

# Northern Vietnam Rice Terraces & Cultural Trails: 6-Night Sapa to Bac Ha Tour

Prepared by TourGrids



Destination  
**Vietnam**



Duration  
**6 Nights 7 Days**



Starting from  
**Rs. 36,300 / person**

## ITINERARY ROUTE

↙ Hanoi · 2N

↙ Sapa · 3N

↙ Bac Ha · 1N

<https://tourgrids.com/packages/vietnam/vietnam-6-nights-7-days-package-852>

## 📍 Overview

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Northern Vietnam Rice Terraces & Cultural Trails: 6-Night Sapa to Bac Ha Tour – an immersive Vietnam tour package designed for travelers seeking landscapes, local culture and active exploration. This Vietnam Adventure tour package combines verdant Sapa rice terraces, colorful ethnic markets in Bac Ha, and the cultural heartbeat of Hanoi. Ideal as a 6 and 7 Vietnam Adventure tour package option, the itinerary balances guided trekking, village homestays, market visits, and comfortable city time.

### Highlights:

- Sapa Rice Terraces: panoramic views and terraced hiking
- Cat Cat & Ta Phin Villages: cultural immersion with Hmong and Red Dao communities
- Bac Ha Sunday Market: color-filled ethnic market (weekly highlight)
- Hanoi Old Quarter: street-food tasting and historic walking tour
- Local homestay experience: authentic village hospitality

This package is suitable for travelers with moderate fitness and an interest in culture, photography, and light trekking.

#### ✓ **What's Included**

- ✓ Accommodation: 2 nights in Hanoi, 3 nights in Sapa (hotel), 1 night in Bac Ha (guesthouse or hotel/homestay option)
- ✓ Meals: Daily breakfast, 3 lunches and 2 dinners as specified
- ✓ Local English-speaking guide for the entire tour
- ✓ Private transfers and intercity transportation (as per itinerary)
- ✓ Entrance fees to listed sites and guided market visits
- ✓ Homestay experience (1 night) and trekking guide
- ✓ Travel insurance for activities included in the itinerary
- ✓ Note: Group size is typically limited to 8–12 for a personalized experience.

#### ✗ **Not Included**

- ✗ International flights to/from Vietnam
- ✗ Visa fees and processing (if required)
- ✗ Meals not specified in the itinerary and personal expenses
- ✗ Tips/gratuities for guides and drivers
- ✗ Optional activities (spa treatments, cable car rides, etc.)
- ✗ Peak-season surcharges, single-room supplements
- ✗ Important: A moderate fitness level is recommended for trekking days; adjust clothing and gear for mountain weather.

## Day-by-Day Itinerary

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Day

1

### **Arrival & Hanoi Old Quarter Orientation**

Arrive in Hanoi. Meet your local guide and transfer to your hotel. Afternoon orientation walk through the Hanoi Old Quarter, sampling local street food and seeing the Hoan Kiem Lake and Ngoc Son Temple. Evening welcome dinner featuring northern Vietnamese cuisine.

Tip: Wear comfortable shoes for narrow streets and bring small change for street vendors.

Day

2

### **Travel to Sapa — Scenic Journey and Village Introduction**

Depart early for the northwest. Travel by private car or comfortable tourist bus to Lao Cai, then transfer to Sapa. Check into your hotel and enjoy a gentle village walk to Cat Cat Village to meet Hmong artisans and learn about local textile traditions. Late afternoon at leisure to enjoy terraced views and the mountain air.

Note: Road and weather conditions can affect travel time. The drive is scenic—have your camera ready.

Day

3

### **Trek to Traditional Hmong Villages**

After breakfast, begin a guided trek across rice terraces toward Ta Van and nearby Hmong settlements. Enjoy panoramic views of Muong Hoa Valley and stop at viewpoints for photos. Lunch with a local family en route (simple, home-cooked meal). Return to Sapa for an evening at leisure.

Fitness: Moderate—trekking includes uneven paths and some elevation change.

