visitors have in Himachal Pradesh?

Visitors to Himachal Pradesh can immerse themselves in vibrant local culture through traditional festivals like Kullu Dussehra, explore ancient temples, and participate in folk dances. The region offers authentic Himachali cuisine, handicraft shopping, and opportunities to interact with local communities, enhancing the travel experience.

★ Traveller Reviews



Nidhi Mehta

★★★★★ 5/5

A Journey to Remember

This tour was truly a journey to remember, filled with laughter, beautiful landscapes, and countless memories. Thank you, Himachal!



Pankaj Singh

★★★★★ 5/5

Historical Wonders

Loved exploring the historical wonders of Himachal. Each site had a story to tell and added to our adventure.



Nishant Kohli

★★★★☆ 4/5

Peaceful Lakes

Visiting the beautiful lakes in Himachal was a highlight. Kayaking in the tranquil waters was an experience like no other.



Seema Joshi

★★★★★ 5/5

Delicious Local Cuisine

The local food was delicious! Each meal was a delightful experience, showcasing Himachal's rich culinary heritage.



Deepak Yadav

★★★★★ 5/5

Adorable Hill Stations

Each hill station we visited had its unique charm. The ride through the hills was exhilarating! Loved every minute of it.

Why Choose TourGrids?

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