

Culinary Trails Thailand: Thai Cooking Schools & Market Tours

Prepared by TourGrids



Destination
Thailand



Duration
5 Nights 6 Days



Starting from
Rs. 34,000 / person

ITINERARY ROUTE

✈ Bangkok · 3N

✈ Chiang Mai · 2N

<https://tourgrids.com/packages/thailand/thailand-5-nights-6-days-package-932>

Overview

A 5-night, 6-day immersive Thailand tour package designed for food lovers who want to learn Thai cooking hands-on and explore bustling local markets. This Thailand Weekend tour package (perfect as a 5 and 6 Thailand Weekend tour package) combines expert-led cooking classes, market tours, and cultural experiences across Bangkok and Chiang Mai.

Highlights:

- Bangkok: Evening street-food walk in Yaowarat (Chinatown) and a hands-on cooking class at a top Thai cooking school.
- Or Tor Kor Market and Pak Khlong Talat: Fresh produce and ingredient discovery.
- Chiang Mai: Market-to-table experiences at Warorot Market and a farm-based cooking class with Northern Thai specialties.
- Khantoke dinner: Traditional Northern feast with cultural performance.
- Expert instructors, recipe booklets, and market shopping lists included.

Tip: This itinerary is tailored to fit a long weekend (5 nights / 6 days) and is ideal for travelers seeking an authentic culinary deep-dive.

✓ What's Included

- ✓ 5 nights accommodation (3 nights in Bangkok, 2 nights in Chiang Mai) in 3-4 hotels
- ✓ Daily breakfast
- ✓ 3 hands-on cooking classes (Bangkok half-day, Chiang Mai full-day, Northern dessert/skills session)
- ✓ 3 guided market tours (Bangkok market, Chinatown street-food walk, Warorot Market)
- ✓ Farm-to-table experience at an organic farm
- ✓ One Khantoke dinner with cultural performance
- ✓ Domestic flight: Bangkok 'Chiang Mai (economy class)
- ✓ All transfers, English-speaking culinary guides, entrance fees as per itinerary
- ✓ Recipe booklet, market shopping list, and certificate of completion
- ✓ Local taxes and service charges

✗ Not Included

- ✗ International flights to/from Thailand and visa fees
- ✗ Travel insurance (recommended)
- ✗ Meals not specified in the itinerary and personal expenses
- ✗ Gratuities for guides and drivers
- ✗ Optional activities and entrance fees not listed in inclusions
- ✗ Any additional domestic flights, upgrades, or private transfers

Day-by-Day Itinerary

Day

1

Arrival & Bangkok Street-Food Welcome

Arrive at Bangkok (Suvarnabhumi or Don Mueang Airport) and transfer to your hotel. Settle in, then meet your local culinary guide in the evening for a guided street-food tour through Yaowarat (Chinatown). Sample iconic dishes like pad thai, grilled satay, mango sticky rice, and local desserts while learning about food culture and night-market etiquette.

Includes welcome briefing and recipe booklet.

Day

2

Bangkok Market Tour & Half-Day Cooking Class

Morning visit to Or Tor Kor Market (or a selected fresh market) with your chef-guide to shop for ingredients and learn how to select herbs, spices, and produce. Return to the cooking school for a hands-on half-day Thai cooking class where you'll prepare a 4-course Thai menu including a soup, curry, stir-fry, and dessert. Enjoy the meal you cooked together.

Dietary requests accommodated with advance notice.

Day

3

Bangkok Cultural Morning & Flight to Chiang Mai

Morning at leisure or optional visit to Wat Pho or the Grand Palace (optional add-on). Transfer to the airport for a short domestic flight to Chiang Mai. Check into your boutique hotel in Chiang Mai's Old City and enjoy a relaxed evening exploring local cafes or the night market for snacks and small bites.

Optional: add a temple tour or Thai massage in the afternoon.

Day

4

Chiang Mai Market Tour & Farm-to-Table Cooking Experience

Start early with a guided visit to Warorot Market to discover Northern Thai ingredients—lemongrass, galangal, local chilies, and regional herbs. Travel to a nearby organic farm or cooking school for a full-day, immersive farm-to-table cooking class focusing on Northern specialties (khua kling, sai ua, nam prik). Learn traditional techniques and enjoy a communal lunch with the dishes you prepare.

Bring comfortable shoes and sun protection for the farm visit.

Day

5

Northern Desserts & Khantoke Cultural Dinner

Morning dessert-focused class or street-food tour—learn to make Northern sweets and snacks (kanom krok, khanom chan). Afternoon at leisure for shopping or optional spa. In the evening, experience a Khantoke dinner—a traditional Northern Thai banquet served with cultural dance and music. This is a highlight for tasting multiple regional dishes in one setting.

The Khantoke includes vegetarian choices if requested in advance.

Day

6

Morning Market Visit & Departure

Early market stroll to pick up last-minute ingredients or souvenirs and a final short cooking demo—learn quick folds and plating tips for weekday dining back home. Transfer to Chiang Mai Airport for your onward flight.

Note: If you have a late flight, consider a morning Thai massage or a final visit to the Nimmanhaemin area (optional).

? Frequently Asked Questions

? When is the best time to visit Thailand from India?

The best time to visit Thailand is during the cool/dry season from November to February, when temperatures range from 24–30°C with clear skies and minimal rainfall. This is perfect for beach activities on the Andaman coast (Phuket, Krabi) and sightseeing in Bangkok and Chiang Mai. However, this is peak season with higher prices and crowds. The hot season (March–June) offers good deals but temperatures can reach 35°C. During monsoon (June–October), the Andaman side experiences rough seas, but the Gulf side (Koh Samui) is often better July–September. Northern Thailand (Chiang Mai) can get quite cool in winter mornings (15–20°C), so pack layers. Book early for November–February travel.

