

Maldives Diving & Marine Biology 6 Nights: Night Dives Included

Prepared by TourGrids



Destination
Maldives



Duration
6 Nights 7 Days



Starting from
Rs. 1,30,000 / person

ITINERARY ROUTE

✈ **Malé · 1N**

✈ **South Ari Atoll · 3N**

✈ **North Malé Atoll · 2N**

<https://tourgrids.com/packages/maldives/maldives-6-nights-7-days-package-825>

Overview

An immersive, research-focused Maldives tour package designed for diving enthusiasts and budding marine biologists. This Maldives Adventure tour package blends daily guided dives, night dives included, hands-on marine biology workshops, and citizen-science activities across the best atolls. Ideal as a 6 and 7 Maldives Adventure tour package option for travelers seeking underwater exploration, conservation experiences, and expert-led instruction.

Highlights:

- Guided day and night dives at world-class sites
- Manta ray and whale shark encounters in South Ari Atoll
- Coral restoration & marine biology workshops with experts
- Live reef surveys & citizen science participation
- Local island cultural visit and community conservation insights

Tip: Bring your dive log and a water-resistant notebook for marine biology sessions. Night dives require a minimum of 5 logged dives or instructor approval.

✓ What's Included

- ✓ Accommodation for 6 nights as per itinerary (1 night in Malé, 3 nights in South Ari Atoll, 2 nights in North Malé Atoll)
- ✓ All transfers (airport to hotel/resort and inter-atoll transfers as specified)
- ✓ Daily breakfast, selected lunches and dinners (as per resort plan)
- ✓ Up to 3 guided dives per day (includes daily night dives as stated) with certified local dive guides
- ✓ Marine biology workshops, lectures, and hands-on coral restoration activity
- ✓ Dive equipment rental (BCD, regulator, tanks, weights) – ask about camera housing rental and specialty gear
- ✓ Citizen-science data submission support and participation certificate
- ✓ Local island cultural visit and conservation briefing
- ✓ Emergency insurance for dive activities and in-resort medical support

✗ Not Included

- ✗ International airfare to/from Malé
- ✗ Seaplane supplements (if applicable) and premium transfer surcharges
- ✗ Dive specialty fees (e.g., advanced wreck penetration courses) and instructor-led PADI courses not included
- ✗ Personal dive insurance and dive computer hire (if not included in rental)
- ✗ Gratuities, alcoholic beverages, and personal expenses
- ✗ Nitrox fills (available at extra cost) and equipment damage/loss fees
- ✗ Visa fees and mandatory Green Tax (if applicable)

Day-by-Day Itinerary

Day

1

Arrival, Orientation & Evening Night Dive Option

Arrive at Velana International Airport, Malé. Meet our representative and transfer to your hotel. Attend a welcome briefing covering the week: safety, itinerary, and conservation goals. Afternoon at leisure to adjust and rest. Evening: Optional night dive or guided night snorkel for certified divers to spot nocturnal reef life.

Activities include equipment check and intro to night-diving protocols.

Day

2

Transfer to South Ari Atoll – First Full Dive Day

Speedboat or seaplane transfer to South Ari Atoll early morning. After check-in, attend a marine biology orientation: coral ID basics, survey methods, and species to watch for (manta rays, reef sharks, turtles). Two guided dives focusing on reef ecology and identifying key indicator species. Evening: workshop on reef threats and conservation strategies followed by a night dive focusing on nocturnal invertebrates.

Note: Transfers depend on sea and weather conditions; seaplane schedules are seasonal.

Day

3

Manta & Large Pelagic Search – Marine Biology Fieldwork

Full day of diving in prime pelagic zones. Morning: manta-ray cleaning station dive and identification session. Midday: underwater photography tips for documenting flora & fauna. Afternoon: guided reef survey using transect techniques – contribute data to a citizen-science platform. Night: targeted night dive to document crustaceans and cephalopods.

Bring a camera if you have one; briefing covers responsible wildlife interaction.