Day

4

### **Highland Trek & Homestay Experience**

Continue deeper into the highlands with a full-day trek to remote villages, encountering terraced fields and ethnic minority culture. Participate in a cultural exchange and spend the night in a local homestay — an authentic experience with a host family.

Important: Homestays offer basic amenities. Expect shared bathrooms and simple meals prepared by the family.

Day

5

### **Sapa Leisure Morning & Transfer to Bac Ha**

Enjoy a relaxed morning in Sapa – optional short walks, local market visit, or spa/rest. Midday transfer through scenic mountain roads to Bac Ha (approx. 2–3 hours). Evening orientation and briefing about the next day’s market visit.

Tip: If your tour coincides with Sunday, you’ll experience the famous Bac Ha Sunday Market – one of the region’s liveliest markets.

Day

6

### **Bac Ha Market & Ethnic Market Immersion**

Attend the Bac Ha Market (best on Sunday) – a vibrant gathering where ethnic minorities trade livestock, textiles, and produce. Guided walking tour of market stalls, photo stops, and chance to try local snacks. After the market, visit local villages and the historic Bac Ha Palace. Late afternoon transfer back to Hanoi with an evening arrival.

Note: Markets are busiest in the morning. Keep valuables close and respect local customs when photographing people.

Day

7

### **Hanoi Free Time & Departure**

Free morning in Hanoi for last-minute shopping, a visit to the Temple of Literature, or a lakeside coffee. Transfer to the airport for your departure flight. End of services.

Reminder: Confirm flight times the day before and allow extra travel time for airport transfer during peak hours.

## **🔗 Frequently Asked Questions**

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### **🔗 What is the best time to visit Vietnam?**

Vietnam's best time depends on your region preferences. November to April is generally ideal, offering cooler, drier weather. Northern Vietnam (Hanoi, Ha Long Bay) is pleasant from November to March but can be chilly in December–January. Central Vietnam (Hoi An, Da Nang) enjoys perfect beach weather from February to August, while September–November brings heavy rains and potential typhoons. Southern Vietnam (Ho Chi Minh City, Mekong Delta) is great November–April with sunny, dry conditions. Avoid September–October in Central Vietnam due to monsoons. For mountain areas like Sa Pa, October–November and March–April offer clear views and comfortable temperatures. Summer (May–August) is hot and humid nationwide but still manageable with proper preparation.

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## ❓ **How can I reach Vietnam from India?**

Flying is the most convenient option with multiple daily flights from major Indian cities. Direct flights operate from Delhi, Mumbai, Kolkata, and Bengaluru to Hanoi (HAN), Ho Chi Minh City (SGN), and Da Nang (DAD). Flight time is typically 4.5–6 hours for direct routes. One-stop connections via Bangkok, Singapore, or Kuala Lumpur offer more scheduling flexibility. Major airlines include VietJet, Vietnam Airlines, IndiGo, and regional carriers. Book early for better fares, especially during peak season (November–February). Phu Quoc and Nha Trang airports serve beach destinations directly. Compare prices across different entry points as sometimes flying into Da Nang or Phu Quoc can be cheaper than Hanoi or Ho Chi Minh City.

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## ❓ **Do Indian citizens need a visa for Vietnam?**

Yes, Indian citizens require a visa for Vietnam. The easiest option is applying for an e-visa online through the official government portal. E-visas are typically processed within 3–5 working days and allow single or multiple entries for up to 30 days. Ensure your passport has at least 6 months validity and blank pages. Print your e-visa approval letter and carry it during travel. Visa on arrival is available at major airports but requires pre-approval letters from travel agents. Tourist visas can be extended once inside Vietnam if needed. Always verify current visa requirements before travel as policies can change. Apply early to avoid last-minute complications, especially during peak travel seasons.