? How can I reach Thailand from India?

Flying is the most convenient option with direct flights from major Indian cities including Delhi, Mumbai, Kolkata, Chennai, Bengaluru, and Hyderabad to Bangkok (BKK/DMK), Phuket (HKT), and seasonal flights to Chiang Mai and Krabi. Flight times are short: Kolkata (2.5 hours), Chennai/Bengaluru (3.5–4 hours), and Delhi/Mumbai (4–5 hours). Airlines like Thai Airways, IndiGo, Air India, and budget carriers operate these routes. There's no direct rail connection, and overland travel via Myanmar requires complex permits and is only recommended with specialist operators. Once in Thailand, domestic flights, trains, and buses connect major destinations efficiently.

❓ **Do Indian citizens need a visa for Thailand?**

Visa requirements for Indian passport holders change frequently, so always check the latest policies before travel. Thailand has offered various schemes including visa exemption periods, visa on arrival, and e-visa options for Indians. Currently, you may be eligible for visa-free entry for short stays or visa on arrival, but policies can change based on diplomatic agreements. Keep multiple passport-sized photos handy and ensure your passport has at least 6 months validity with blank pages. Check with the Royal Thai Embassy or consulate in India, or visit the official Thai immigration website for the most current requirements. It's advisable to have proof of return tickets and accommodation bookings.

❓ **What are the local transportation options in Thailand?**

Thailand offers excellent transportation options. In Bangkok, use the BTS Skytrain, MRT subway, and Airport Rail Link for efficient city travel. Get a Rabbit Card for quick payments. Metered taxis, tuk-tuks, and Grab (ride-hailing) are widely available. For intercity travel, domestic flights are quick and affordable. The State Railway offers comfortable overnight sleepers to destinations like Chiang Mai and Surat Thani. VIP buses provide good connectivity between cities. For islands, ferries and speedboats are essential - book through reputable operators. In tourist areas, songthaews (shared pickup trucks) are common. Always insist taxi drivers use the meter, and compare Grab prices. Motorbike taxis are available but use caution and wear helmets.

❓ **Where should I stay in Thailand and what accommodation options are available?**

Thailand offers accommodations for every budget. In Bangkok, stay near BTS stations in Sukhumvit (shopping/nightlife), Silom (business district), or riverside areas for convenience. Chiang Mai's old city puts you near temples and markets. For beaches, Phuket offers variety from Patong (nightlife) to quieter Kata/Karon. Krabi's Railay Beach provides stunning limestone scenery. Koh Samui has family-friendly resorts and boutique properties. Options range from budget hostels (₹500-1500/night) and mid-range hotels (₹2000-6000/night) to luxury resorts (₹10000+/night). Popular chains include Anantara, JW Marriott, and InterContinental. Book early for peak season (November-February). Consider location carefully - beach proximity, transport links, and nearby attractions matter more than just price.

🔗 What are the must-visit attractions in Thailand?

Thailand's top attractions span culture, nature, and adventure. In Bangkok, visit the Grand Palace and Wat Pho temple, then explore floating markets and take a Chao Phraya river cruise. Ayutthaya's UNESCO ruins make an excellent day trip. Chiang Mai offers the old city's temples, Doi Suthep mountain temple, and vibrant markets. For beaches, Phuket and Phang Nga Bay provide island-hopping to James Bond Island. Krabi's Railay Beach offers world-class rock climbing and stunning limestone karsts. Koh Samui features palm-fringed beaches and Ang Thong Marine Park. Don't miss Kanchanaburi's Bridge on River Kwai and Erawan Falls. Sukhothai's quieter ruins are perfect for cycling. Each region offers unique experiences - temples in the north, beaches in the south, and urban energy in Bangkok.

🔗 What Thai food should I try and where can I find good restaurants?

Thai cuisine offers incredible variety beyond the familiar Pad Thai. Must-try dishes include Tom Yum Goong (spicy-sour soup), Green/Red/Massaman curry (Massaman is milder), Som Tam (papaya salad), and Khao Soi (Chiang Mai's coconut curry noodles). Don't miss Mango Sticky Rice for dessert. For vegetarians, say 'gin jay' for vegan options without fish sauce. Top dining spots include Raan Jay Fai (Bangkok) for legendary crab omelette, Thipsamai for classic Pad Thai, and Gaggan Anand for progressive Indian-Thai fusion. In Chiang Mai, try Khao Soi Khun Yai for authentic northern flavors. Street food is generally safe at busy stalls with high turnover. Start with milder dishes and gradually increase spice levels. Always drink bottled water and eat at crowded local spots for the freshest food.

★ Traveller Reviews



Suman Verma

★★★★★ 5/5

A Perfect Mix of Relaxation and Fun

This tour struck the right balance between relaxation on the beaches and adventure in the cities. I appreciated the variety in activities.



Tarun Singh

★★★★★ 5/5

A Foodie's Delight

Food lovers will find Thailand irresistible! The variety of flavors and dishes we experienced on this tour was phenomenal.



Jasmin Ali

★★★★★ 5/5

Cultural Richness

The depth of culture and tradition in Thailand is remarkable. The tour offered plenty of opportunities to immerse ourselves in local customs.



Kavya Gupta

★★★★★ 5/5

Thrilling Activities

From scuba diving to zip-lining, every activity in this tour package was exhilarating. An adventure-seeker's dream come true!



Ajay Kapoor

★★★★★ 5/5

A Journey of a Lifetime

Thailand was an incredible destination with amazing experiences. This tour truly made it a journey of a lifetime.

⚡ Why Choose TourGrids?

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