Day

4

Coral Restoration & Specialized Workshops

Hands-on morning: join a coral restoration activity – outplanting nursery fragments under instructor supervision. Midday lecture on coral bleaching, resilience, and lab methods used in marine research. Afternoon dives: a deep reef ecology dive and a drift/blue-water session to study planktonic life. Evening: debrief and data logging session.

Participants may get wet-hand involvement in restoration projects; suitable footwear and quick-dry clothing recommended.

Day

5

Transfer to North Malé Atoll – Wreck & Shark Dives

Transfer to North Malé Atoll. After settling in, explore famous wreck sites or pinnacles with abundant reef fish and macro life. Afternoon: shark cleaning station or channel dive to observe reef sharks and schooling species. Evening: night dive focusing on macro critters and bioluminescence (when present).

Wreck access depends on dive certification—advanced dives may be optional with prior experience.

Day

6

Advanced Surveys, Cultural Visit & Conservation Evening

Morning: select between an advanced survey (photo-quadrats or fish census) or a specialty dive (deep wreck/ledge). Midday: visit a local island for a cultural tour and conservation talk with community members—learn about sustainable fisheries and reef protection efforts. Final evening: celebratory presentation certificates; last night dive option for certified divers.

Respect local customs during island visits; modest clothing is recommended for onshore stops.

Day

7

Departure Day – Final Briefing & Transfer to Malé

Leisurely morning with optional sunrise snorkel or relaxing on the beach. Final wrap-up session: review survey findings, receive participation certificate, and get advice for continuing marine citizen-science at home. Midday transfer back to Malé (Velana International Airport) for international departures.

Check-out times and transfer schedules vary; allow adequate time for seaplane or speedboat connections.

Frequently Asked Questions

When is the best time to visit the Maldives and what's the weather like?

The best time to visit the Maldives is during the dry season from November to April, with peak conditions from December to March. During this period, expect clear skies, calm seas, and excellent underwater visibility for snorkeling and diving. Temperatures remain tropical year-round (26–32°C). The wet season (May–October) brings occasional tropical showers and livelier seas, but it's also the best time for surfing and manta ray encounters, especially in Baa Atoll. This period offers better value with fewer crowds. Note that the Maldives has no 'winter' or snow – it's tropical throughout the year. The country is 30 minutes behind Indian Standard Time, which is helpful for planning transfers and activities.

❓ **How do I reach the Maldives from India and what are the transportation options?**

The easiest way to reach the Maldives from India is by direct flights to Velana International Airport (MLE) near Malé. Multiple airlines operate direct flights from Mumbai, Delhi, Bengaluru, Kochi, Chennai, and Thiruvananthapuram, with flight times ranging from 2–3.5 hours. Once in the Maldives, transportation options include speedboats (10–120 minutes to resorts), scenic seaplanes (daytime only to distant atolls), domestic flights to regional airports followed by speedboat transfers, and budget-friendly public ferries for local islands. Within Malé and Hulhumalé, taxis are available. Most resort transfers are pre-arranged and included in packages, so confirm your transfer method when booking accommodation.

❓ **Do Indian citizens need a visa to visit the Maldives?**

Indian citizens receive a free 30-day visa on arrival in the Maldives – no advance application required. You'll need a valid passport with at least 6 months validity, confirmed accommodation booking, return flight tickets, and sufficient funds for your stay. The immigration process is straightforward at Velana International Airport. Ensure you have your hotel confirmation or guesthouse booking details readily available, as immigration may ask for these. If you plan to stay longer than 30 days, you'll need to apply for an extension through Maldivian immigration authorities. The visa allows for tourism purposes only, and you cannot work on a tourist visa.