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## ❓ **What are the best local transportation options in Vietnam?**

Vietnam offers diverse transportation options. For intercity travel, domestic flights connect major cities affordably and quickly. The scenic Reunification Railway runs along the coast from Hanoi to Ho Chi Minh City – book soft sleeper berths for overnight journeys. Luxury buses and minivans provide comfortable intercity connections. Within cities, use Grab (ride-hailing app) for reliable, app-based pricing. Traditional taxis are widely available but negotiate fares beforehand. Scooter rentals are popular but only for experienced riders – traffic can be chaotic. Cyclos (three-wheeled rickshaws) offer charming short rides in old quarters. For coastal areas and islands, boats and ferries are essential. Train journeys offer beautiful countryside views and are perfect for meeting locals.

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## ❓ **Where should I stay in Vietnam's major cities?**

In Hanoi, stay in the Old Quarter for atmosphere and walkability to attractions, or the French Quarter for upscale hotels near Hoan Kiem Lake. Hoi An's Ancient Town offers charming boutique hotels within walking distance of lantern-lit streets, while An Bang Beach area provides resort-style accommodations. Da Nang's beachfront hotels along My Khe Beach offer ocean views and easy access to attractions. In Ho Chi Minh City, District 1 is ideal for first-time visitors with proximity to major sights and restaurants. For beaches, Phu Quoc's Long Beach has the best resort selection. Book accommodations well in advance during peak season (November–April). Consider homestays in rural areas like Mekong Delta or Sa Pa for authentic cultural experiences.

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## ❓ **What are the must-visit attractions in Vietnam?**

Ha Long Bay is Vietnam's crown jewel – take an overnight cruise among limestone karsts with kayaking and cave visits. Hanoi's Old Quarter offers street food tours and water puppet shows. Hoi An Ancient Town enchants with lantern-lit streets, tailor shops, and nearby An Bang Beach. The Imperial City in Hue showcases royal Vietnamese history along the Perfume River. Ho Chi Minh City features the War Remnants Museum and Cu Chi Tunnels for historical insights. Ninh Binh, dubbed 'Ha Long Bay on land,' offers boat rides through karst landscapes. Phong Nha-Ke Bang National Park houses spectacular caves including Paradise Cave. Sa Pa provides mountain trekking among rice terraces and ethnic villages. The Mekong Delta offers floating markets and rural cycling experiences.

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## ❓ **What Vietnamese dishes should I definitely try?**

Pho (pronounced 'fuh') is Vietnam's signature noodle soup – try both Hanoi and Saigon styles. Bun cha, grilled pork with herbs and noodles, is a Hanoi specialty famously enjoyed by Obama. Banh mi, crusty baguettes with various fillings, make perfect quick meals with excellent vegetarian options. Fresh spring rolls (goi cuon) offer healthy, herb-packed bites with peanut dipping sauce. Bun bo Hue delivers spicy beef noodle soup from the former imperial capital. Hoi An's cao lau noodles are unique to that town. Don't miss banh xeo (crispy crepes) and com tam (broken rice dishes). For drinks, try egg coffee in Hanoi and coconut coffee in Saigon. Vietnamese coffee culture is exceptional – the slow-drip phin filter creates incredibly strong, flavorful coffee perfect with sweetened condensed milk.

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## ★ **Traveller Reviews**

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**Aditi Sharma**

★★★★★ 5/5

### Beautiful Vietnam Trip

I recently booked a 10-day Vietnam tour package and it was amazing! The landscapes are breathtaking and the service was top-notch. Highly recommend!



**Rahul Mehta**

★★★★☆ 4/5

### Amazing Culture of Vietnam

The cultural experiences in Vietnam were delightful. From the bustling markets to serene countryside, we saw it all!



**Sita Joshi**

★★★★★ 5/5

### Memorable Halong Bay Cruise

The Halong Bay cruise included in our package was simply stunning. The views were surreal and the food was delicious!



**Vikram Singh**

★★★★☆ 4/5

### Vietnam Trip Balancing Adventure and Relaxation

This tour package offered a perfect mix of adventure and relaxation. The trekking in Sapa was exhilarating!



**Preeti Nair**

★★★★★ 5/5

### City Tours were Informative

Our guided city tours were very informative and engaging. We learned so much about Vietnam's history and heritage. Kudos to the tour guides!

## ⚡ Why Choose TourGrids?

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