❓ **What are the local transportation options within the Maldives?**

Transportation in the Maldives is primarily water-based due to its scattered island geography. Speedboats are the most common option for resort transfers and inter-island travel, taking 10 minutes to 2 hours depending on distance. Seaplanes offer scenic transfers to distant atolls but operate only during daylight hours. Domestic flights connect to regional airports like Gan, Maafaru, and Hanimaadhoo, followed by speedboat connections. Public ferries provide budget-friendly inter-island transport but are less frequent and slower. Within Malé and Hulhumalé, taxis and buses are available. On resort islands and local islands, walking and bicycles are common due to their small size. Most resort transfers are pre-arranged, so coordinate with your accommodation.

❓ **What accommodation options are available and which areas should I stay in?**

The Maldives offers accommodation for every budget. Luxury resorts feature overwater villas and beachfront suites on private islands, with options like Conrad Maldives, Baros, and Gili Lankanfushi. Mid-range resorts like Kurumba and Meeru offer excellent value with good facilities. Budget travelers can stay in guesthouses on local islands like Maafushi, Fulidhoo, or Ukulhas, which offer cultural experiences and are significantly cheaper. North and South Malé Atolls provide quick speedboat access from the airport. Baa Atoll is perfect for manta ray encounters, while South Ari Atoll offers whale shark experiences. Choose based on your priorities: quick transfers (Malé Atolls), marine life (Baa/Ari), or budget (local islands). Book early for peak season (December–March).

❓ **What are the must-visit attractions and places in the Maldives?**

Top attractions include Malé City with its Grand Friday Mosque, Islamic Centre, and vibrant local markets. Hulhumalé offers family-friendly beaches and a relaxed atmosphere. Baa Atoll's Hanifaru Bay is a UNESCO Biosphere Reserve famous for seasonal manta ray aggregations (June–November). South Ari Atoll is renowned for year-round whale shark encounters. Addu Atoll lets you cross the Equator and explore WWII history. Vaadhoo Island occasionally displays bioluminescent 'Sea of Stars' phenomena. Don't miss house reef snorkeling, sunset dolphin cruises, private sandbank picnics, and island-hopping to experience local culture. Each resort typically has excellent house reefs for snorkeling, and many organize excursions to nearby attractions. The key is choosing your base atoll according to your interests.

❓ **What local food and cuisine should I try in the Maldives?**

Maldivian cuisine centers around fresh seafood, coconut, and rice. Must-try dishes include Mas Huni (shredded tuna with coconut and chili, served with roshi flatbread), Garudhiya (clear tuna broth with rice and condiments), and Rihaakuru (rich tuna paste). Sample hedhikaa snacks like gulha (tuna dumplings), bajiya (curried pastries), and bis keemiya (vegetable rolls). Coconut and seafood curries range from mild to spicy. Resorts offer extensive international menus with vegetarian and Jain-friendly options. In Malé, try Seagull Café House for local flavors or Sala Thai for excellent Thai cuisine. Local islands provide authentic Maldivian experiences at lower prices. Fresh tropical fruits, coconut water, and locally-made ice cream are perfect for the tropical climate.

★ **Traveller Reviews**



Vinayak Rao

★★★★★ 5/5

Dreamy Honeymoon

Our honeymoon here was nothing short of a dream. Private beach dinners and romantic strolls made it picture-perfect.



Heena Verma

★★★★★ 5/5

Unbeatable Views

Waking up to such breathtaking views every day was surreal. The photographs don't even do it justice!



Nitin Mathur

★★★★★ 5/5

Best Vacation Ever!

This has honestly been the best vacation we've ever had! We fell in love with the islands, the view, the food, everything!



Sandeep Kaur

★★★★☆ 4/5

Traveling with Friends

Great place to travel with friends! We had a fantastic time trying out all the activities together.



Reema Joshi

★★★★★ 5/5

Incredible Marine Life

Every snorkeling session revealed stunning coral reefs and vibrant fish. A true marvel of nature!

Why Choose TourGrids?

Because your dream vacation deserves the best! From expert advice to personalized trips, easy booking, and unbeatable deals — we make travel stress-free and fun!

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Personalized guidance from verified travel experts who understand your needs.

 **Customizable Packages**

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<https://tourgrids.com/packages/maldives/maldives-6-nights-7-days-package-825>